

ISCRIZIONE

- 350,00 € + iva (Medico Chirurgo, Farmacista - RES)
- 250,00 € + iva (Medico Chirurgo, Farmacista - FAD)
- 70,00 € + iva (Infermiere, Infermiere Pediatrico)

È possibile iscriversi al congresso compilando la scheda di iscrizione pubblicata sul sito di Pediatria On Line (www.pediatria.it/eventi) oppure contattando la segreteria organizzativa (segreteria@icp-ecm.it / 0305032090).

L'iscrizione al congresso dà diritto a:

- Partecipazione ai lavori scientifici
- Kit congressuale
- 4 Coffee break
- 2 Colazioni di lavoro (14 e 15 ottobre)
- Attestati di partecipazione
- Attestati E.C.M.*(agli aventi diritto)

L'iscrizione alla FAD sincrona dà diritto a:

- Partecipazione ai lavori scientifici
- Attestati di partecipazione
- Attestati E.C.M.*(agli aventi diritto)

*Gli attestati riportanti i crediti E.C.M., saranno disponibili all'indirizzo www.pediatria.it/eventi entro 60 giorni dalla chiusura dell'evento.

ECM

Professioni accreditate: Medico Chirurgo (tutte le discipline), Infermiere ed Infermiere Pediatrico, Farmacista.

Crediti formativi previsti:

la partecipazione ad almeno il 90% delle ore formative e la consegna del modulo di valutazione evento compilato daranno diritto all'acquisizione di 4,8 crediti per l'evento RES mentre 24 crediti per l'evento FAD sincrona.

SEDE DEL CONGRESSO

Hotel Parchi del Garda Via Brusà, 16/17
37017 Lazise del Garda (VR)
Tel. 045 6499611 Fax 045 6499600
info@hpdg.it
www.hotelparchidelgarda.it

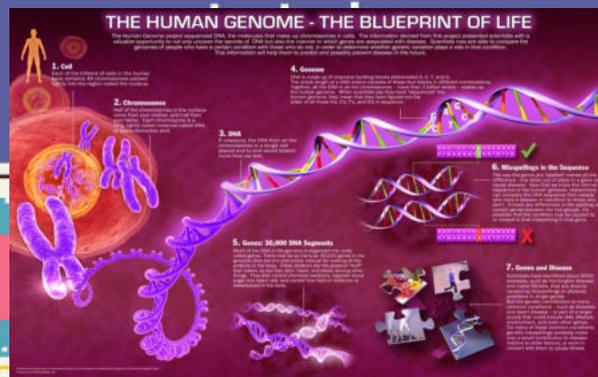
SISTEMAZIONE ALBERGHIERA

Le prenotazioni sono gestite direttamente dalle strutture.

Hotel Parchi del Garda - 4 stelle (sede congressuale)
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25 anni di
Pediatria OnLine
 14 - 16 ottobre 2021
 Lazise (VR)
 5° Congresso Nazionale **SIPEC**
 Società Italiana di Pediatria Condivisa

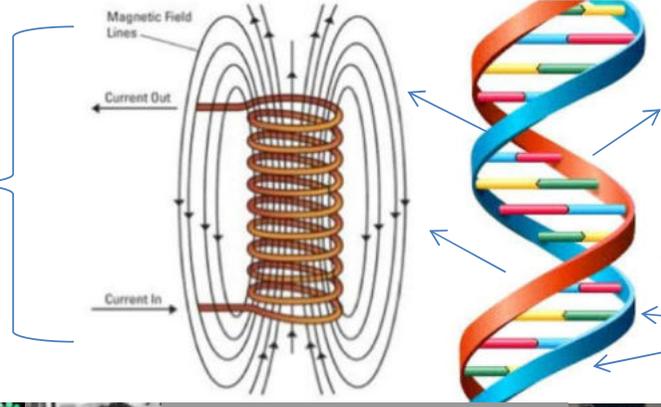
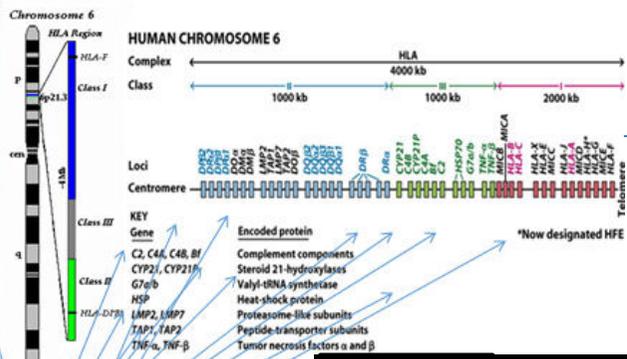
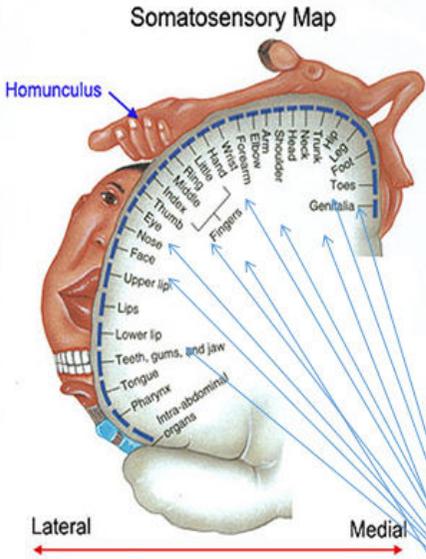


(Epi) - Genetica
Ernesto Burgio

www.pediatria.it/eventi

f #Lazise2021



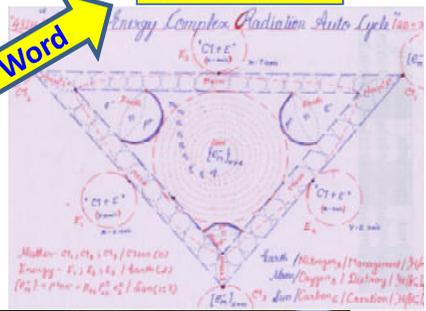


IL POTENZIALE QUANTICO (D. Bohm) è un NUOVO TIPO DI CAMPO CHE PERVADE LO SPAZIO-TEMPO INFLUENZANDO, COME SUBSTRATO PURAMENTE INFORMATIVO E NON ENERGETICO (I), TUTTI GLI OGGETTI DEL MONDO (QUANTISTICO) IN MODO INDIPENDENTE DALLA DISTANZA E DALL'INTENSITÀ DEL CAMPO STESSO

1

INFORMATION

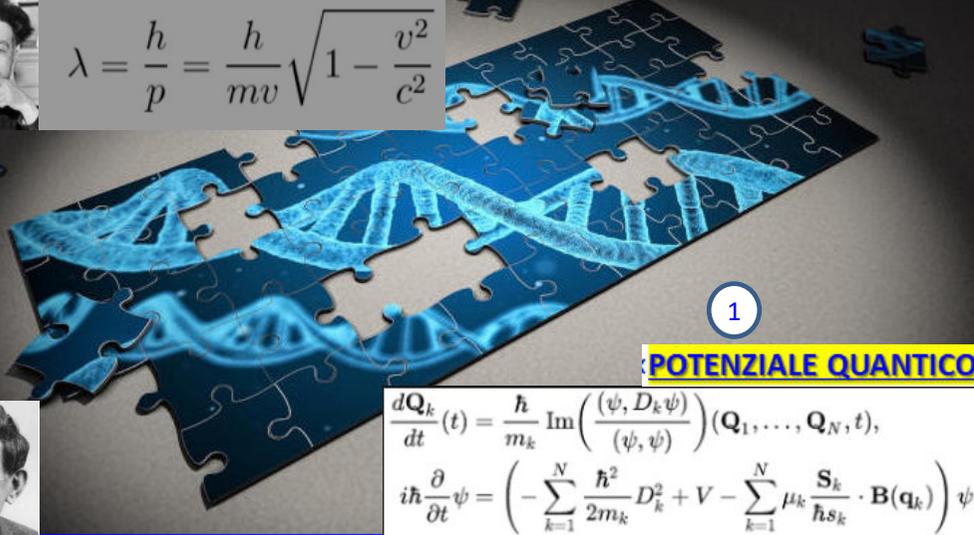
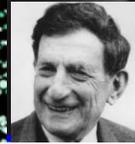
3
The Key Word



MORPHOGENETIC FIELD: GENES EXPRESSED BY THOUGHT AND INTENTION



$$\lambda = \frac{h}{p} = \frac{h}{mv} \sqrt{1 - \frac{v^2}{c^2}}$$



1

POTENZIALE QUANTICO

$$\frac{d\mathbf{Q}_k}{dt}(t) = \frac{\hbar}{m_k} \text{Im} \left(\frac{(\psi, D_k \psi)}{(\psi, \psi)} \right) (\mathbf{Q}_1, \dots, \mathbf{Q}_N, t),$$

$$i\hbar \frac{\partial}{\partial t} \psi = \left(- \sum_{k=1}^N \frac{\hbar^2}{2m_k} D_k^2 + V - \sum_{k=1}^N \mu_k \frac{\mathbf{S}_k}{\hbar s_k} \cdot \mathbf{B}(\mathbf{q}_k) \right) \psi,$$



La transizione epidemiologica del XXI secolo: dalla Genetica all'Epigenetica

Ernesto Burgio (ECERI, Brussels, Belgium)

$|\psi\rangle$

→ Flusso informazionale →

2



18. CONCLUSIONI - L'IO IN FIERI

IMMUNOGENETICA - EPIGENETICA - METAGENOMICA - OLOGENOMICA

Ernesto Burgio, Luigi Nespoli

COLLANA MONOGRAFICA
Direttore scientifico: Giovanni Corsello



L'io immunobiologico (30 anni dopo). Genetica, epigenetica, ologenomica

Giuseppe Roberto Burgio 1919-2019:
scritti per il centenario della nascita

a cura di
Ernesto Burgio - Luigi Nespoli

1

...il termine **informazione** e molti altri strettamente connessi (si pensi a **codice, programma, messaggio, sequenza, trascrizione, traduzione, edizione/editing**..) sono stati acquisiti in ambito biologico e rivestono ormai un ruolo-chiave, soprattutto nell'ambito della **biologia molecolare**..

La **teoria dell'informazione** nell'ambito della biologia molecolare

L'introduzione del vocabolario informazionale in biologia molecolare risale, in realtà, all'inizio del secolo scorso, agli studi di **Morgan e Sturtevant** sul materiale ereditario (1910-1915), che misero in campo (sulla base degli esperimenti mutazionali) un **modello lineare/mono-dimensionale** delle molecole portatrici di informazione^v. Si trattava ovviamente di una semplificazione, visto che nessuna molecola può avere carattere mono-dimensionale, ma la validità del modello venne sostanzialmente confermato dagli esperimenti di **Pontecorvo e Benzer** negli anni 40^v- 50^{vi} e ne derivarono le **teorizzazioni di Gamow^{vii} e Schrödinger^{viii}** sulla natura del materiale genetico (è interessante notare che furono i fisici e non i biologi i primi a riflettere sulla struttura del programma e del codice genetico e questo non poteva che avere conseguenze significative).



Thomas Hunt Morgan



Alfred Sturtevant



Seymour Benzer



George Gamow



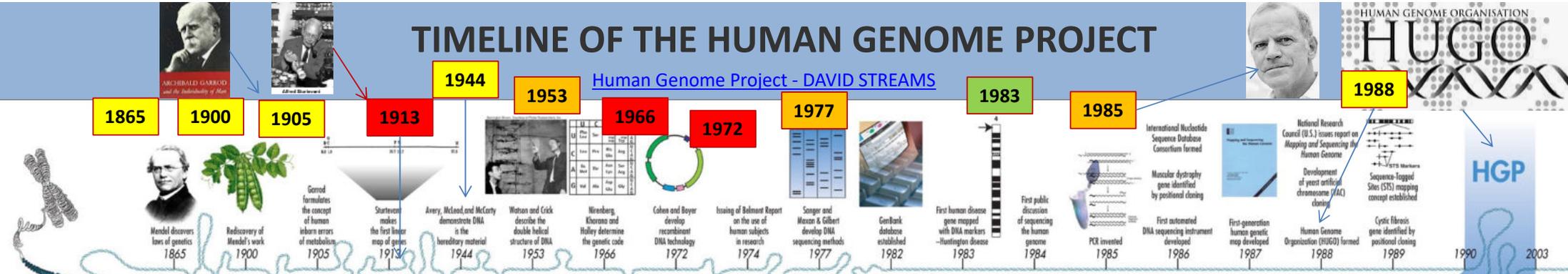
Erwin Schrödinger

3

Così, quando nel 1953 si arrivò alla identificazione della doppia elica si continuò a utilizzare il **modello lineare**. La successiva decifrazione del **codice genetico** partì dalla corrispondenza **biunivoca tra due sequenze: la sequenza delle basi sul DNA e quella degli aminoacidi sulle proteine**. Si trattava di **semplificazioni utili, ma pericolose**, soprattutto in relazione al prodotto finale del processo, essendo le proteine morfo-funzionalmente alquanto diverse tra loro in relazione alla loro forma tridimensionale, oltre che alla loro sequenza amminoacidica.

TIMELINE OF THE HUMAN GENOME PROJECT

HUMAN GENOME ORGANISATION
HUGO



1913 THE FIRST LINEAR MAP OF GENES

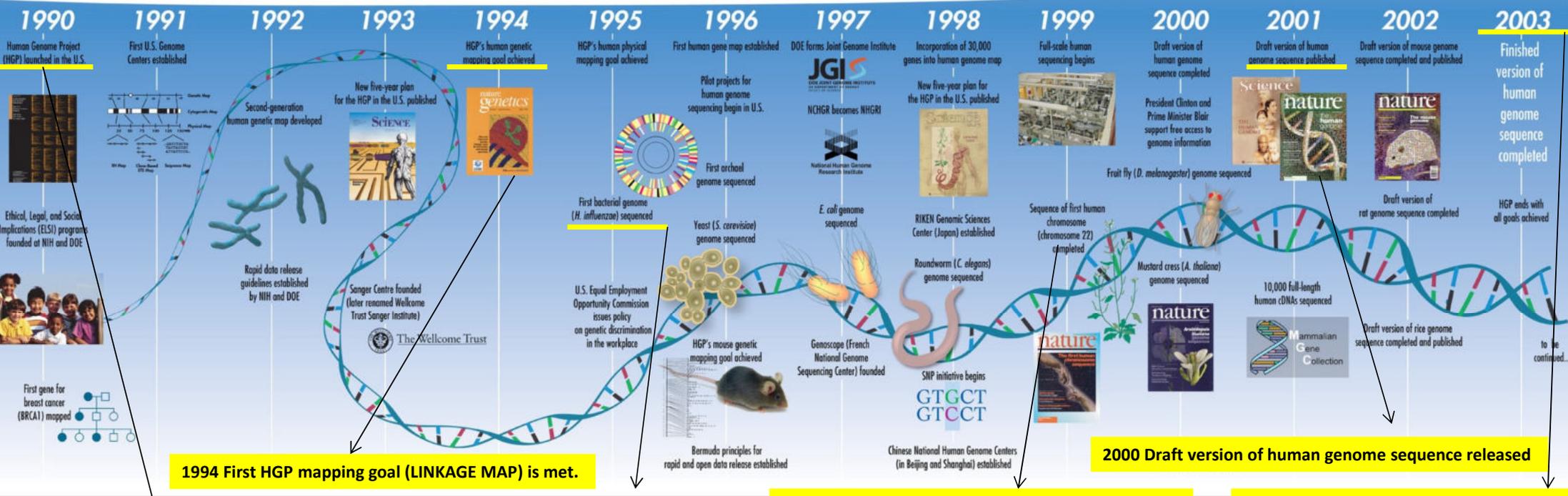
1966 Nirenberg Genetic Code

1972 Cohen - Boyer DNA Recombinant technology

1977 Sanger DNA sequencing

First disease-gene mapped HUNTINGTON DISEASE

1985 Mullis PCR



1990 HGP launched in the US

1994 First HGP mapping goal (LINKAGE MAP) is met.

1995 First bacterial genome

1999 Complete sequence of human chromosome 22

2000 Draft version of human genome sequence released

2003 Human genome sequence completed

Ethical, Legal, and Social Implications (ELSI) programs founded at NIH and DOE

First gene for breast cancer (BRCA1) mapped

Rapid data release guidelines established by NIH and DOE

Sanger Centre founded (later renamed Wellcome Trust Sanger Institute)

U.S. Equal Employment Opportunity Commission issues policy on genetic discrimination in the workplace

Bermuda principles for rapid and open data release established

Chinese National Human Genome Centers (in Beijing and Shanghai) established

SNP initiative begins

10,000 full-length human cDNAs sequenced

HGP ends with all goals achieved

Ideas on Protein Synthesis (Oct. 1956)

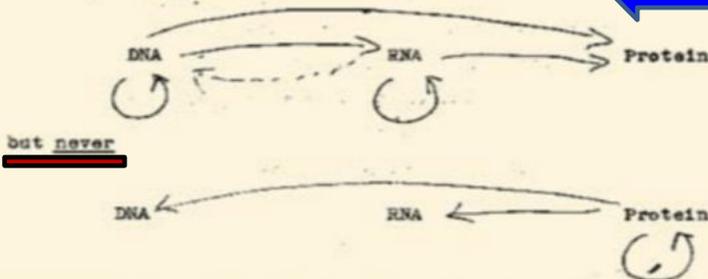
4

Alcuni anni dopo, sempre su queste basi, Crick formulò il cosiddetto Dogma centrale della biologia^{ix}, secondo il quale l'informazione andrebbe esclusivamente dal DNA verso le proteine (cioè dal DNA verso il fenotipo), che continua a dominare la scena, anche se è ormai evidente che l'informazione viene dall'esterno e circola all'interno dei sistemi biologici (genomi/cellule/organismi), inducendoli a modificarsi: provocando cioè modifiche reattivo/adattativo/predittive nell'espressione, nella programmazione e, nel lungo periodo, persino nella sequenza del DNA. E soprattutto, che la progressiva diversificazione e specializzazione degli organismi, tanto nell'ambito della filogenesi, quanto dell'ontogenesi individuale avviene grazie a una diversa utilizzazione dell'informazione contenuta nel DNA, piuttosto che a variazioni quali/quantitative del contenuto di informazione dei genomi, essendo il prodotto di meccanismi *epigenetici*, piuttosto che *genetici sensu stricto*.

The Doctrine of the Triad.

The Central Dogma: "Once information has got into a protein it can't get out again". Information here means the sequence of the amino acid residues, or other sequences related to it.

That is, we may be able to have



but never

where the arrows show the transfer of information.

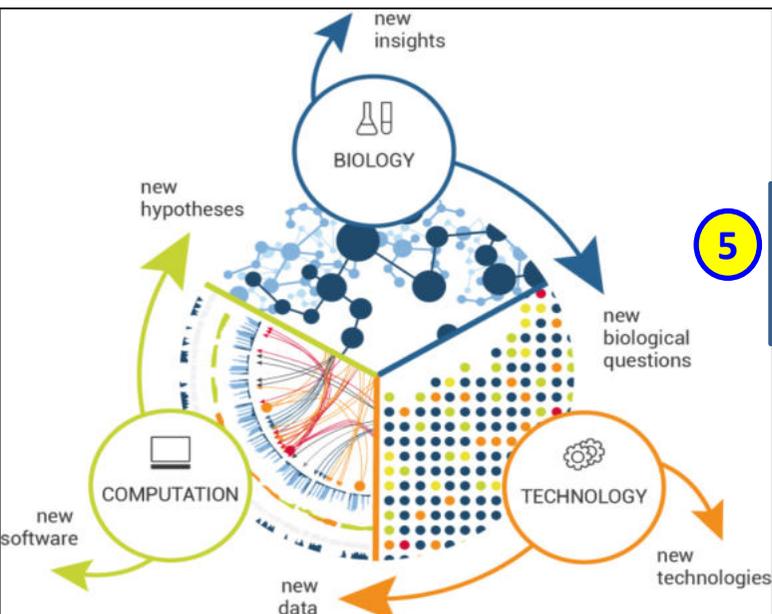
→ Flusso informazionale →



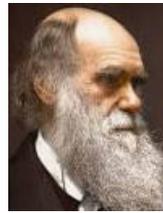
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Va però detto che passare da una rappresentazione lineare ad una sistemica comporta una trasformazione del modello infinitamente più profonda. In un universo in continuo movimento, in cui ogni molecola e ogni atomo vibrano e comunicano tra loro, bisognerebbe rappresentare non solo l'intero organismo, ma ogni cellula e ogni molecola e in particolare il DNA/genoma come un sistema aperto/fluido/complesso in grado di processare l'informazione proveniente dall'esterno e di trasformarsi di conseguenza. Aperto, nel senso che ricevendo continuamente informazioni chimico-fisiche (vibrazioni e segnali chimici) è in grado di elaborarli, processarli e di trasformarsi; plastico/fluido perché modificandosi continuamente può trasmettere, informazioni sempre diverse [fisiche, in forma di vibrazioni (campi elettromagnetici endogeni) e biochimiche/molecolari (in forma mRNA/proteine e RNA minori)]^{xvii} per corrispondere alle necessità dell'intero organismo; complesso, in quanto appunto costituito da milioni di molecole in continua interazione e di circuiti complessi in grado di attivarsi/inattivarsi mediante meccanismi di *feedback* positivo e negativo... all'interno di un organismo composto da milioni di cellule integrate e comunicanti tra loro e in continua trasformazione.

Natural Genetic Engineering



Nothing in Biology Makes Sense Except in the Light of Evolution



THEODOSIUS DOBZHANSKY

As recently as 1966, sheik Abd el Aziz bin Baz asked the king of Saudi Arabia to suppress a heresy that was spreading in his land. Wrote the sheik:

"The Holy Koran, the Prophet's teachings, the majority of Islamic scientists, and the actual facts all prove that the sun is running in its orbit . . . and that the earth is fixed and stable, spread out by God for his mankind. . . . Anyone who professed otherwise would utter a charge of falsehood toward God, the Koran, and the Prophet."

The good sheik evidently holds the Copernican theory to be a "mere theory," not a "fact." In this he is technically correct. A theory can be verified by a mass of facts, but it becomes a proven theory, not a fact. The sheik was perhaps unaware that the Space Age had begun before he asked the king to suppress the Copernican heresy. The sphericity of the earth had been seen by astronauts, and even by many earth-bound people on their television screens. Perhaps the sheik could retort that those who venture beyond the confines of God's earth suffer hallucinations, and that the earth is really flat.

Parts of the Copernican world model, such as the



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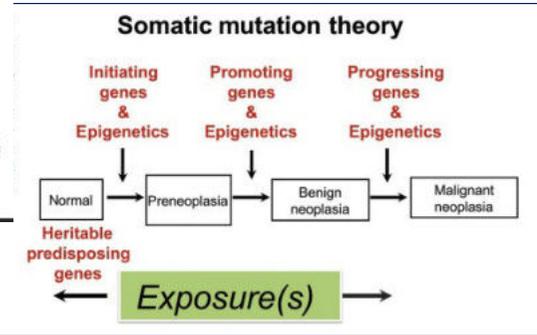
Unity of Life

The unity of life is no less remarkable than its diversity. Most forms of life are similar in many respects. The universal biologic similarities are particularly striking in the biochemical dimension. From viruses to man, heredity is coded in just two, chemically related substances: DNA and RNA. The genetic code is as simple as it is universal. There are



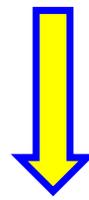
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CANCER - SMT



Una delle frasi più citate, non sempre in modo corretto, della storia della biologia è quella di **Dobzhansky secondo cui non si può comprendere alcunché in campo biologico se non alla luce dell'evoluzione.** Ovviamente, i possibili fraintendimenti, anche in questo caso, dipendono essenzialmente dal modello adottato: in particolare dalla predilezione per **un modello strettamente competitivo/selettivo (neodarwiniano), oggi dominante, o per uno anche/essenzialmente istruttivo/costruttivo/cooperativo (neolamarckiano), oggi ostracizzato** dalla gran parte dei biologi. Senza entrare in eccessivi dettagli, è utile sottolineare come **nel primo caso si tenda a privilegiare un modello in cui è l'informazione contenuta nel DNA (e le sue minime variazioni stocastiche) a determinare le variazioni fenotipiche su cui opera la selezione naturale (come detto, in questo caso la microevoluzione/molecolare, determina la macroevoluzione).** In un **modello istruttivo, costruttivo/cooperativo, invece, l'informazione proviene dall'ambiente (inteso in senso lato) e induce nel sistema modifiche sia fenotipiche, sia genotipiche reattive e potenzialmente adattative** (potremmo anche dire che in questo caso è la distinzione stessa tra genotipo e fenotipo e non soltanto l'idea di un **flusso informativo** essenzialmente diretto dal primo verso il secondo a perdere molto del suo significato). Infine è importante notare che in **questo secondo caso le variazioni così acquisite e di conseguenza i "nuovi caratteri" si trasmettono direttamente da una generazione all'altra: il che rende infinitamente più rapido l'intero processo evolutivo.**

7

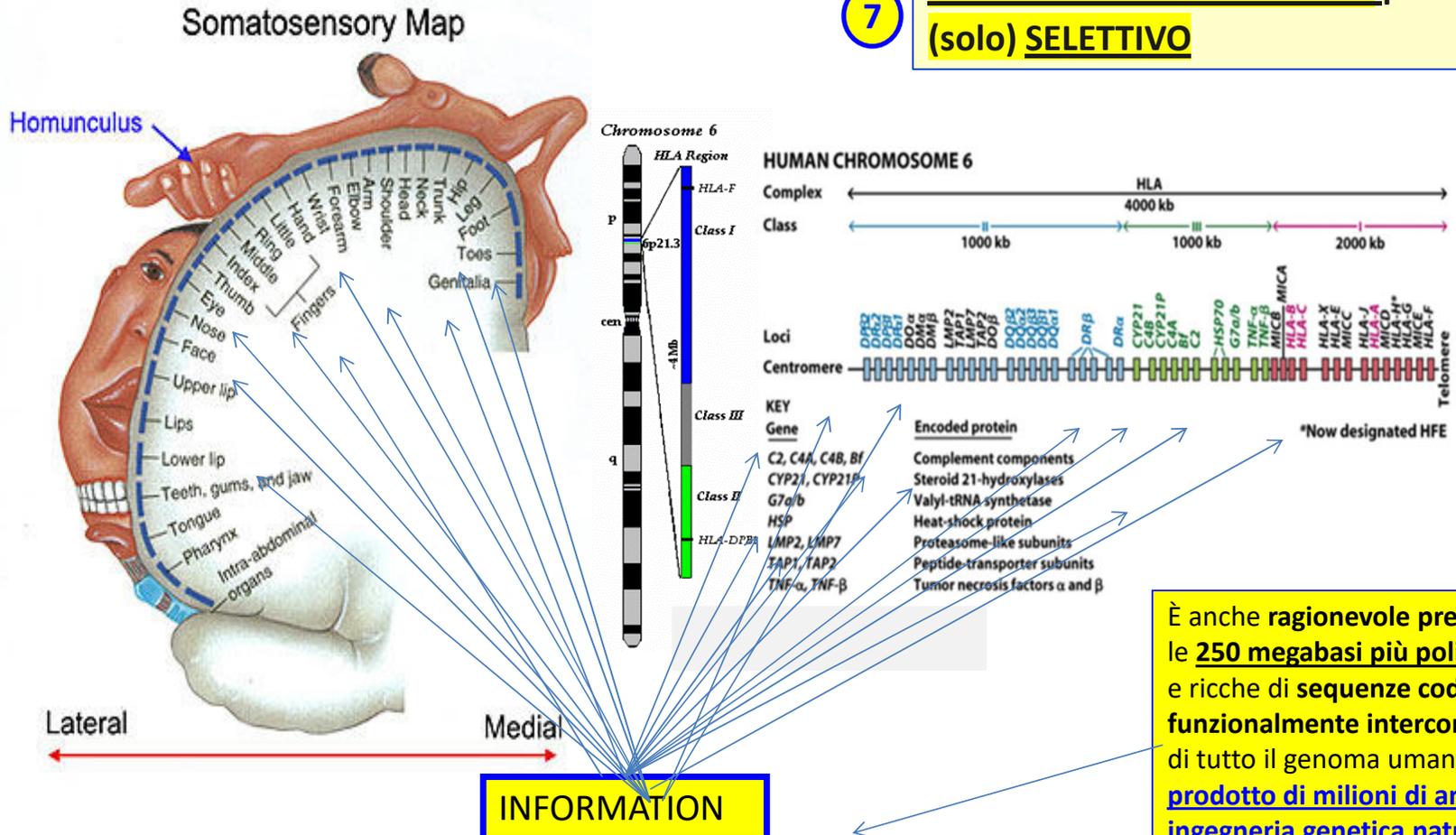


INVERTIRE IL FLUSSO DELLE INFORMAZIONI - anche in ambito evolutivistico - permette di considerare ORGANISMI (E GENOMI) prodotti di INGEGNERIA (EPI)GENOMICA e COSTRUTTIVA (!)

INVERTIRE IL FLUSSO DELLE INFORMAZIONI - anche in ambito evolucionistico – permette di considerare ORGANISMI (E GENOMI) prodotti di INGEGNERIA (EPI)GENOMICA e COSTRUTTIVA (!)

Verso un **MODELLO EVOLUZIONISTICO ISTRUTTIVO E COSTRUTTIVO** piuttosto che (solo) **SELETTIVO**

7

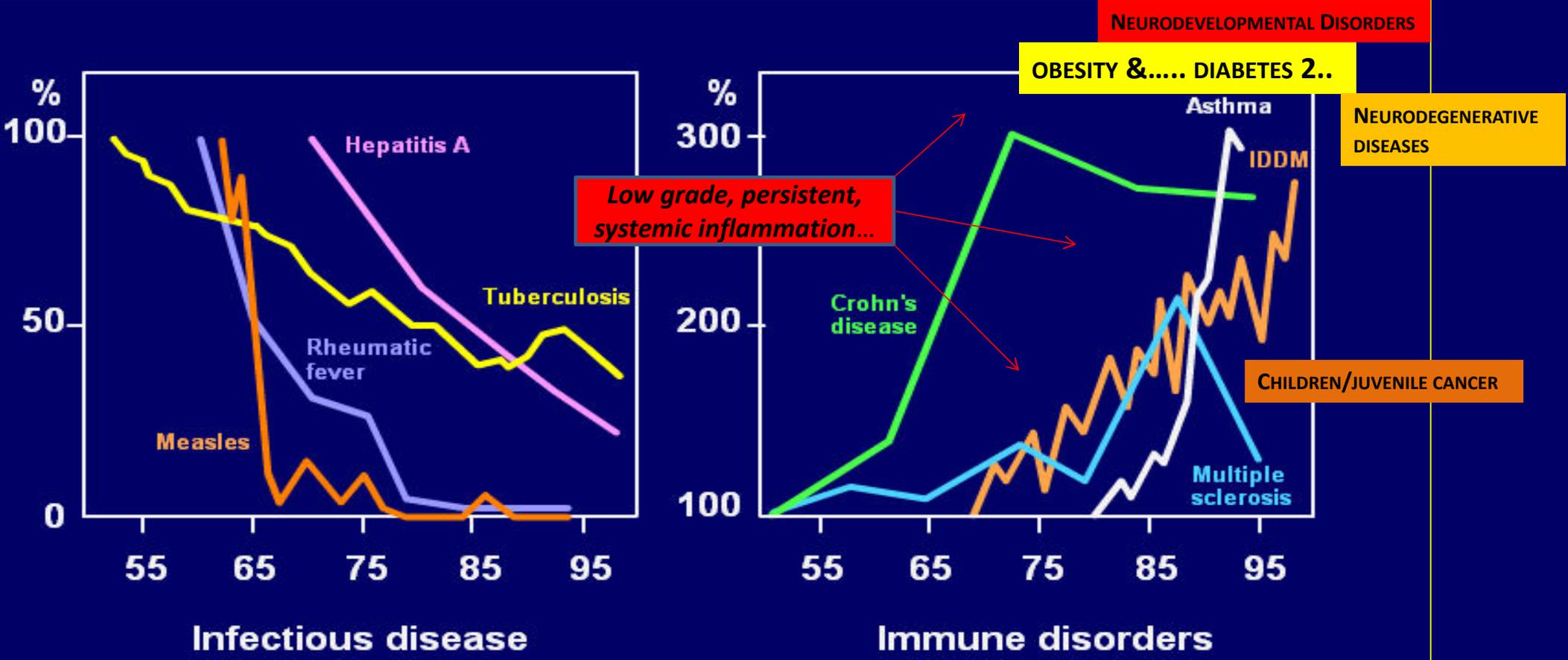


Dawkins R, et al. *Genomics of the major histocompatibility complex: haplotypes, duplication, retroviruses and disease* Immunol Rev. (1999);167:275-304

È anche ragionevole presumere che le **250 megabasi più polimorfiche** e ricche di **sequenze codificanti funzionalmente interconnesse** tra loro di tutto il genoma umano, siano il **prodotto di milioni di anni di ingegneria genetica naturale** (evidenziata anche da una forte presenza di **sequenze mobili**)

FOREWORD 1 The XXI Century's *Epidemiological Transition*

This is a **graph** taken from a famous article published **10 years ago on NEJM**, showing the **rapid decrease of the infectious/acute diseases** and the **simultaneous increase of the chronic/inflammatory diseases** in the North of the World



Bach, NEJM, 2003

THE HUMAN GENOME - THE BLUEPRINT OF LIFE

The Human Genome project sequenced DNA, the molecules that make up chromosomes in cells. The information derived from this project presented scientists with a valuable opportunity to not only uncover the secrets of DNA but also the manner in which genes are associated with disease. Scientists now are able to compare the genomes of people who have a certain condition with those who do not, in order to determine whether genetic variation plays a role in that condition. This information will help them to predict and possibly prevent disease in the future.



1. Cell

Each of the trillions of cells in the human body contains 46 chromosomes packed tightly into the region called the nucleus.

2. Chromosomes

Half of the chromosomes in the nucleus come from your mother, and half from your father. Each chromosome is a long, tightly coiled molecule called DNA, or deoxyribonucleic acid.

3. DNA

If unwound, the DNA from all the chromosomes in a single cell placed end to end would stretch more than six feet.

4. Genome

DNA is made up of chemical building blocks abbreviated A, C, T, and G. The entire length of a DNA strand consists of these four blocks in different combinations. Together, all the DNA in all the chromosomes – more than 3 billion letters – makes up the human genome. When scientists say they have "sequenced" the human genome, they mean that they have figured out the order of all those A's, C's, T's, and G's in sequence.

G A C T C C T G A G G A G A A G
C T G A G G A C C C T C T T C

6. Misspellings in the Sequence

The way the genes are "spelled" makes all the difference - one letter out of place in a gene can cause disease. Now that we know the normal sequence of the human genome, researchers can compare the DNA sequence from people who have a disease or condition to those who don't. If there are differences in the spelling of certain genes between the two groups, it's possible that the condition may be caused by or related to that misspelling in that gene.

G A C T C C T G T G G A G A A G
C T G A G G A C A C C T C T T C

5. Genes: 30,000 DNA Segments

Much of the DNA in the genome is organized into units called genes. There may be as many as 30,000 genes in the genome; they are the instruction manual for making all the proteins in the body. These proteins are the physical "stuff" that makes up our hair, skin, heart, and blood, among other things. They also control chemical reactions, regulate blood sugar and heart rate, and control how food or medicine is metabolized in the body.

7. Genes and Disease

Scientists have identified about 6000 diseases, such as Huntington disease and cystic fibrosis, that are directly caused by misspellings or physical problems in single genes. But the genetic contribution to many common conditions – such as diabetes and heart disease – is part of a larger puzzle that could include diet, lifestyle, environment, and even other genes. For many of these common conditions, genetic misspellings probably make only a small contribution to disease relative to other factors, or work in concert with them to cause illness.



FOREWORD 3

The chimpanzee DNA is for 98.77% identical to the human .
On average, a gene encoding a protein in a man differs from its chimpanzee ortholog by only two aa substitutions

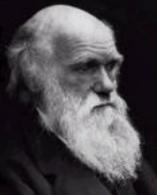
.. almost one third of human genes has exactly the same protein translation as their orthologs in chimpanzee



We are quite stable (for millions of years) both genetically and phenotypically

Species phylogeny

Evo



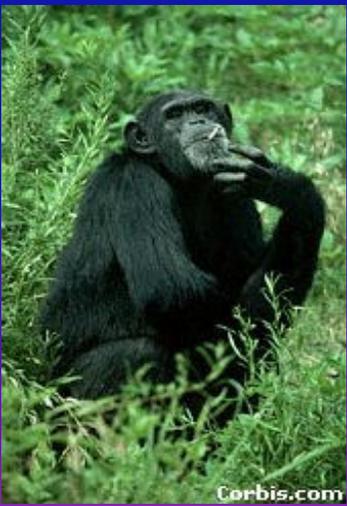
From the Tree of the Life Website, University of Arizona

Orangutan

Gorilla

Chimpanzee

Human



EPIGENETICS > GENETICS

Sanger Institute

FOREWORD 4

Nothing in Biology Makes Sense Except in the Light of Evolution

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contention that the earth rotates around the sun, and not vice versa, have not been verified by direct observations even to the extent the sphericity of the earth has been. Yet scientists accept the model as an accurate representation of reality. Why? Because it makes sense of a multitude of facts which are otherwise meaningless or extravagant. To nonspecialists most of these facts are unfamiliar. Why then do we accept the "mere theory" that the earth is a sphere revolving around a spherical sun? Are we simply submitting to authority? Not quite: we know that those who took time to study the evidence found it convincing.

The good sheik is probably ignorant of the evidence. Even more likely, he is so hopelessly biased that no amount of evidence would impress him. Anyway, it would be sheer waste of time to attempt to convince him. The Koran and the Bible do not contradict Copernicus, nor does Copernicus contradict them. It is ludicrous to mistake the Bible and the Koran for primers of natural science. They treat of matters even more important: the meaning of man and his relations to God. They are written in poetic symbols that were understandable to people of the age when they were written, as well as to peoples of all other ages. The king of Arabia did not comply with the sheik's demand. He knew that some people fear enlightenment, because enlightenment threatens their vested interests. Education is not to be used to promote obscurantism.

The earth is not the geometric center of the universe, although it may be its spiritual center. It is a mere speck of dust in cosmic spaces. Contrary to Bishop Ussher's calculations, the world did not appear in approximately its present state in 4004 a.c. The estimates of the age of the universe given by modern cosmologists are still only rough approximations, which are revised (usually upward) as the methods of estimation are refined. Some cosmologists take the universe to be about 10 billion years old; others suppose that it may have existed, and will continue to exist, eternally. The origin of life on earth is dated tentatively between 3 and 5 billion years ago; manlike beings appeared relatively quite recently, between 2 and 4 million years ago. The estimates of the age of the earth, of the duration of the geologic and paleontologic eras, and of the antiquity of man's ancestors are now based mainly on radiometric evidence—the proportions of isotopes of certain chemical elements in rocks suitable for such studies.

1 Diversity of Living Beings

The diversity and the unity of life are equally striking and meaningful aspects of the living world.

2 Unity of Life

The unity of life is no less remarkable than its diversity. Most forms of life are similar in many respects. The universal biologic similarities are particularly striking in the biochemical dimension. From viruses to man, heredity is coded in just two, chemically related substances: DNA and RNA. The genetic code is as simple as it is universal. There are

Minimal mutational distances between human cytochrome C and the cytochrome C of other living beings are as follows:

Monkey	1	Chicken	18
Dog	13	Penguin	18
Horse	17	Turtle	19
Donkey	16	Rattlesnake	20
Pig	13	Fish (tuna)	31
Rabbit	12	Fly	33
Kangaroo	12	Moth	36
Duck	17	Mold	63
Pigeon	16	Yeast	56

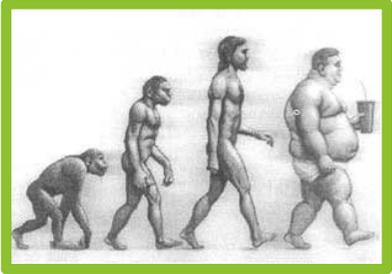
3 Comparative Anatomy and Embryology

The biochemical universals are the most impressive and the most recently discovered, but certainly they are not the only vestiges of creation by means of evolution. Comparative anatomy and embryology proclaim the evolutionary origins of the present inhabitants of the world. In 1555 Pierre Belon established the presence of homologous bones in the superficially very different skeletons of man and bird.

Strength and Acceptance of the Theory

Seen in the light of evolution, biology is, perhaps, intellectually the most satisfying and inspiring science. Without that light it becomes a pile of sundry facts—some of them interesting or curious but making no meaningful picture as a whole.

FOREWORD 5



Phylogeny

of 4 billion years of molecular coevolution * (in particular, our DNA is the product of this long journey) ..



Mismatch

Ontogeny

And of 9 months of an individual development

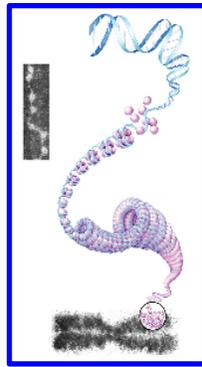
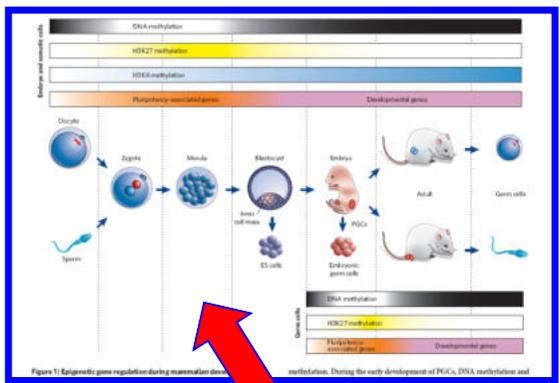


We should never forget that **we are at the same time the product**

our epigenome being the product of nine months of **cellular and tissue programming** (adaptive to an environment that is rapidly changing)..

Devo-Evo

Ontogeny recapitulates (anticipates) Phylogeny



A major risk: the EDCs and other xenobiotics (not being the product of molecular coevolution) can interfere at this level, acting as pseudo-morphogens

Transposable elements can be seen as a natural genetic engineering system capable of acting not just on one location at a time but on the genome as a whole. This dynamic view of the genome has been illustrated most impressively by *Shapiro* who stated that the genome is composed of modular units arranged in a “Lego-like” manner that can be altered under circumstances

FOREWORD 6



Available online at www.sciencedirect.com

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Gene 345 (2005) 91–100

GENE
SECTION
EVOLUTIONARY GENOMICS

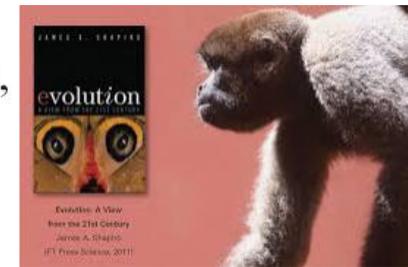
www.elsevier.com/locate/gene

Review

A 21st century view of evolution: genome system architecture, repetitive DNA, and natural genetic engineering

James A. Shapiro

Department of Biochemistry and Molecular Biology, University of Chicago, 920 E. 58th Street, Chicago, IL 60637, United States



The last 50 years of molecular genetics have produced an abundance of new discoveries and data that make it useful to revisit some basic concepts and assumptions in our thinking about genomes and evolution. Chief among these observations are the complex modularity of genome organization, biological ubiquity of mobile and repetitive DNA sequences, and the fundamental importance of DNA rearrangements in the evolution of sequenced genomes. This review will take a broad overview of these developments and suggest some new ways of thinking about genomes as sophisticated informatic storage systems and about evolution as a systems engineering process.

3

2

1

4

5

FOREWORD 7

.. *unlike your genome, which is fixed from the moment of conception (...)*

your connectome* changes throughout your life.

Neurons adjust...their connections (to one another) by strengthening or weakening them.

Neurons reconnect by creating and eliminating synapses, and they rewire by growing and retracting branches.

You are more than your genes. You are your connectom (Sebastian Seung, MIT).



Seung S. *Connectome: How the brain's wiring makes us who we are* (2012)

FOREWORD 8

DIMORFISMO SESSUALE



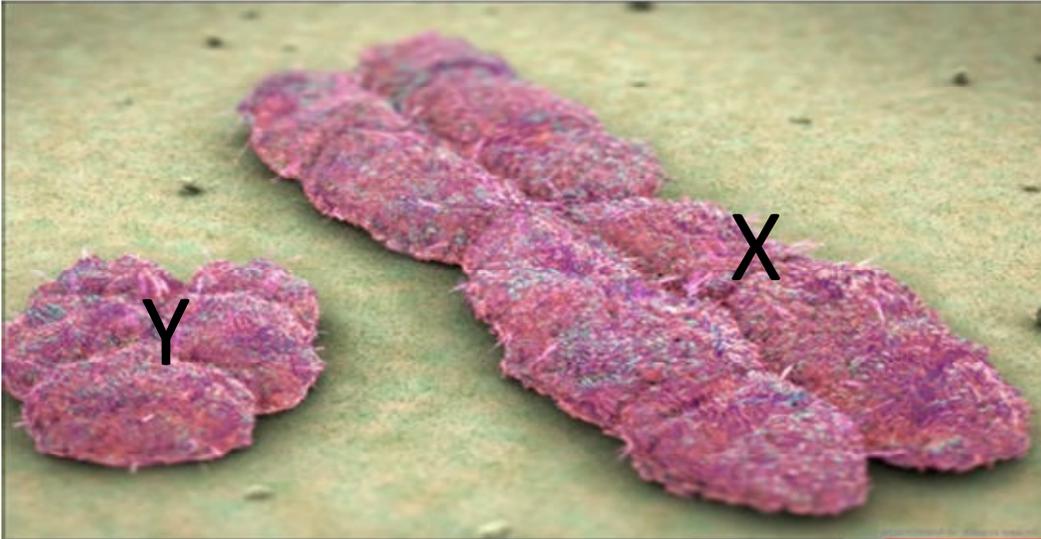
And yet this is not new!
Genetics : XY vs. XX

Nettie Stevens



1861-1912

1905



1961

Mary F. Lyon



1921-2014

FOREWORD 9

A Symbiotic View Of Life: We Have Never Been Individuals

Scott F. Gilbert

Swarthmore College, sgilber1@swarthmore.edu

J. Sapp

A. I. Tauber



CHICAGO JOURNALS

A Symbiotic View of Life: We Have Never Been Individuals

Author(s): Scott F. Gilbert, Jan Sapp and Alfred I. Tauber

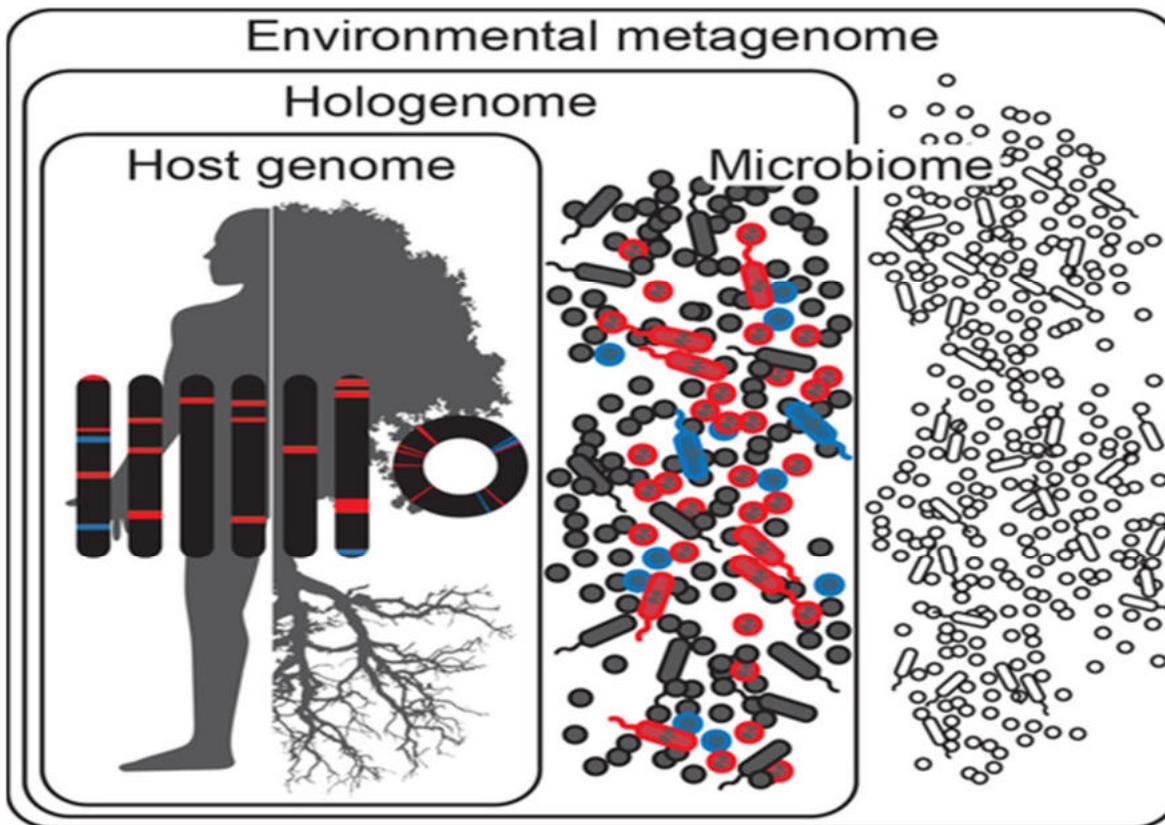
Source: *The Quarterly Review of Biology*, Vol. 87, No. 4 (December 2012), pp. 325-341

Published by: The University of Chicago Press

Stable URL: <http://www.jstor.org/stable/10.1086/668166>

The notion of the "biological individual" is crucial to studies of genetics, immunology, evolution, development, anatomy, and physiology. Each of these biological subdisciplines has a specific conception of individuality, which has historically provided conceptual contexts for integrating newly acquired data. During the past decade, nucleic acid analysis, especially genomic sequencing and high-throughput RNA techniques, has challenged each of these disciplinary definitions by finding significant interactions of animals and plants with symbiotic microorganisms that disrupt the boundaries that heretofore had characterized the biological individual. Animals cannot be considered individuals by anatomical or physiological criteria because a diversity of symbionts are both present and functional in completing metabolic pathways and serving other physiological functions. Similarly, these new studies have shown that animal development is incomplete without symbionts. Symbionts also constitute a second mode of genetic inheritance, providing selectable genetic variation for natural selection. The immune system also develops, in part, in dialogue with symbionts and thereby functions as a mechanism for integrating microbes into the animal-cell community. Recognizing the "holobiont"-the multicellular eukaryote plus its colonies of persistent symbionts-as a critically important unit of anatomy, development, physiology, immunology, and evolution opens up new investigative avenues and conceptually challenges the ways in which the biological subdisciplines have heretofore characterized living entities.

Una **visione simbiotica della vita: non siamo mai stati «in-dividui»**
La nozione di "individuo biologico" è cruciale per gli studi di genetica, immunologia, evoluzione, sviluppo, anatomia e fisiologia... Durante l'ultimo decennio, il sequenziamento genomico ha sfidato le varie definizioni **trovando interazioni significative in animali e piante con i microrganismi simbiotici che rompono i confini che prima avevano caratterizzato l'individuo biologico.. lo sviluppo animale è incompleto senza simbionti...** I simbionti costituiscono una **seconda modalità di ereditarietà genetica.. il sistema immunitario si sviluppa nel dialogo con i simbionti. Riconoscere l'olobionte** - l'eucariota multicellulare più le sue colonie di simbionti persistenti - come unità di anatomia, sviluppo, fisiologia, immunologia ed evoluzione criticamente importanti concettualmente **sfida i modi in cui le varie discipline biologiche hanno fino ad ora caratterizzato le entità viventi.**



- 
 Host and symbiont genes that alone and/or together affect a holobiont phenotype
- 
 Coevolved host and symbiont genes that affect a holobiont phenotype
- 
 Host genes and symbionts that do not affect a holobiont phenotype
- 
 Environmental microbes that are not part of the holobiont

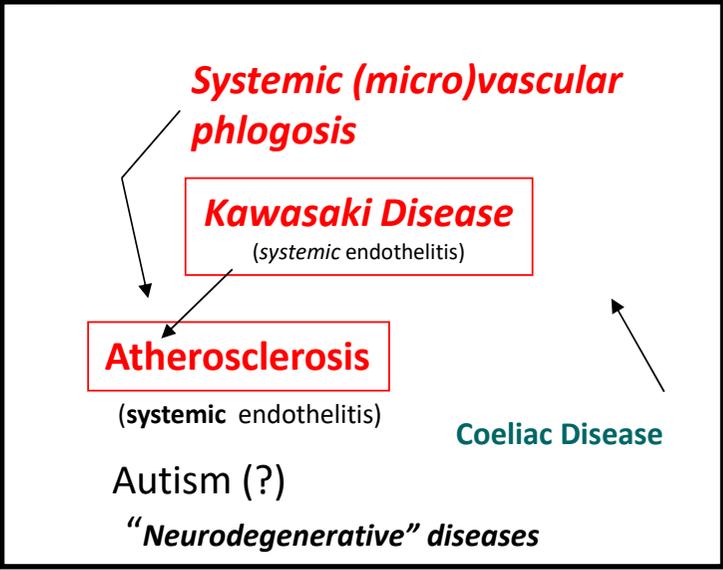
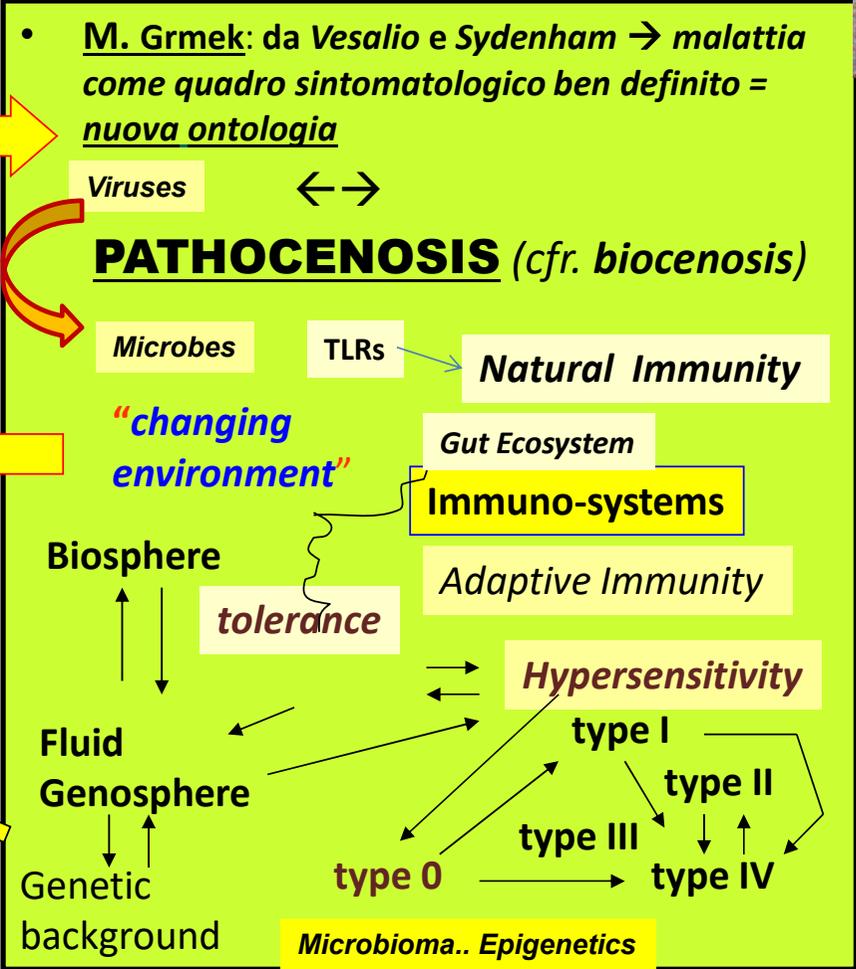


Guido Fanconi



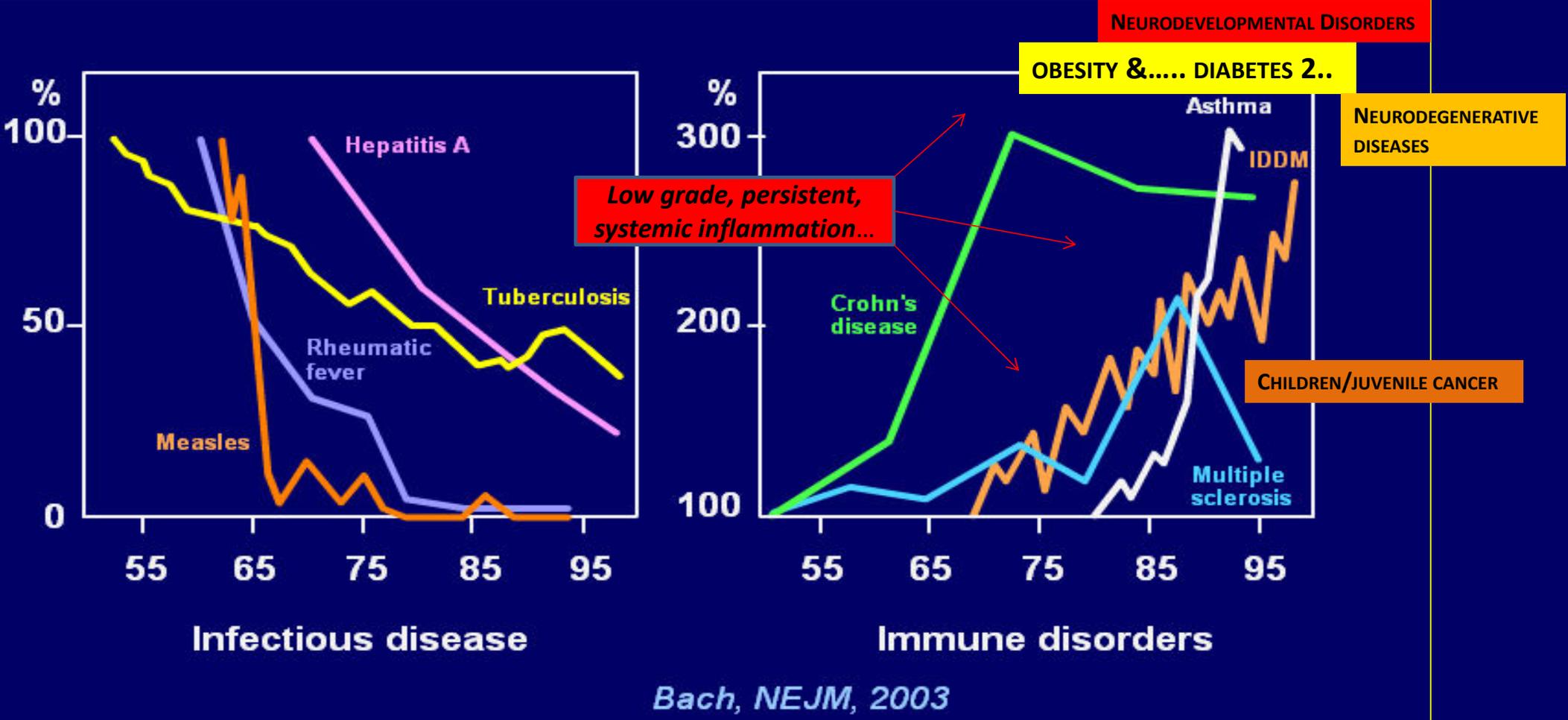
Cosa è la "MALATTIA" ?

G. Fanconi "Non vi sono malattie nuove.. nuovo è il modo di interpretarle"
 (Burgio-Notarangelo
Malattie Maestre, 2002
 pag. 170)



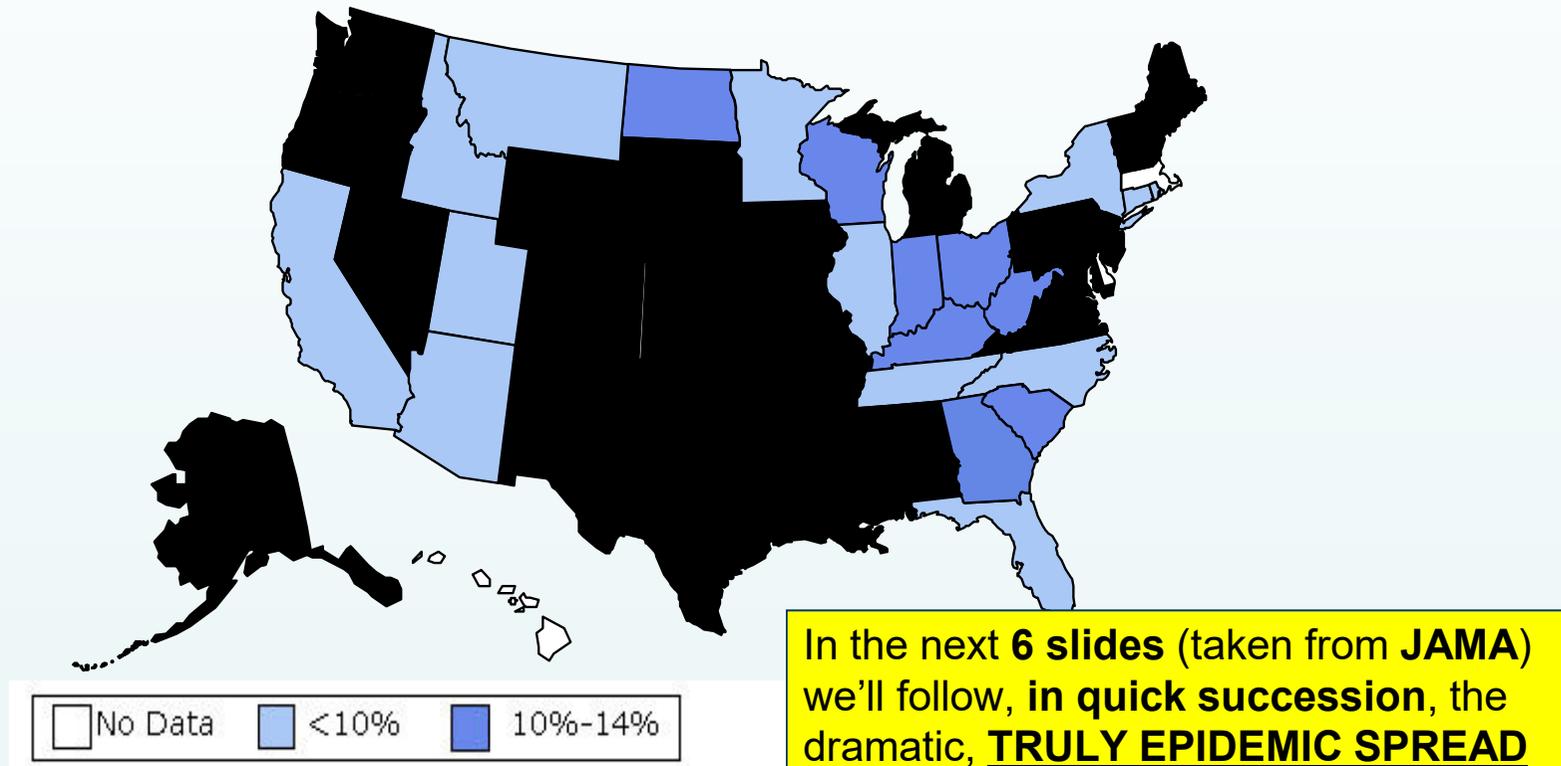
FOREWORD 1 The XXI Century's *Epidemiological Transition*

This is a **graph** taken from a famous article published **10 years ago on NEJM**, showing the **rapid decrease of the infectious/acute diseases** and the **simultaneous increase of the chronic/inflammatory diseases** in the North of the World



Obesity Trends* Among U.S. Adults 1985

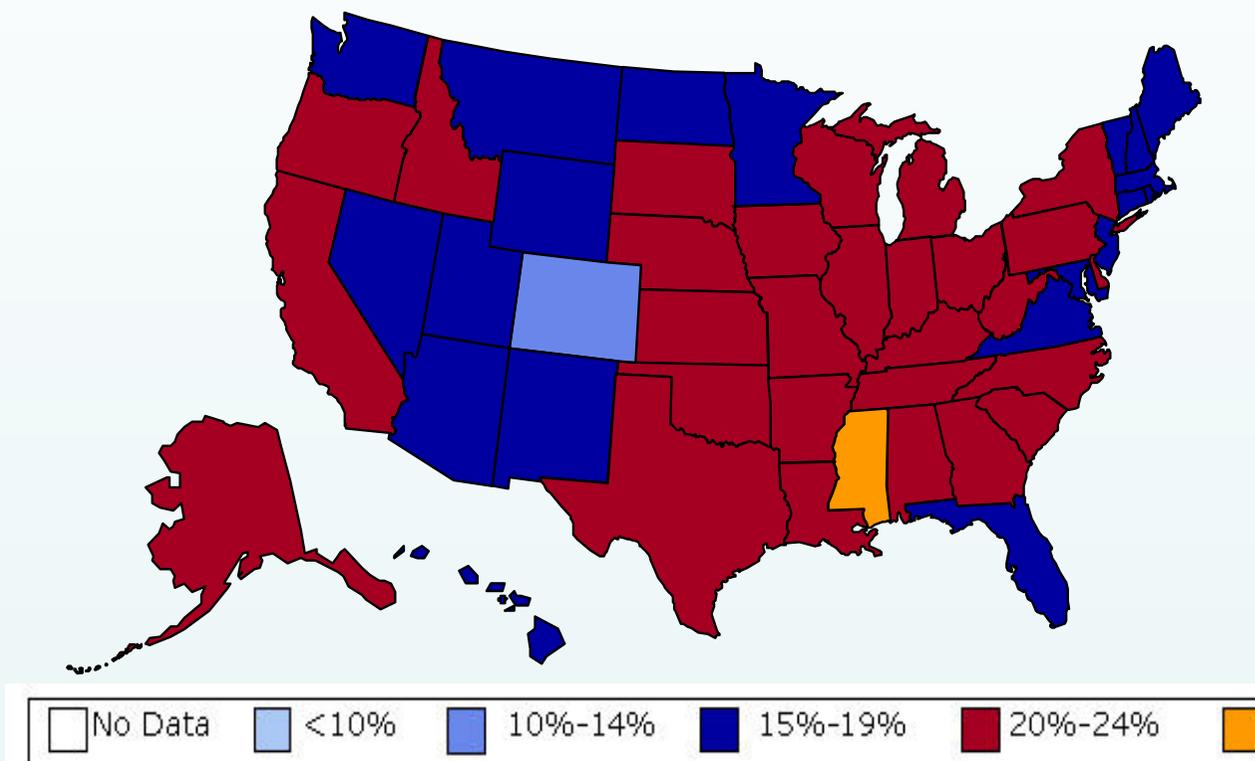
(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)



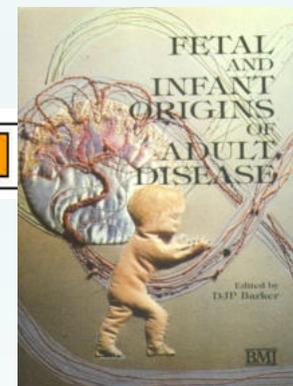
Source: Mokdad A H, et al. *J Am Med Assoc* 1999;282:16, 2001;286:10.

Obesity Trends* Among U.S. Adults 2001

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)



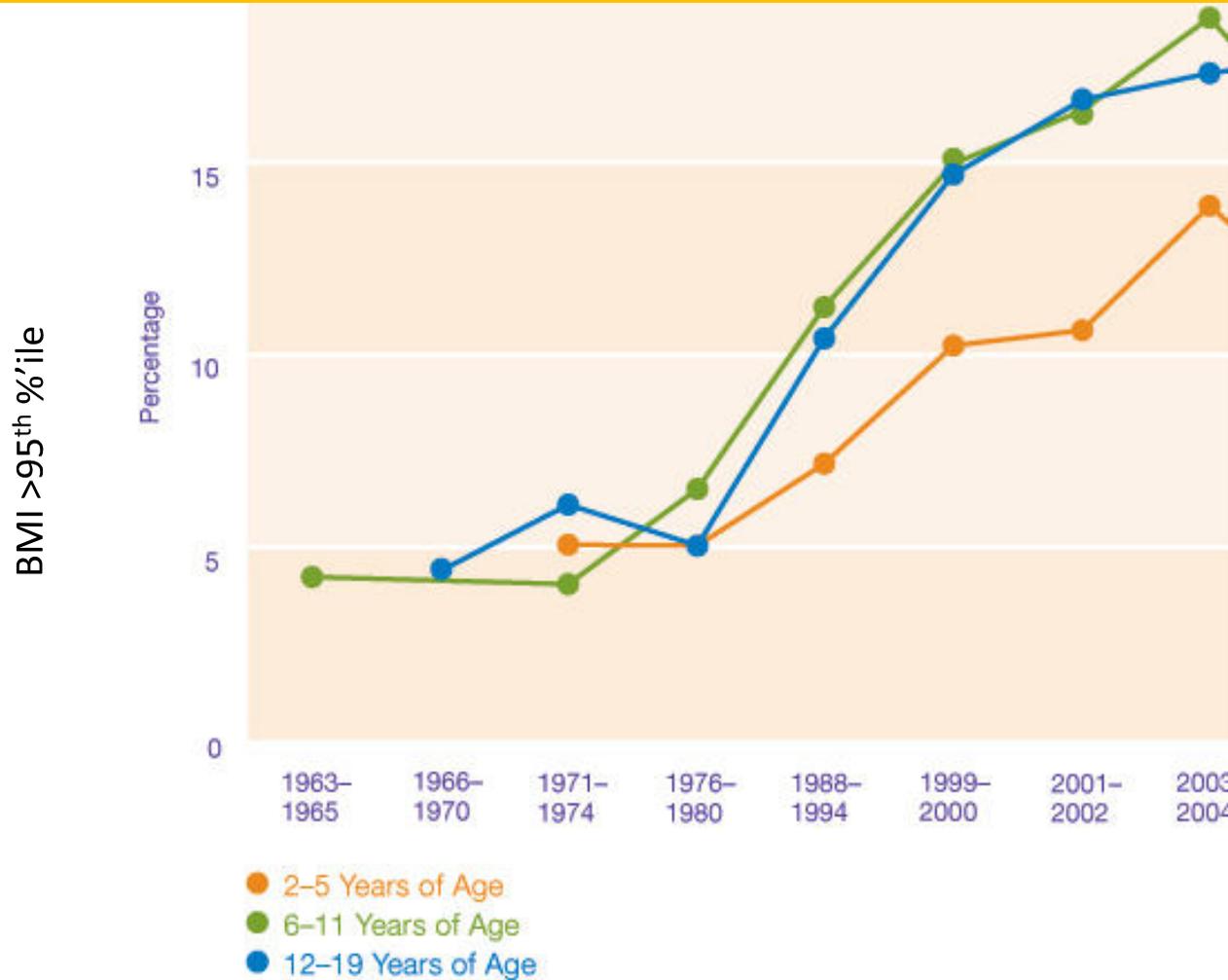
Source: Mokdad A H, et al. *J Am Med Assoc* 1999;282:16, 2001;286:10.



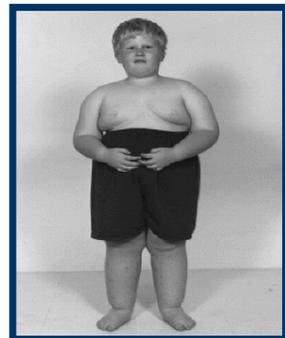
Yet the most dramatic increase concerns children and adolescents

The Childhood Obesity Epidemic

Matthew W. Gillman, MD, SM



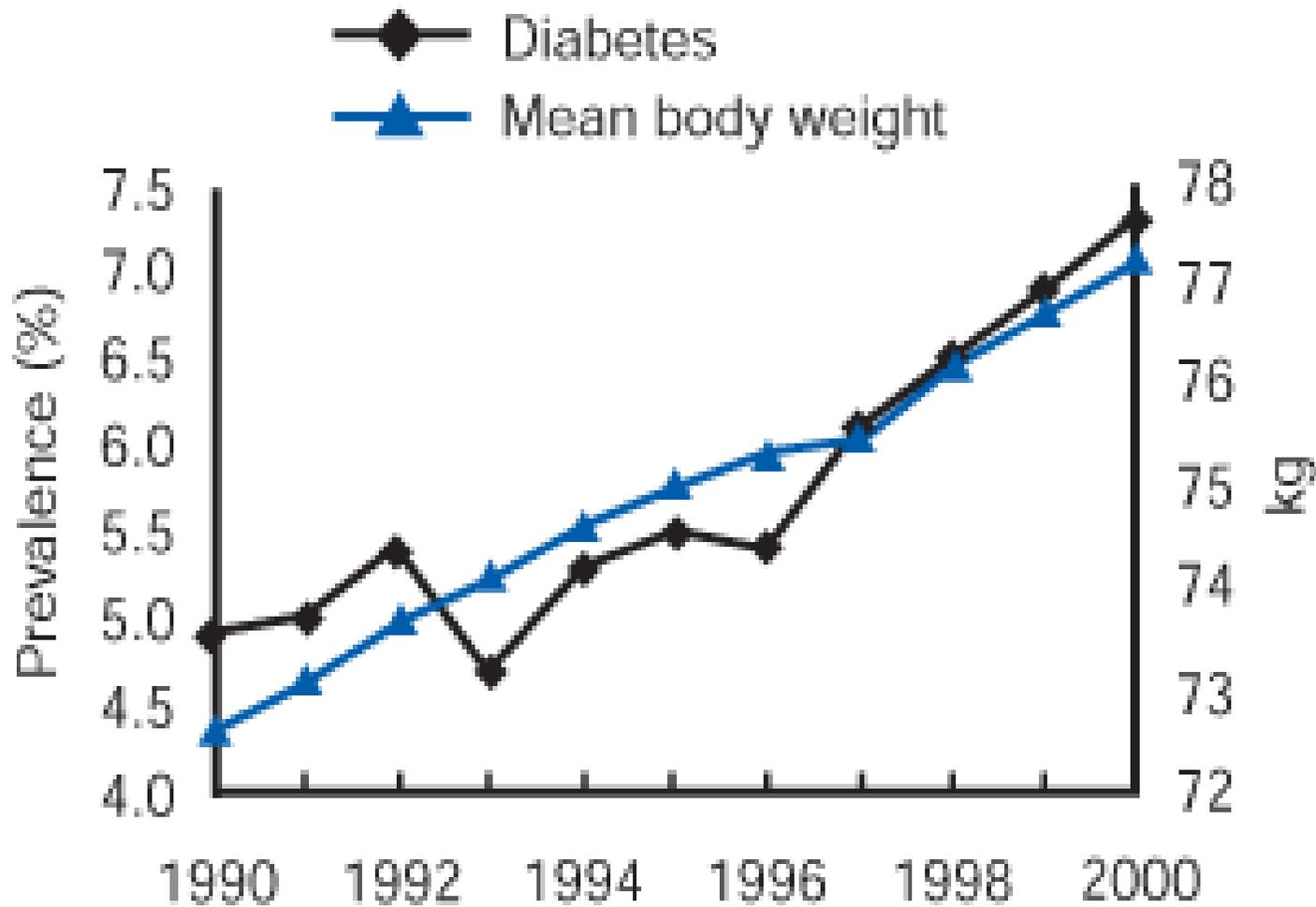
in the 70s childhood obesity virtually did not exist (it was associated with rare genetic syndromes): since then the increase has been rapid and relentless



Prader Willi syndrome

US DHHS, 2001; Hedley et al., 2004; Ogden et al., 2006, 2008

The most serious consequence of the epidemic of obesity is **the association with many chronic diseases**: first of all with **diabetes 2** (today affecting 180 million people)



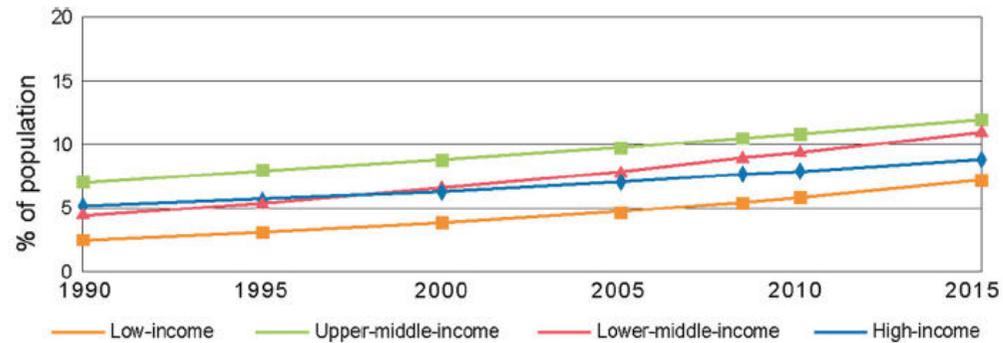
... with a **constant anticipation of the age of onset** ...

Obesity and diabetes: from genetics to epigenetics

Ernesto Burgio · Angela Lopomo · Lucia Migliore

Recent researches point out the **continuous increase of "obesogens", in the environment and food chains**, above all *endocrine disruptors*, that may have an important role in the obesity and diabetes pandemics.

Fig. 1 Infant and young child overweight trends from 1990 to 2015, by World Bank income group (Adapted from WHO, 2010)



Genetic factors in obesity and diabetes

The obesogen hypothesis

Epigenetic biomarkers

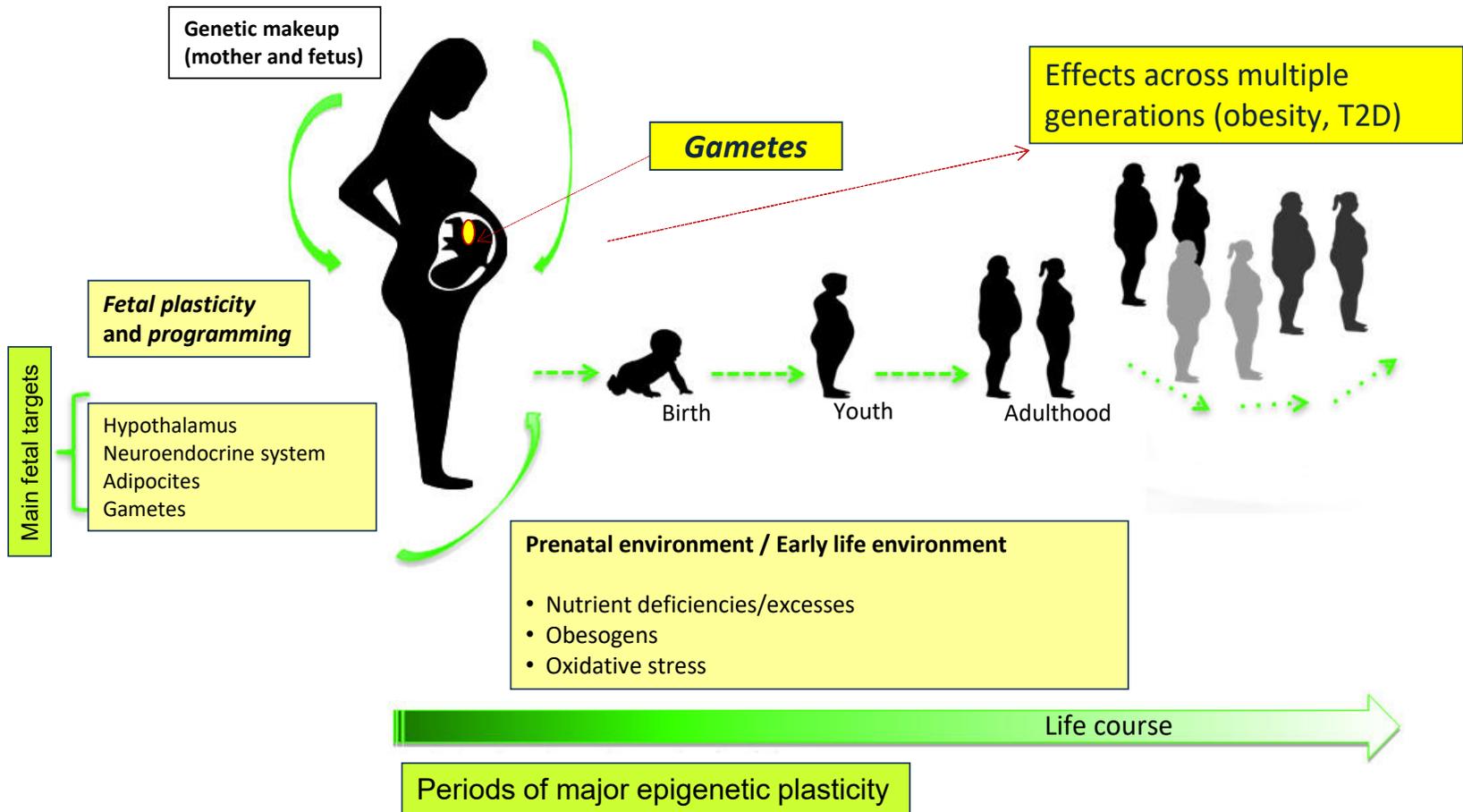
Beyond genetics

Diabetogens and diabetes epidemic

From genetics to epigenetics: fetal programming alterations

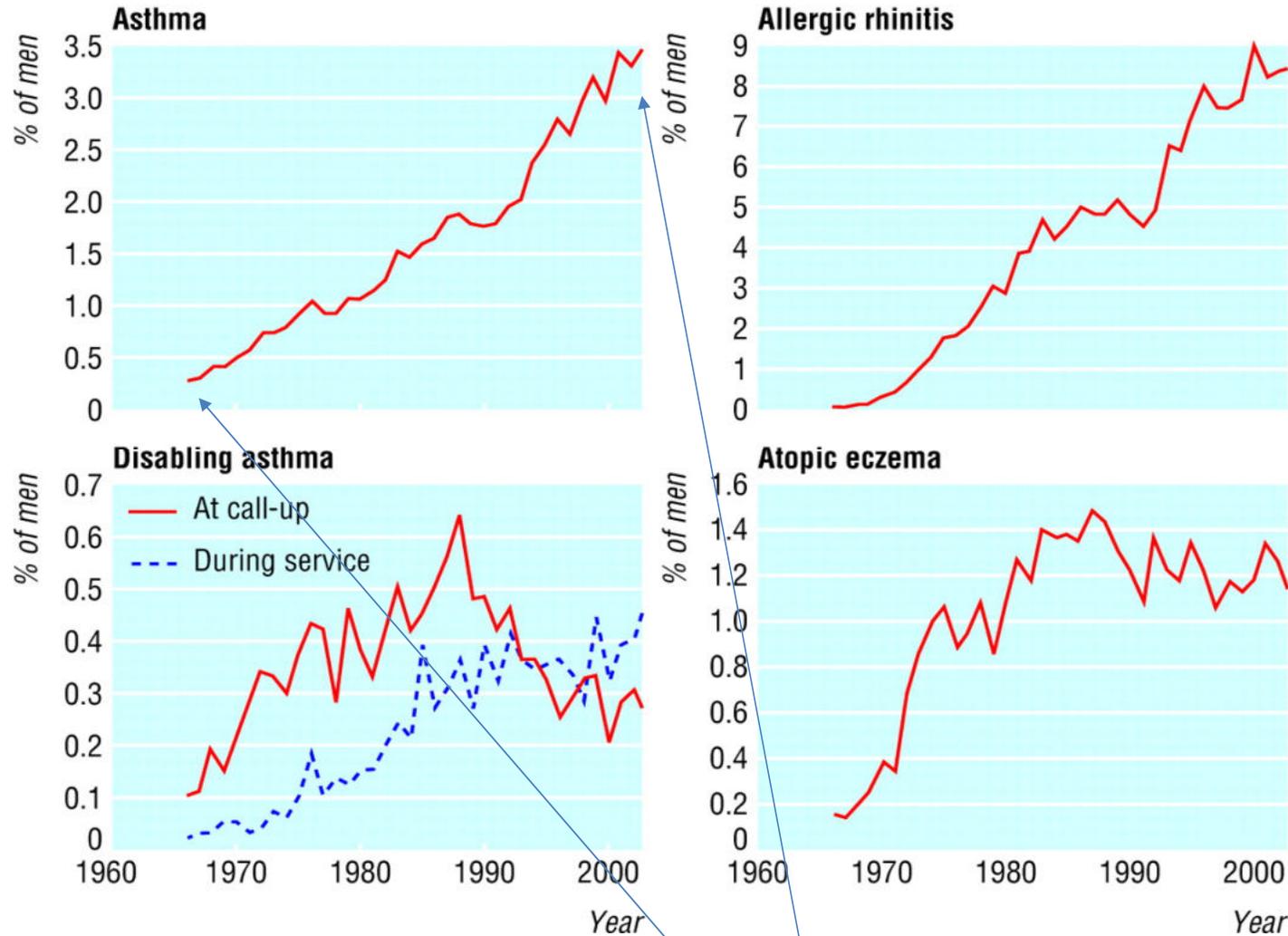
Is there a role for gut microbiota?

Environmentally driven epigenetic effects



OBESITY AND DIABETES: FROM GENETICS TO EPIGENETICS (Mol Rep 2015)

Ernesto Burgio^{1,2}, Angela Lopomo^{3,4} and Lucia Migliore³



Trends in prevalence of asthma and allergy in Finnish young men
<http://www.bmj.com/content/330/7501/1186>

The **prevalence** of asthma increased **12-fold** between 1966 (0.29%) and 2003 (3.45%), showing a continuous rising trend ... The average annual increment in prevalence during this period was 0.1%. By contrast, the trends for indicators of disabling asthma turned downwards in 1989

WHAT IS EPIGENETICS

Could Epigenetics Explain the Origins of Allergic Disease?

Hypersensitivity begins in the womb

In a study examining umbilical cord blood, it was shown that **babies born to allergic mothers had a reduced number of Tregs...and were at high risk to develop sensitivity to food allergens and atopic dermatitis** (the start of atopic march) during the first year of life

Hinz D, (2012). *Cord blood tregs with stable foxp3 expression are influenced by prenatal environment and associated with atopic dermatitis at the age of one year.* Allergy. 67:380-389

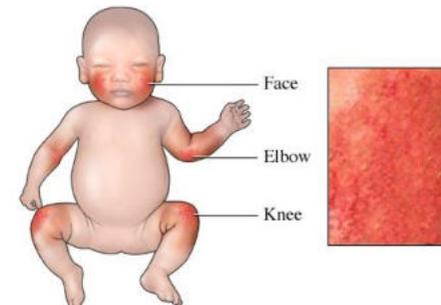


Parental atopy history, particularly maternal hay fever and paternal asthma were **related to lower Treg numbers in cord blood**

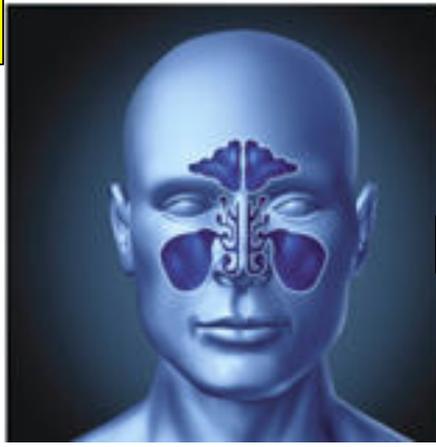


Children with lower Treg numbers at birth had a higher risk to develop **atopic dermatitis** (adj. OR = 1.55, 95% CI = 1.00–2.41) **and sensitization to food allergens** (adj. OR = 1.55, 95% CI = 1.06–2.25) during the first year of life.

Maternal cytokines (IL-13, IL-17E and IFN-γ) and maternal smoking/exposure to tobacco smoke during pregnancy were **also associated with decreased cord blood Treg numbers**



Persistent cough: major causes



Pertussis

Asthma

Lung infections

Postnasal drip

Chronic obstructive pulmonary disease (COPD)

COPD is a major cause of morbidity and mortality worldwide and a significant challenge for adult physicians. However, there is a misconception that COPD is a disease of only adult smokers. There is a growing body of evidence that chronic respiratory diseases such as COPD and ASTHMA have their origins in early life.

Seminars in Fetal & Neonatal Medicine 17 (2012) 112e118

Airborne environmental irritants

Heart failure

Cystic fibrosis

Brainstem

Inflammatory Mediators
Bradykinin, Prostanoids, Others

Irritants
Capsaicin, Acrolein, Citric Acid

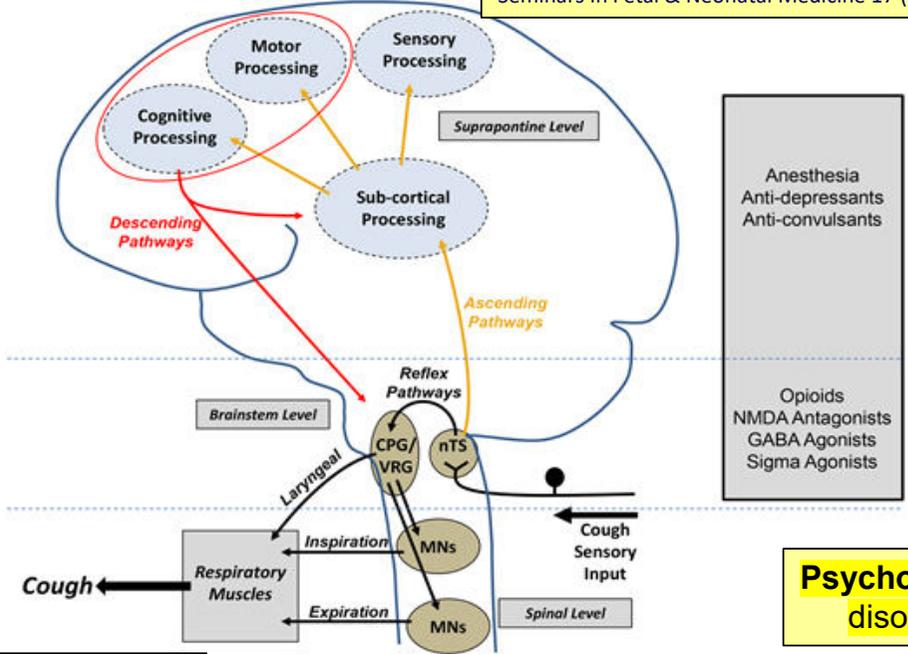
Punctate Mechanical
Citric Acid, Low Cl⁻

C-Fiber "Nociceptor"

Mechanoreceptor "Cough Receptor"

Nociceptor Cough
Local Anesthetics, TRPV1 Antagonists, TRPA1 Antagonists, Na⁺ Channel Blockers, Opioids

Mechanoreceptor Cough
Local Anesthetics, Cl⁻ Channel Blockers, Na⁺ / K⁺ ATPase inhibitors



Anesthesia
Anti-depressants
Anti-convulsants

Opioids
NMDA Antagonists
GABA Agonists
Sigma Agonists

Psychological disorders

Psychogenic cough

Neurogenic cough

Gastroesophageal reflux disease

Chronic bronchitis
Bronchiectasis

Tobacco smoke itself

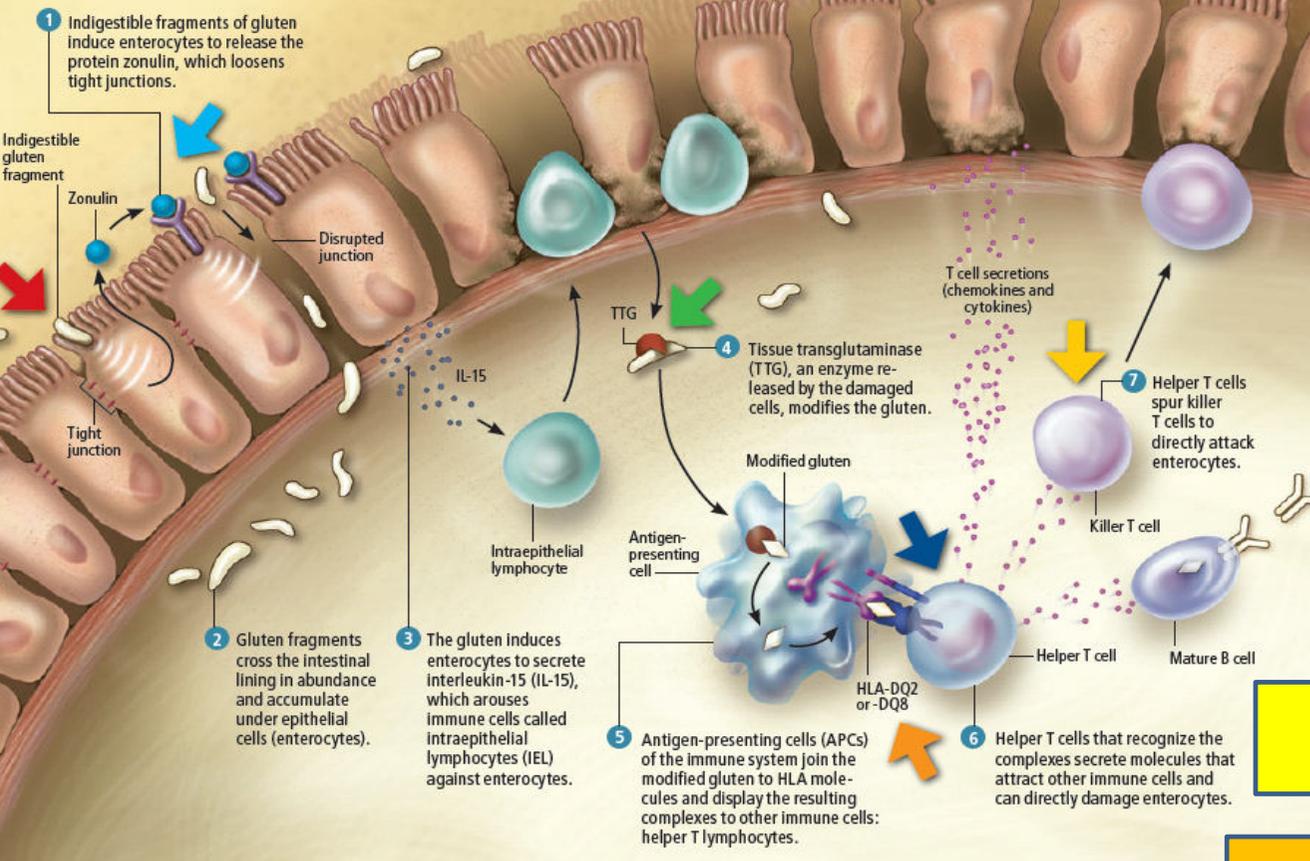
Lung cancer

Treatment with ACE inhibitors

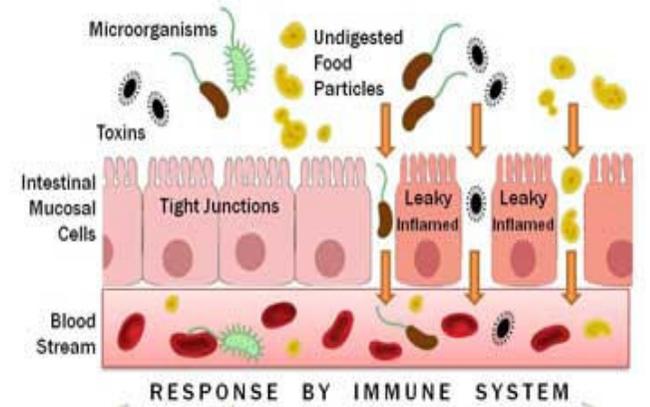
This infographic illustrates the multifactorial causes of persistent cough, ranging from environmental irritants and infections to chronic conditions like COPD and asthma. It details the neural pathways from the brainstem to the spinal cord, involving nociceptors and mechanoreceptors, and lists various pharmacological treatments such as local anesthetics, TRP antagonists, and opioids. It also highlights the 'Fetal Origins Hypothesis' and the misconception that COPD is solely an adult smoker's disease, supported by evidence that these conditions have roots in early life.

THE INSIDE STORY

Investigators do not know every detail of how the immune system wreaks havoc with the intestinal lining of celiac patients, but they have identified a number of likely processes (below). Colored arrows indicate events that might be blocked by interventions now being investigated [see table on opposite page].



The Leaky Gut Syndrome



Breach of Blood-Brain Barrier	Food Intolerances & Allergies	Autoimmunity & Inflammation	Malabsorption & Nutrient Deficiency
Metabolic Syndrome Obesity, T2 Diabetes, Hypercholesterolemia, Hypertension	Neurological Disorders Depression, Anxiety, ADD, ADHD, Autism, Dementia, Epilepsy	Autoimmune Disorders Irritable bowel syndrome, Crohn's, Celiac, Allergies, Cancers	

4 GUT PERMEABILITY

3 GUT ECOSYSTEM

THE HUMAN MICROBIOME

Bacteria, fungi, and other microbe human cells in the body by a factor of 10 to one. The microbes synthesize key nutrients, fend off pathogens and repair everything from weight gain to perhaps even brain development. The human microbiome proved to share a great deal of the microbes and sequencing the genomes of many. The total body count is not in fact its believed over 100 trillion species live in and on the body.

- 600+ SPECIES** in the mouth, gut and respiratory system include:
 - Streptococcus
 - Neisseria
 - Lactobacillus
 - Staphylococcus
- 1,000 SPECIES** in the skin include:
 - Propionibacterium
 - Staphylococcus epidermidis
 - Corynebacterium jeikeium
 - Staphylococcus aureus
 - Staphylococcus hominis
- 500-1,000 SPECIES** in the vagina include:
 - Lactobacillus
 - Lactobacillus reuteri
 - Lactobacillus gasseri
 - Bifidobacterium
 - Bacteroides fragilis
 - Bacteroides theta-delta
 - Lactobacillus iners
 - Clostridium difficile
- 60 SPECIES** in the gut include:
 - Streptococcus
 - Corynebacterium
 - Carboxydobacterium

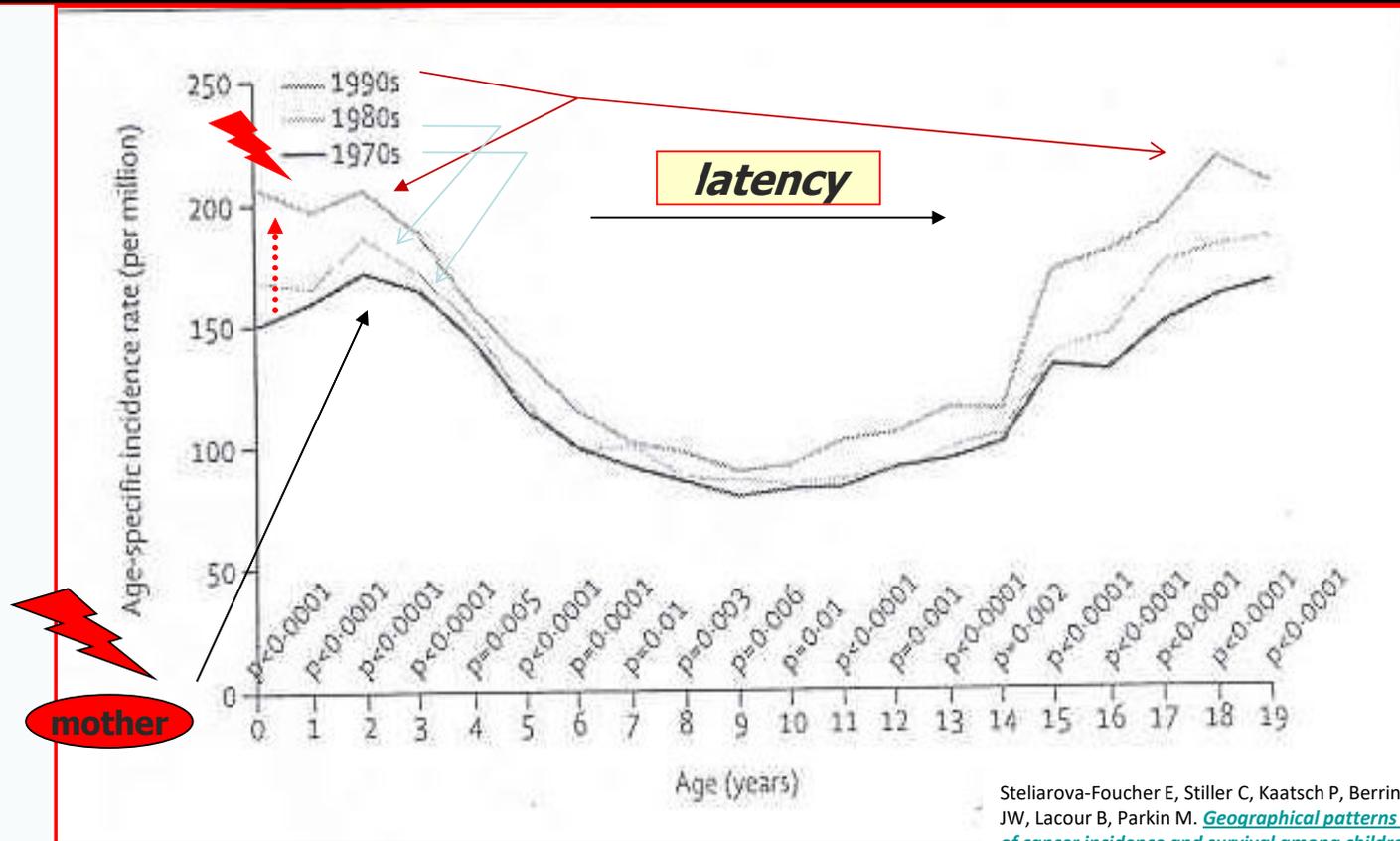
1 GLIADIN

2 DQ2 – DQ8

A first draft of the report, published on *the Lancet* in 2004, demonstrated an **annual increase of 1-1,5%** for **all cancers** (with more marked increases in **lymphomas, soft tissue sarcomas, tumours of the nervous system...**). But the **most troubling was the increase - almost the double - for all cancers in the very first year of life (apparently due to transplacental or even trans-generational exposure)**

CA incidence in childhood and adolescence IN EUROPE (1970-1999)

<http://www-dep.iarc.fr/accis.htm>



Steliarova-Foucher E, Stiller C, Kaatsch P, Berrino F, Coebergh JW, Lacour B, Parkin M. [Geographical patterns and time trends of cancer incidence and survival among children and adolescents in Europe since the 1970s \(the ACCISproject\): an epidemiological study.](#) *Lancet*. 2004 Dec 11-17;364(9451):2097-105

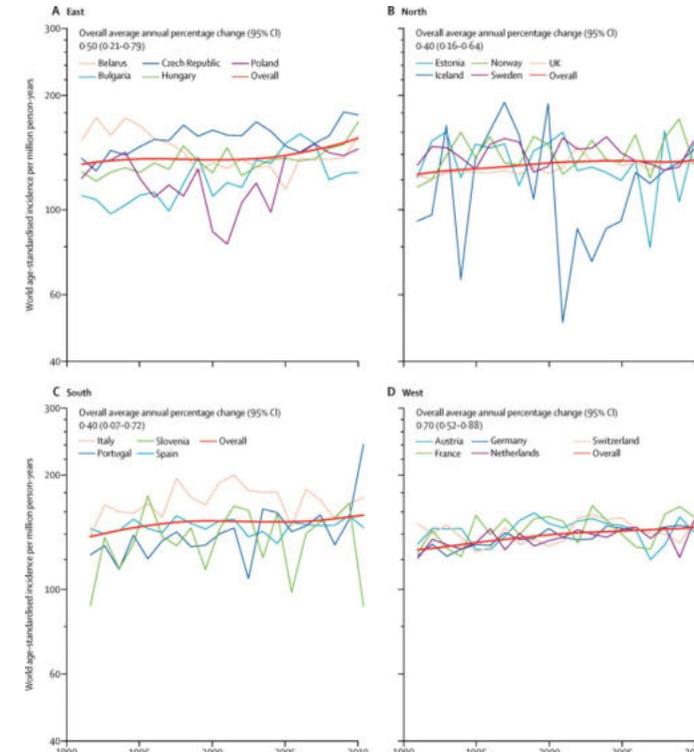


Articles

Changing geographical patterns and trends in cancer incidence in children and adolescents in Europe, 1991–2010 (Automated Childhood Cancer Information System): a population-based study

Eva Steliarova-Foucher PhD ^a,  , Miranda M Fidler PhD ^a, Murielle Colombet MSc ^a, Brigitte Lacour MD ^b, ^c, Peter Kaatsch PhD ^d, Marion Piñeros MD ^a, Isabelle Soerjomataram PhD ^a, Freddie Bray PhD ^a, Prof Jan Willem Coebergh PhD ^e, Rafael Peris-Bonet PhD ^f, Charles A Stiller MSc ^g

The combined age-standardised incidence of leukaemia based on 48 458 cases in children was 46.9 (46.5–47.3) per million person-years and increased significantly by 0.66% (0.48–0.84) per year. The average overall incidence of leukaemia in adolescents was 23.6 (22.9–24.3) per million person-years, based on 4702 cases, and the average annual change was 0.93% (0.49–1.37). We also observed increasing incidence of lymphoma in adolescents (average annual change 1.04% [0.65–1.44]), malignant CNS tumours in children (average annual change 0.49% [0.20–0.77]), and other tumours in both children (average annual change 0.56 [0.40–0.72]) and adolescents (average annual change 1.17 [0.82–1.53]).



.. incidence of leukaemia based on 48 458 cases in children was 46.9 (46.5–47.3) per million person-years and increased significantly by 0.66% (0.48–0.84) per year. The average overall incidence of leukaemia in adolescents was 23.6 (22.9–24.3) per million person-years, based on 4702 cases, and the average annual change was 0.93% (0.49–1.37)... We also observed increasing incidence of lymphoma in adolescents (average annual change 1.04% [0.65–1.44]), malignant CNS tumours in children (average annual change 0.49% [0.20–0.77]), and other tumours in both children (average annual change 0.56 [0.40–0.72]) and adolescents (average annual change 1.17 [0.82–1.53]).

autism the great modern health concern

Autism spectrum disorders (ASDs) are a group of developmental disabilities that can cause significant social, communication and behavioral challenges. People with **ASDs** handle information in their brain differently than other people. **ASDs** are "spectrum disorders." That means **ASDs** affect each person in different ways, and can range from very mild to severe. There are three different types of **ASDs**: **Autistic Disorder** (also called "classic" autism), **Asperger Syndrome** and **Pervasive Developmental Disorder – Not Otherwise Specified (PDD-NOS)** (also called "atypical autism")

1980 1 : 1500

Autistic Disorder

What most people think of when hearing the word "autism." People with autistic disorder usually have significant language delays, social and communication challenges and unusual behaviors and interests.

Asperger Syndrome

Usually have some milder symptoms of autistic disorder. They might have social challenges and unusual behaviors and interests. However, typically do not have problems with language or intellectual disability.

Pervasive Developmental Disorder

The symptoms might cause only social and communication challenges. People with PDD-NOS usually have fewer and milder symptoms than those with autistic disorder.

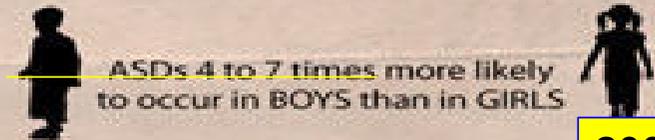
2002 1 : 150



2014 1 : 68



with



2006 1 : 110

There is no medical test to diagnose ASDs, doctors look at the child's behavior and development to make a diagnosis.



About half of parents of children with ASD notice their child's unusual behaviors by age 18 months



about four-fifths notice by age 24 months

A person with an ASD might:

- Not respond to their name by 12 months | Avoid eye contact and want to be alone | Have delayed speech and language skills
- Repeat words or phrases over and over (echolalia) | Give unrelated answers to questions | Get upset by minor changes

2008 1 : 88

ASDs are the fastest-growing developmental disability

1,148%
growth rate

with

10-17%
annual growth

Reports of autism cases per 1,000 children



Lifetime cost to care for an individual with an ASD Estimated from recent studies

\$3.2m

with

\$4,110–\$6,200 per year

of medical expenditures for an individual with an ASD than one without

2014 1 : 68



AUTISM (ASD :Autism Spectrum Disorders)

ASD is the fastest-growing developmental disorder in the world, the prevalence of diagnosis having increased by 600% over the last 20 years. New diagnosed cases (incidence) in US increased **from 15,580 in 1992 to 163,773 in 2003**. The estimated prevalence was of **8-12 cases/1000 children in 2012..**

Chart showing the **increase in autism diagnosis (A) versus all disabilities (B)** (statistics based on data from the National Center for Health Statistics)

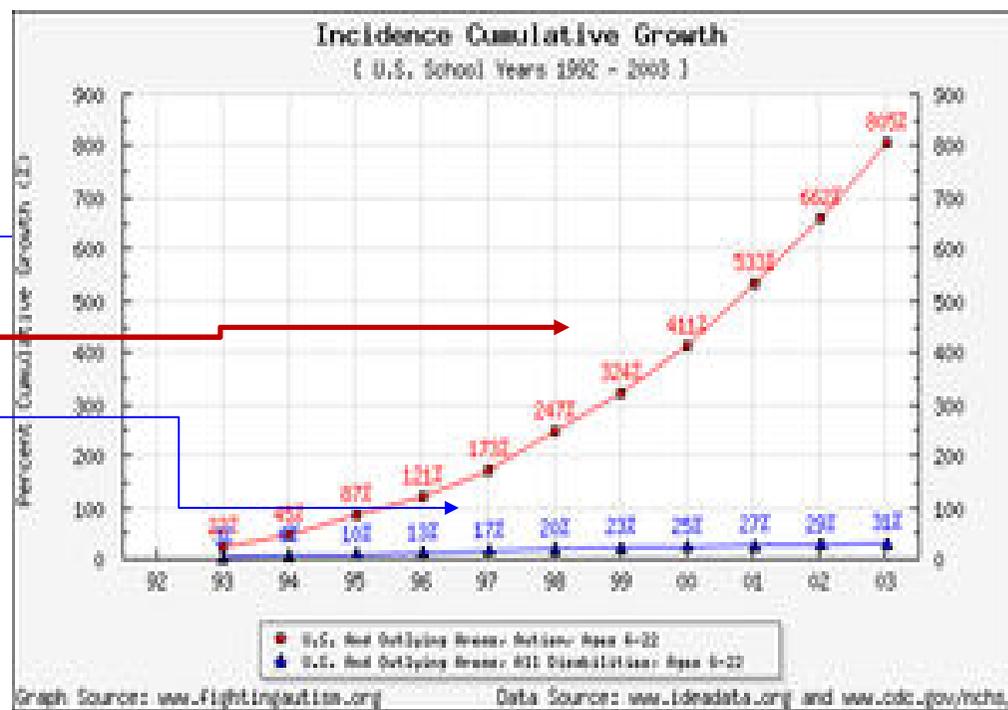
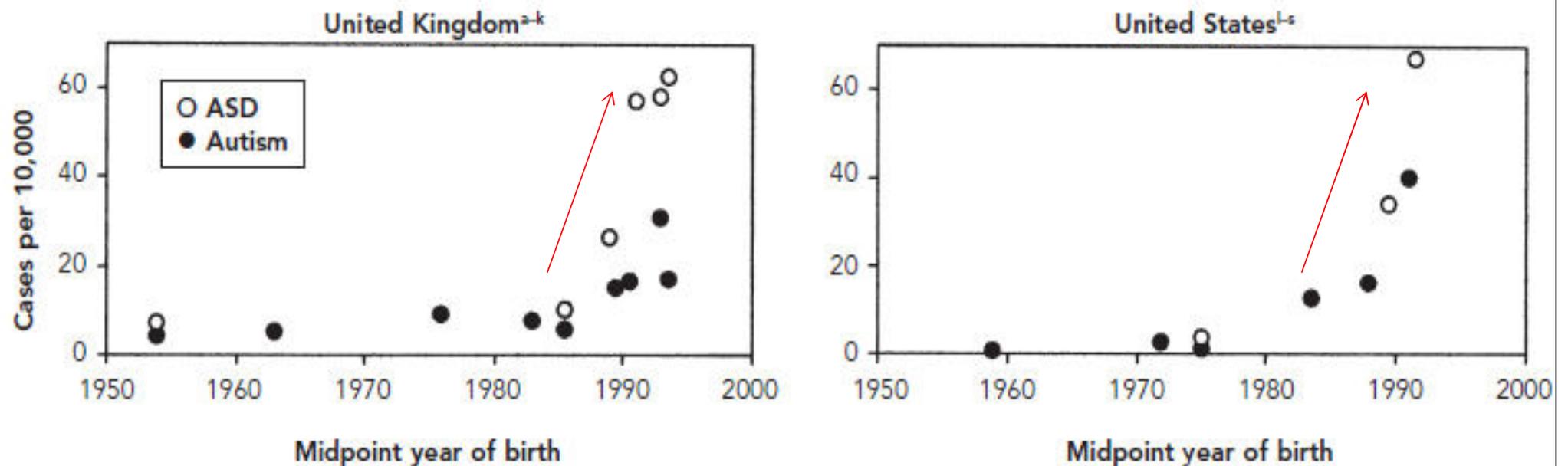


Figure 1. Reported prevalence of autism and autistic spectrum disorders (ASDs), by midpoint year of birth, United Kingdom and United States, 1954–1994



NOTE: These graphs show prevalence estimates from 11 U.K. and 8 U.S. studies. For studies with survey populations spanning a range of birth years, the midpoint of the birth year range is used.

^aLotter 1966³⁵

^bWing and Gould 1979⁴²

^cDeb and Prasad 1994⁸²

^dWebb et al. 1997⁸⁹

^eTaylor et al. 1999²⁰

^hBaird et al. 2000⁷⁸

^lTreffert 1970³⁶

^mRitvo et al. 1989⁵³

ⁿBurd et al. 1987⁴⁵

^sCalifornia Department of Developmental Services 2003²



The unmet needs in diagnosis and treatment of mood disorders in children and adolescents

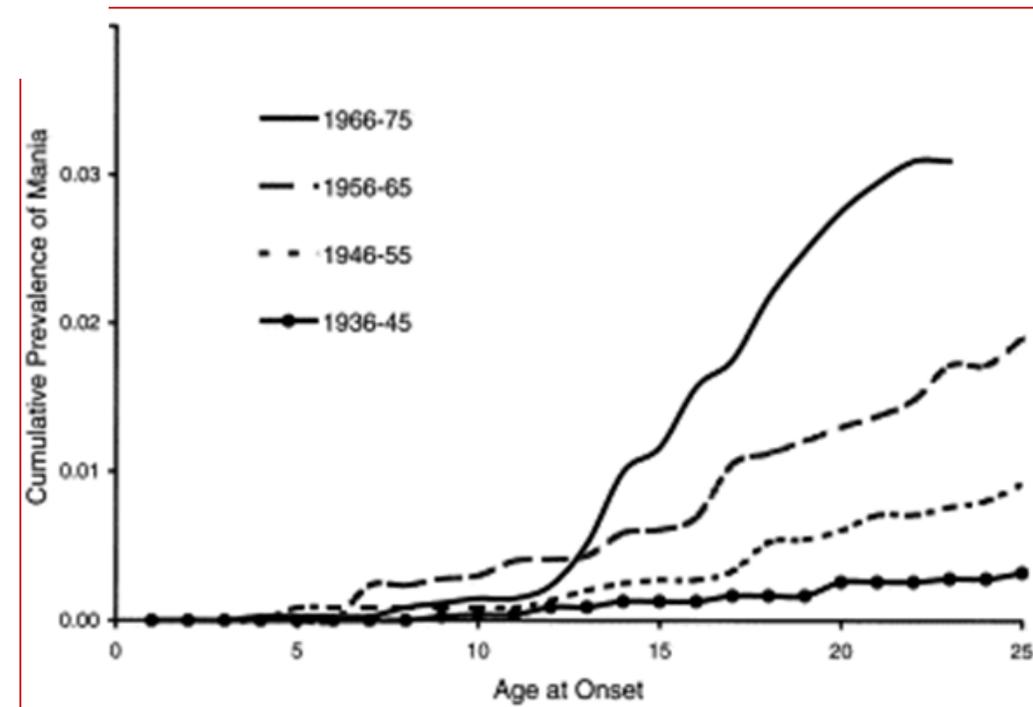
Mood disorders in children and adolescents: an epidemiologic perspective

Ronald C Kessler^a, Shelli Avenevoli^b, Kathleen Ries Merikangas^b

Adolescence is a time of increasing vulnerability for severe mental health disorders such as depression.

Epidemiological studies show that the **incidence of new cases of depression drastically increases with puberty.**

Importantly, there is growing evidence that **sleep disturbance in adolescence may predict the development of depression.** In addition to the increase in the prevalence of depression with the transition from childhood to adolescence, **there is also a secular trend of an increasing incidence of depression during adolescence since the 1960s**

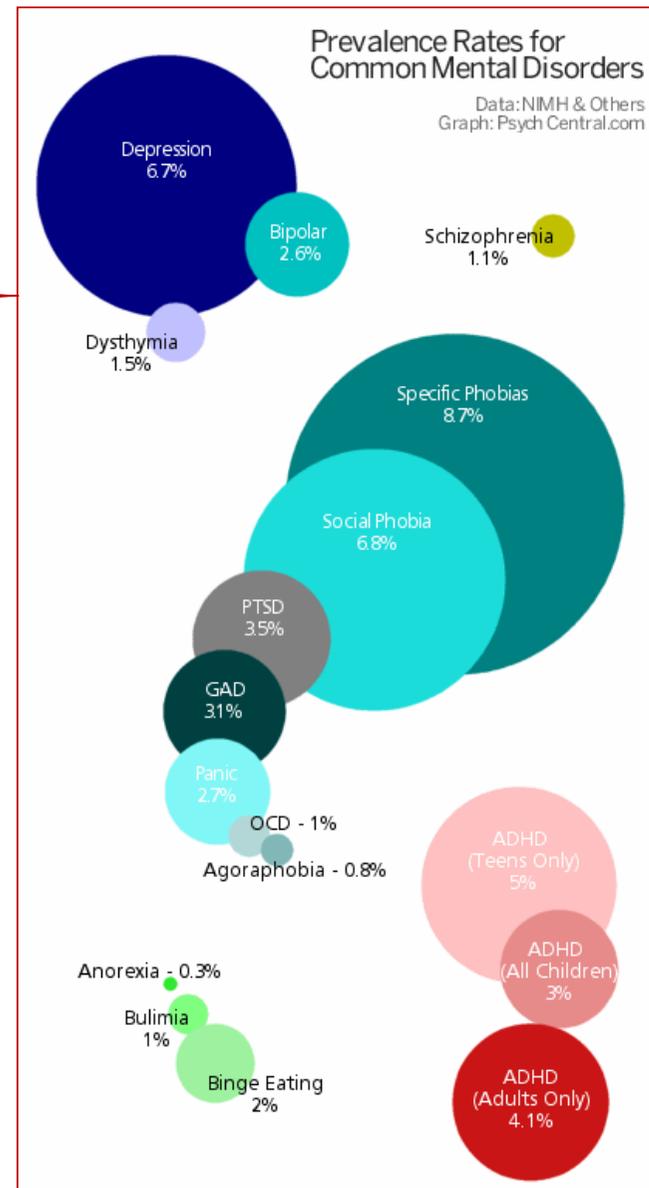
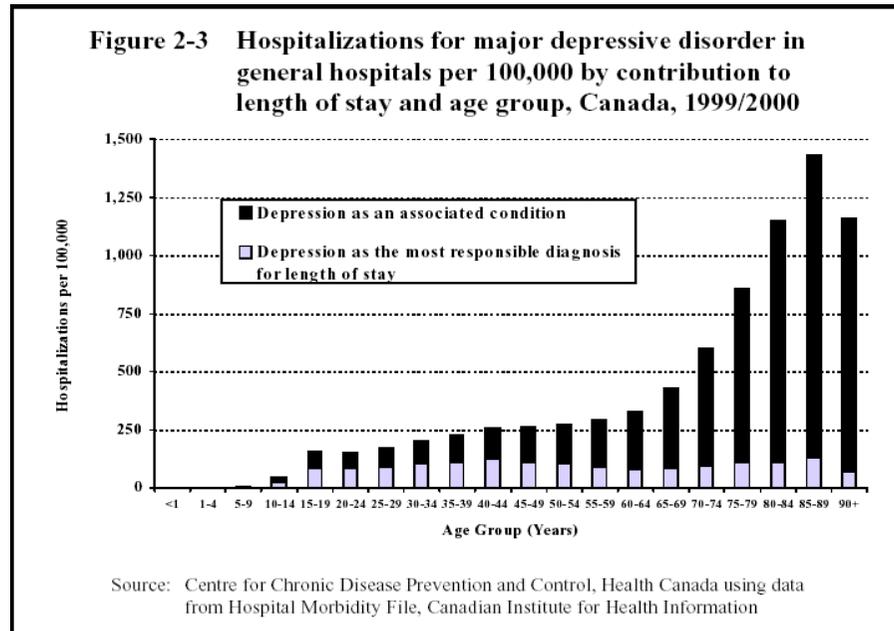


<http://www.slideshare.net/CMoondog/depression-powerpoint-13945746>



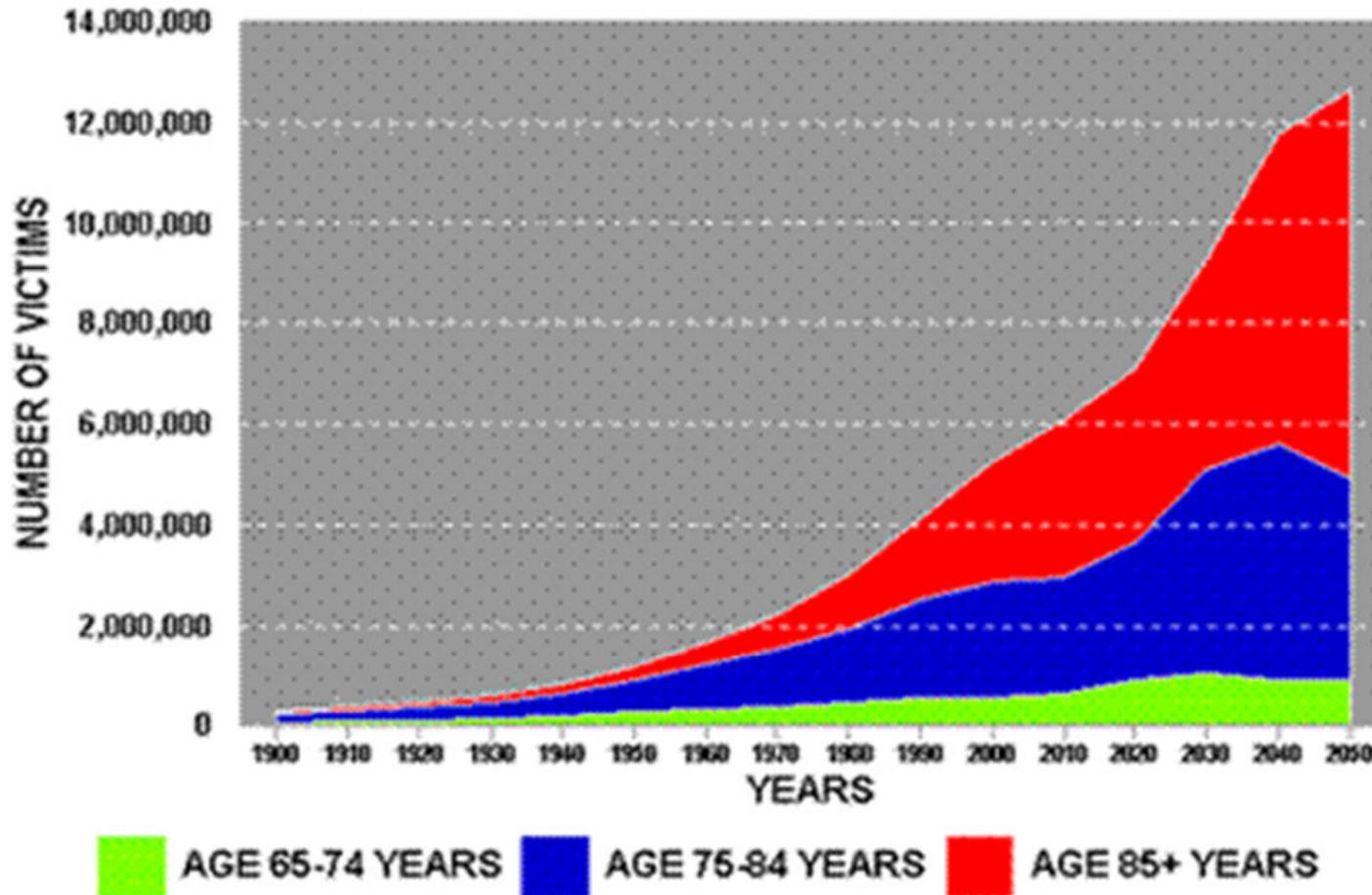
FACT ↓

An estimated one in ten Americans suffer from depression, an illness that affects both physical and mental well-being. Often chronic in nature, depression can be triggered by adverse life circumstances or occur simply "out of the blue." Frequently, a combination of genetic, psychological and environmental factors contribute to the onset of depression.



<http://psychcentral.com/blog/archives/2009/10/05/prevalence-of-common-mental-disorders/>

PREVALENCE OF ALZHEIMER'S DISEASE (BY DECADES IN U.S.A. FROM 1900-2050)

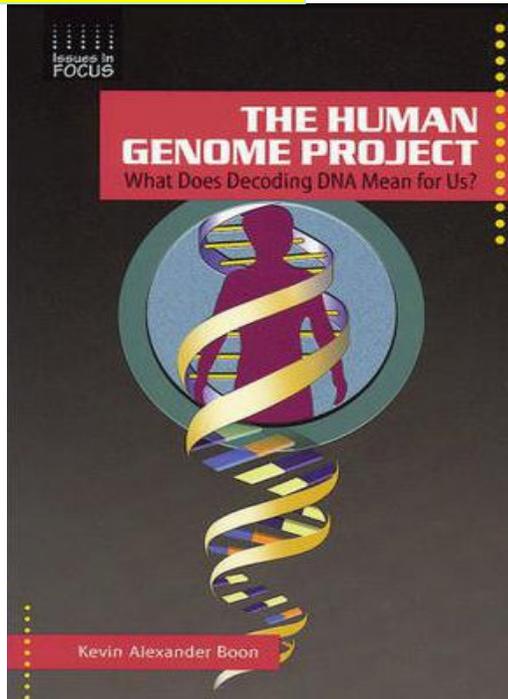


An equally dramatic trend show **neurodegenerative diseases** and in particular **Alzheimer's disease**

This graph portrays how many Americans over the age of 65 have Alzheimer's, and a projection of how many more will be diagnosed by 2050.

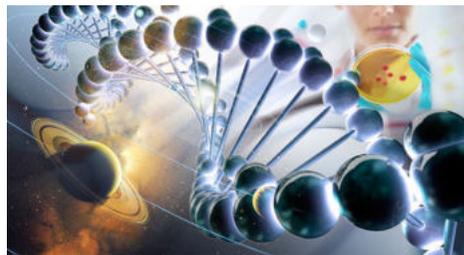
Since 2000 there has been a **66% increase in Alzheimer's diagnoses**.
6th leading cause of death in the United States.
5.4 million Americans are living with the disease.
15-20 million more Americans will be diagnosed by 2040

FOREWORD 2



La **BIO-MEDICINA OCCIDENTALE/DOMINANTE** ha creduto di poter affrontare questa immensa problematica utilizzando un modello semplice/semplificistico secondo il quale queste malattie sarebbero dovute a **errori del DNA ***: incidenti biologici **prodotti/indotti/rivelati** da stili di vita poco corretti.

- Uno degli obiettivi fondamentali di **PROGETTO GENOMA**, il più grande progetto di tutti i tempi in campo biomedico, era **SCOPRIRE QUESTI SUPPOSTI ERRORI/DIFETTI DEL DNA PREDISPONENTI O DIRETTAMENTE PATOGENETICI (A FINI DIAGNOSTICI E TERAPEUTICI...)**

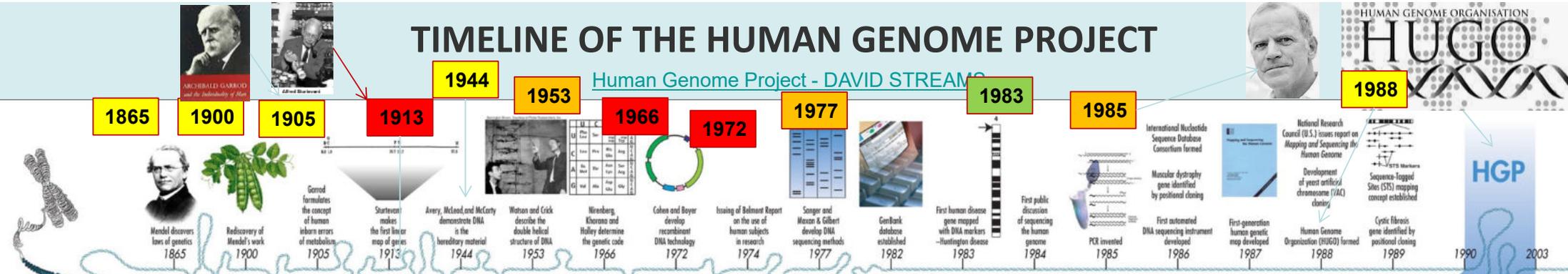
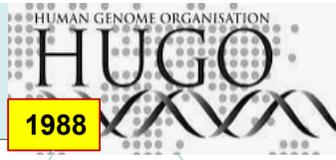


MA...IL DNA HA (SUL PIANETA TERRA) 4 MILIARDI DI ANNI: NON «SBAGLIA»



TIMELINE OF THE HUMAN GENOME PROJECT

Human Genome Project - DAVID STREAMS



1913 THE FIRST LINEAR MAP OF GENES

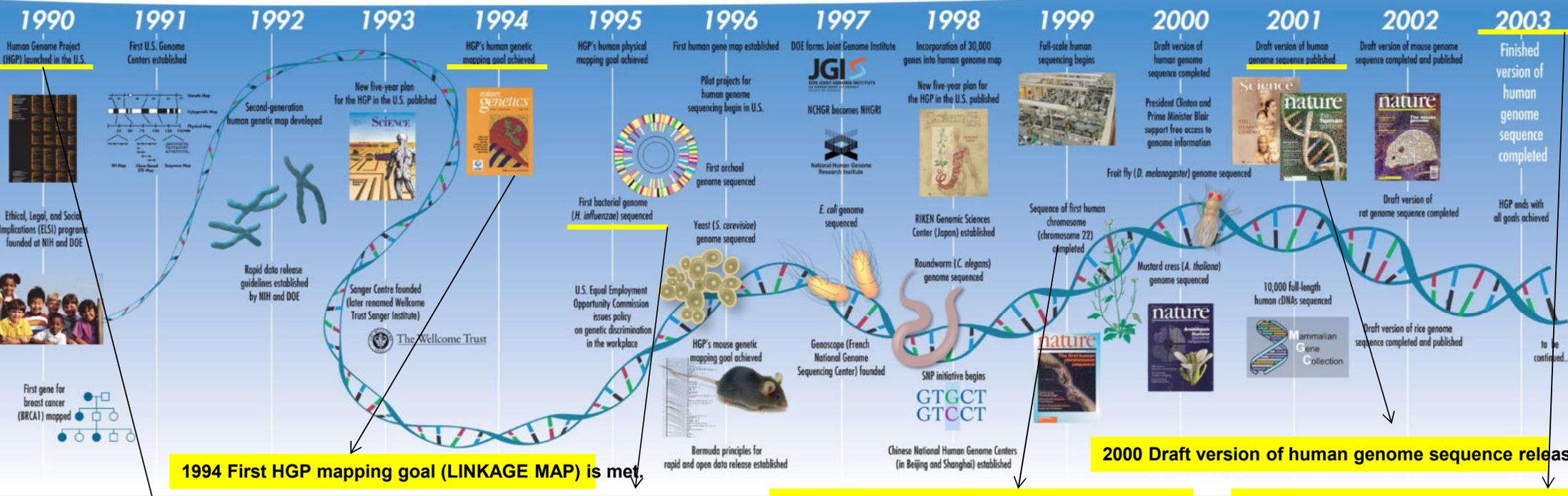
1966 Nirenberg Genetic Code

1972 Cohen - Boyer DNA Recombinant technology

1977 Sanger DNA sequencing

First disease-gene mapped HUNTINGTON DISEASE

1985 Mullis PCR



1990 HGP launched in the US

1995 First bacterial genome

1999 Complete sequence of human chromosome 22

2003 Human genome sequence complete

2000 Draft version of human genome sequence released

THE HUMAN GENOME - THE BLUEPRINT OF LIFE

The Human Genome project sequenced DNA, the molecules that make up chromosomes in cells. The information derived from this project presented scientists with a valuable opportunity to not only uncover the secrets of DNA but also the manner in which genes are associated with disease. Scientists now are able to compare the genomes of people who have a certain condition with those who do not, in order to determine whether genetic variation plays a role in that condition. This information will help them to predict and possibly prevent disease in the future.



1. Cell

Each of the trillions of cells in the human body contains 46 chromosomes packed tightly into the region called the nucleus.

2. Chromosomes

Half of the chromosomes in the nucleus come from your mother, and half from your father. Each chromosome is a long, tightly coiled molecule called DNA, or deoxyribonucleic acid.

3. DNA

If unwound, the DNA from all the chromosomes in a single cell placed end to end would stretch more than six feet.

4. Genome

DNA is made up of chemical building blocks abbreviated A, C, T, and G. The entire length of a DNA strand consists of these four blocks in different combinations. Together, all the DNA in all the chromosomes – more than 3 billion letters – makes up the human genome. When scientists say they have "sequenced" the human genome, they mean that they have figured out the order of all those A's, C's, T's, and G's in sequence.

G A C T C C T G A G G A G A A G
C T G A G G A C C C T C T T C

6. Misspellings in the Sequence

The way the genes are "spelled" makes all the difference - one letter out of place in a gene can cause disease. Now that we know the normal sequence of the human genome, researchers can compare the DNA sequence from people who have a disease or condition to those who don't. If there are differences in the spelling of certain genes between the two groups, it's possible that the condition may be caused by or related to that misspelling in that gene.

G A C T C C T G T G G A G A A G
C T G A G G A C A C C T C T T C

5. Genes: 30,000 DNA Segments

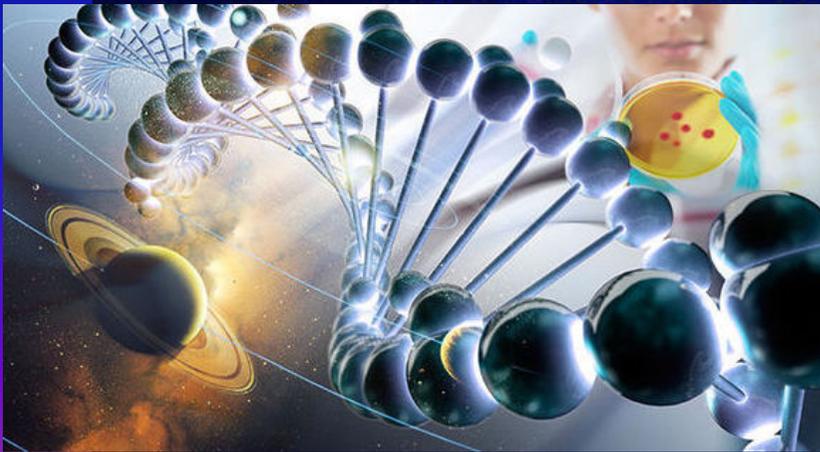
Much of the DNA in the genome is organized into units called genes. There may be as many as 30,000 genes in the genome; they are the instruction manual for making all the proteins in the body. These proteins are the physical "stuff" that makes up our hair, skin, heart, and blood, among other things. They also control chemical reactions, regulate blood sugar and heart rate, and control how food or medicine is metabolized in the body.

7. Genes and Disease

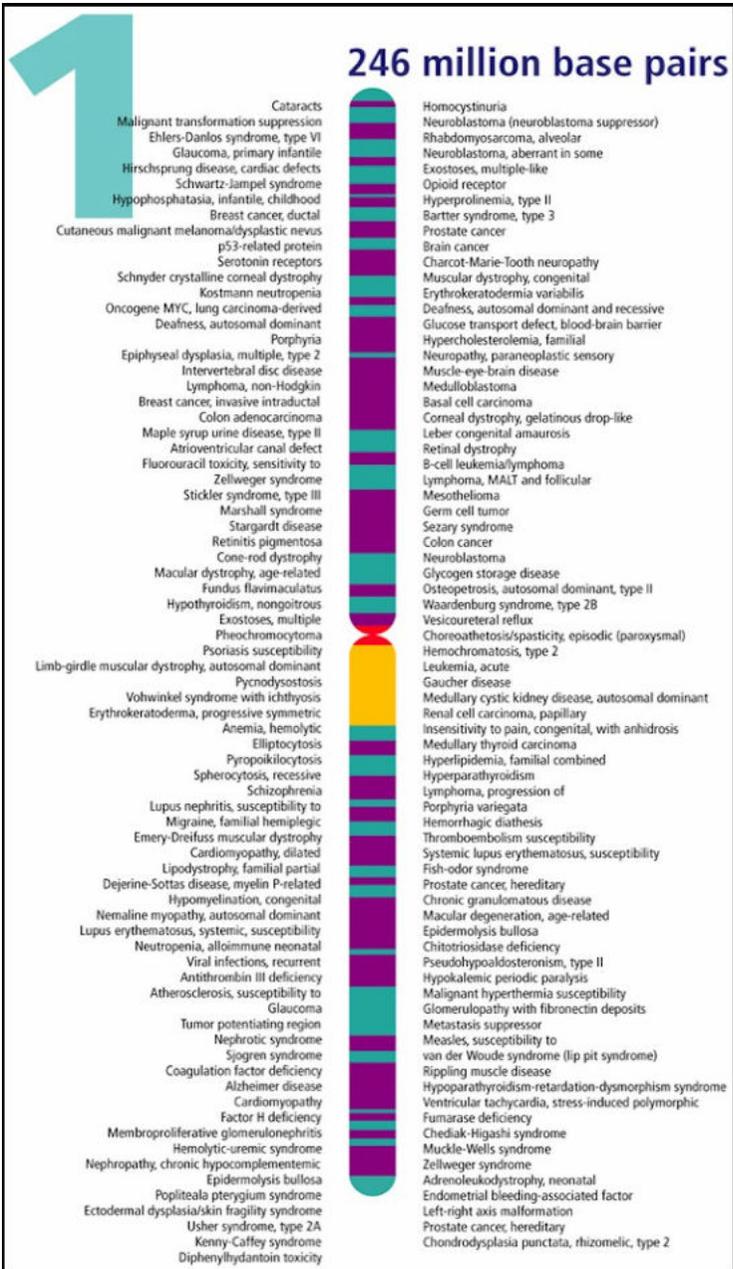
Scientists have identified about 6000 diseases, such as Huntington disease and cystic fibrosis, that are directly caused by misspellings or physical problems in single genes. But the genetic contribution to many common conditions – such as diabetes and heart disease – is part of a larger puzzle that could include diet, lifestyle, environment, and even other genes. For many of these common conditions, genetic misspellings probably make only a small contribution to disease relative to other factors, or work in concert with them to cause illness.



Ma....il **DNA** ha (sul pianeta Terra)
4 miliardi di anni: NON sbaglia....



HUMAN GENOME PROJECT

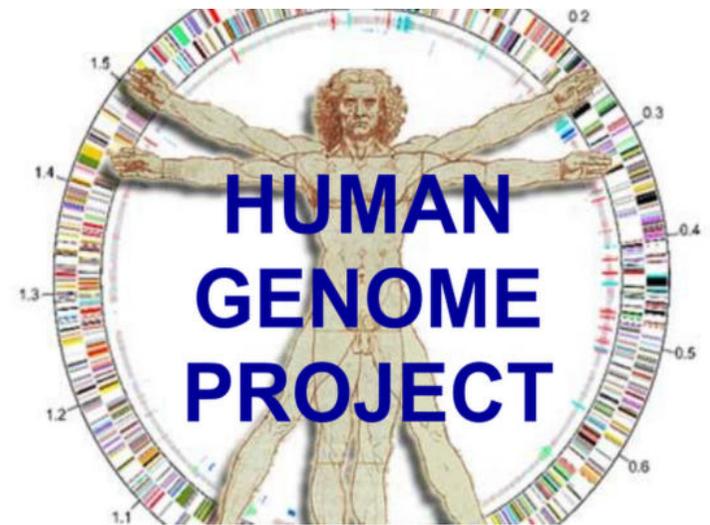


q-arm

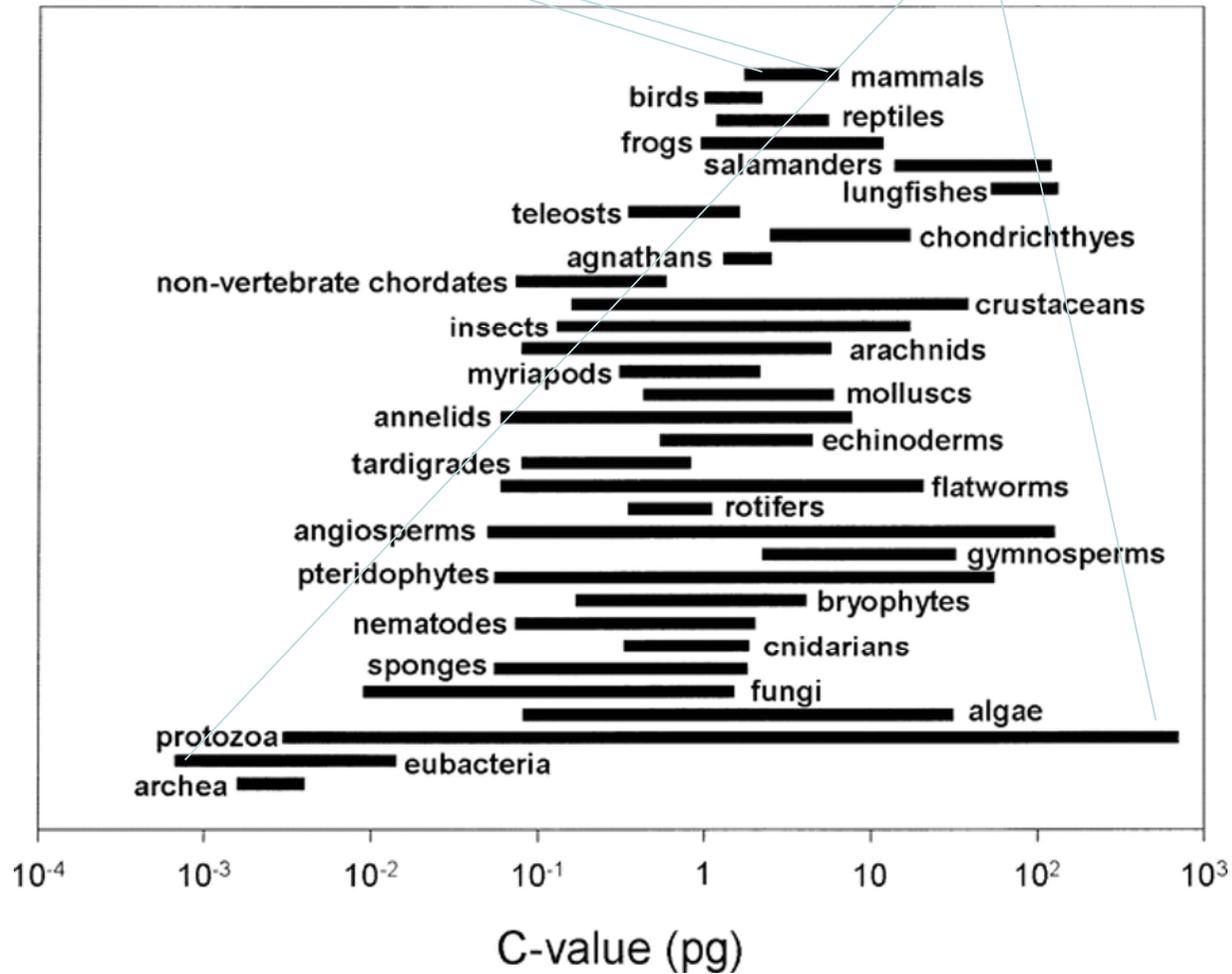
- ASPM**: a brain size determinant
- F5**: coagulation factor V (proaccelerin, labile factor)
- FMO3**: flavin containing monooxygenase 3
- GBA**: glucosidase, beta; acid (includes glucosylceramidase)
- GLC1A**: gene for [glaucoma](#)
- HFE2**: hemochromatosis type 2 (juvenile)
- HPC1**: gene for [prostate cancer](#)
- IRF8**: gene for [connective tissue](#) formation
- LMNA**: lamin A/C
- MPZ**: myelin protein zero (Charcot-Marie-Tooth neuropathy 1B)
- MTR**: 5-methyltetrahydrofolate-homocysteine methyltransferase
- PPOX**: protoporphyrinogen oxidase
- PSEN2**: presenilin 2 (Alzheimer disease 4)
- SDHB**: [succinate dehydrogenase](#) complex subunit B
- TNN2**: cardiac troponin T2
- USH2A**: [Usher syndrome](#) 2A (autosomal recessive, mild)

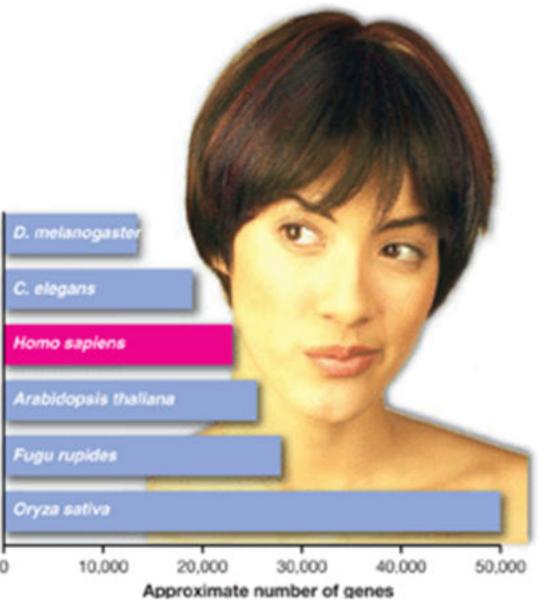
p-Arm

- ACADM**: acyl-Coenzyme A dehydrogenase, C-4 to C-12 straight chain
- **COL11A1**: collagen, type XI, alpha 1
- **CPT2**: carnitine palmitoyltransferase II
- **DBT**: dihydrolipoamide branched chain transacylase E2
- **DIRAS** family, GTP-binding RAS-like 3
- **espin** ([autosomal recessive deafness 36](#))
- **GALE**: UDP-galactose-4-epimerase
- **GJB3**: [gap junction protein, beta 3, 31kDa \(connexin 31\)](#)
- **3-hydroxymethyl-3-methylglutaryl-Coenzyme A lyase** ([hydroxymethylglutaricaciduria](#))
- **KCNQ4**: [potassium voltage-gated channel, KQT-like subfamily, member 4](#)
- **KIF1B**: [kinesin family member 1B](#)
- **MFN2**: [mitofusin 2](#)
- **MTHFR**: 5,10-methylenetetrahydrofolate reductase (NADPH)
- **MUTYH**: [mutY homolog \(E. coli\)](#)
- **NGF**: [Nerve Growth Factor](#)
- **PARK7**: [Parkinson disease \(autosomal recessive, early onset\) 7](#)
- **PINK1**: [PTEN induced putative kinase 1](#)
- **PLOD1**: [procollagen-lysine 1, 2-oxoglutarate 5-dioxygenase 1](#)
- **TSHB**: [thyroid stimulating hormone, beta](#)
- **UROD**: [uroporphyrinogen decarboxylase](#) (the gene for [porphyria cutanea tarda](#))

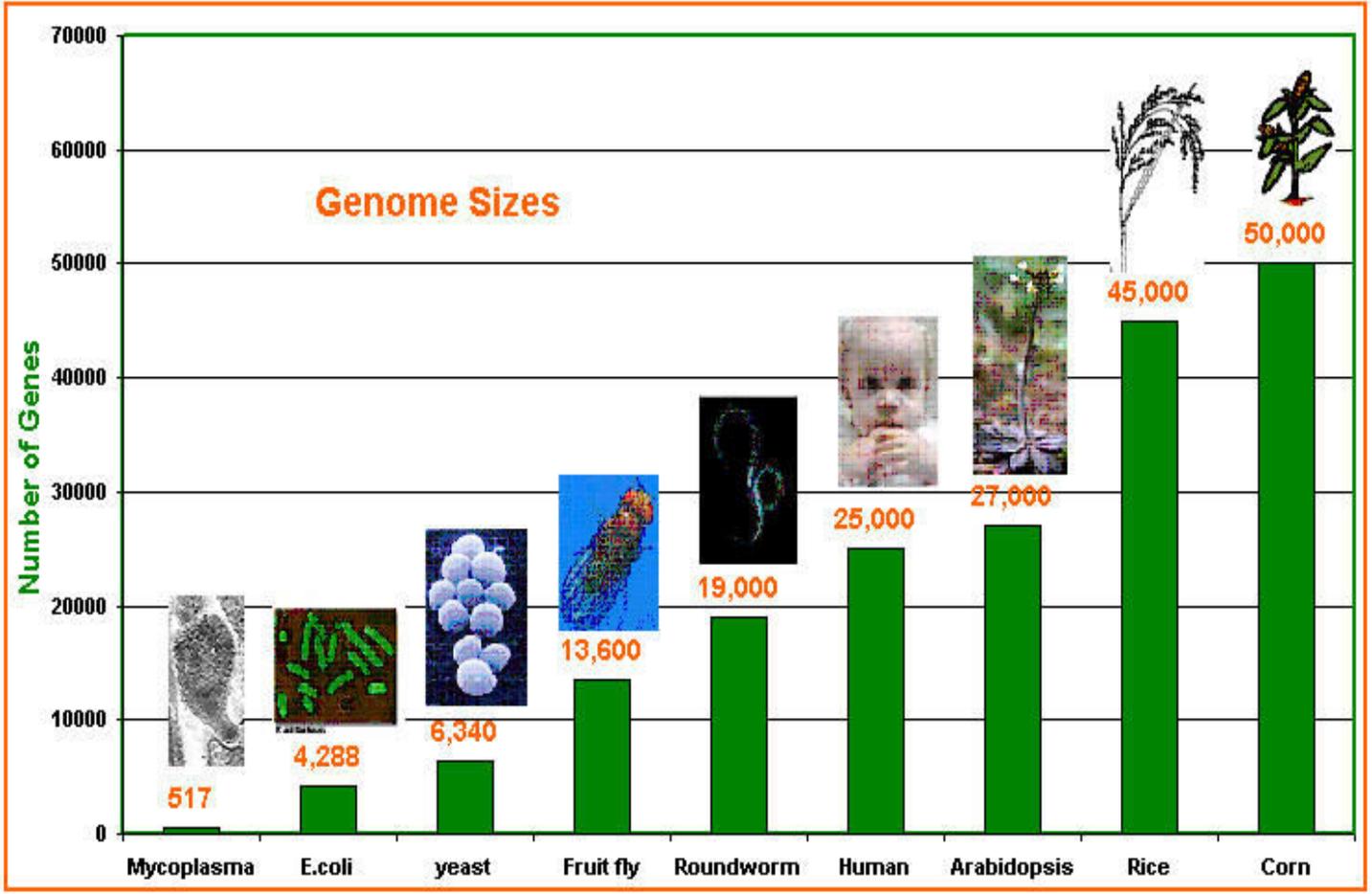


The **C-value enigma or C-value paradox** is a term used to describe **the complex puzzle surrounding the extensive variation in nuclear genome size among eukaryotic species**. At the center of the C-value enigma is the observation that **genome size does not correlate with organismal complexity**; for example, some single-celled **protists** have genomes **much larger than that of humans**.





Prior to the human genome sequence, the expected gene number most commonly cited was 100,000, even though lower estimates were becoming increasingly common ... **As a result, the finding of 20,000-25,000 genes in the human genome** has inspired extensive commentary. Some authors even characterized this **as a new “G-value paradox” or “N-value paradox”**, in reference to the “C-value paradox”



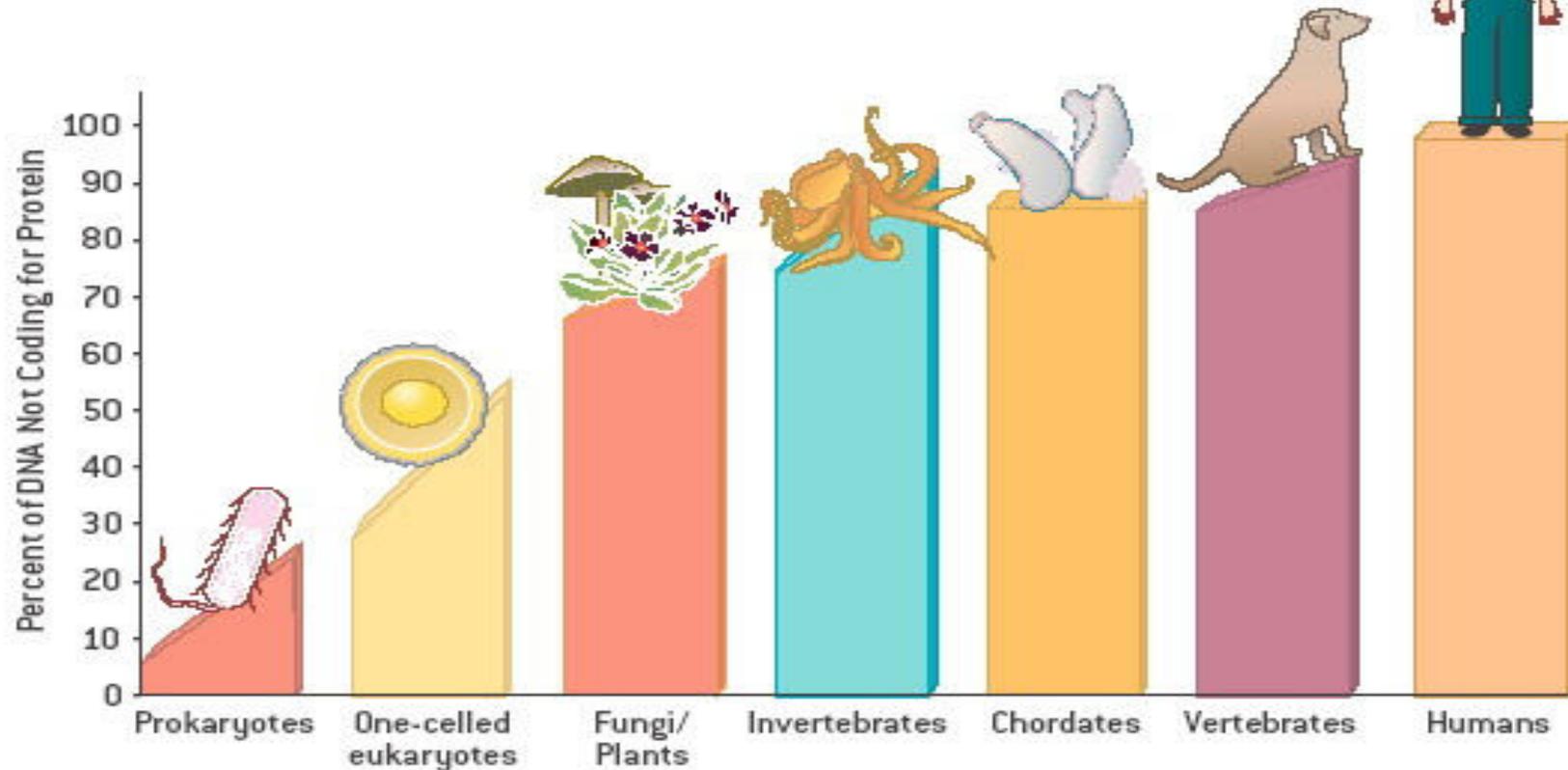
Percentage of *non-coding DNA* during evolution

... AS EUKARYOTIC **COMPLEXITY** GROWS SO DOES **NON-CODING DNA**

→ GREATER THAN **95%** OF our DNA

→ LESS THAN **1.5%** OF HUMAN GENOME ENCODES PROTEINS, **BUT ALL DNA IS TRANSCRIBED**

40% OF HUMAN GENOME IS **TRANSPOSONS & REPEAT GENETIC ELEMENTS**.



NONPROTEIN-CODING SEQUENCES make up only a small fraction of the DNA of prokaryotes. Among eukaryotes, as their complexity increases, generally so, too, does the proportion of their DNA that does not code for protein. The noncoding sequences have been considered junk, but perhaps it actually helps to explain organisms' complexity.

FOREWORD 3

The chimpanzee DNA is for 98.77% identical to the human .
On average, a gene encoding a protein in a man differs from its chimpanzee ortholog by only two aa substitutions

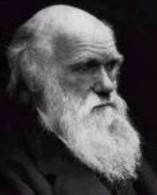
.. almost one third of human genes has exactly the same protein translation as their orthologs in chimpanzee



We are quite stable (for millions of years) both genetically and phenotypically

Species phylogeny

Evo



From the Tree of the Life Website, University of Arizona

Orangutan

Gorilla

Chimpanzee

Human



EPIGENETICS > GENETICS

Sanger Institute

FOREWORD 4

Nothing in Biology Makes Sense Except in the Light of Evolution

THEODOSIUS DOBZHANSKY

AS RECENTLY AS 1966, sheik Abd el Aziz bin Baz asked the king of Saudi Arabia to suppress a heresy that was spreading in his land. Wrote the sheik:

"The Holy Koran, the Prophet's teachings, the majority of Islamic scientists, and the actual facts all prove that the sun is running in its orbit . . . and that the earth is fixed and stable, spread out by God for his mankind. . . . Anyone who professed otherwise would utter a charge of falsehood toward God, the Koran, and the Prophet."

The good sheik evidently holds the Copernican theory to be a "mere theory," not a "fact." In this he is technically correct. A theory can be verified by a mass of facts, but it becomes a proven theory, not a fact. The sheik was perhaps unaware that the Space Age had begun before he asked the king to suppress the Copernican heresy. The sphericity of the earth had been seen by astronauts, and even by many earth-bound people on their television screens. Perhaps the sheik could retort that those who venture beyond the confines of God's earth suffer hallucinations, and that the earth is really flat.

Paris of the Copernican world model, such as the



One of the world's leading geneticists, Theodosius Dobzhansky is professor emeritus, Rockefeller University, and adjunct professor of genetics, University of California, Davis 95616. Born in Russia, in 1900, he is a graduate of the University of Kiev and taught (with J. Philipechenko) at the University of Leningrad before coming to the U.S. in 1927; thereafter he taught at Columbia University and the California Institute of Technology before joining the Rockefeller faculty, in 1932. He has been president of the Genetics Society of America, the American Society of Naturalists, the Society for the Study of Evolution, the American Society of Zoologists, and the American Teilhard de Chardin Association. Among his many honors are the National Medal of Science (1964) and the Gold Medal Award for Distinguished Achievement in Science (1969). He holds 16 honorary doctorates from universities in this country and abroad. Among his well-known books are *The Biological Basis of Human Freedom* (1966) and *Mankind Evolving* (1962). The present paper was presented at the 1972 NABT convention.

contention that the earth rotates around the sun, and not vice versa, have not been verified by direct observations even to the extent the sphericity of the earth has been. Yet scientists accept the model as an accurate representation of reality. Why? Because it makes sense of a multitude of facts which are otherwise meaningless or extravagant. To nonspecialists most of these facts are unfamiliar. Why then do we accept the "mere theory" that the earth is a sphere revolving around a spherical sun? Are we simply submitting to authority? Not quite: we know that those who took time to study the evidence found it convincing.

The good sheik is probably ignorant of the evidence. Even more likely, he is so hopelessly biased that no amount of evidence would impress him. Anyway, it would be sheer waste of time to attempt to convince him. The Koran and the Bible do not contradict Copernicus, nor does Copernicus contradict them. It is ludicrous to mistake the Bible and the Koran for primers of natural science. They treat of matters even more important: the meaning of man and his relations to God. They are written in poetic symbols that were understandable to people of the age when they were written, as well as to peoples of all other ages. The king of Arabia did not comply with the sheik's demand. He knew that some people fear enlightenment, because enlightenment threatens their vested interests. Education is not to be used to promote obscurantism.

The earth is not the geometric center of the universe, although it may be its spiritual center. It is a mere speck of dust in cosmic spaces. Contrary to Bishop Ussher's calculations, the world did not appear in approximately its present state in 4004 a.c. The estimates of the age of the universe given by modern cosmologists are still only rough approximations, which are revised (usually upward) as the methods of estimation are refined. Some cosmologists take the universe to be about 10 billion years old; others suppose that it may have existed, and will continue to exist, eternally. The origin of life on earth is dated tentatively between 3 and 5 billion years ago; manlike beings appeared relatively quite recently, between 2 and 4 million years ago. The estimates of the age of the earth, of the duration of the geologic and paleontologic eras, and of the antiquity of man's ancestors are now based mainly on radiometric evidence—the proportions of isotopes of certain chemical elements in rocks suitable for such studies.

1 Diversity of Living Beings

The diversity and the unity of life are equally striking and meaningful aspects of the living world.

2 Unity of Life

The unity of life is no less remarkable than its diversity. Most forms of life are similar in many respects. The universal biologic similarities are particularly striking in the biochemical dimension. From viruses to man, heredity is coded in just two, chemically related substances: DNA and RNA. The genetic code is as simple as it is universal. There are

Minimal mutational distances between human cytochrome C and the cytochrome C of other living beings are as follows:

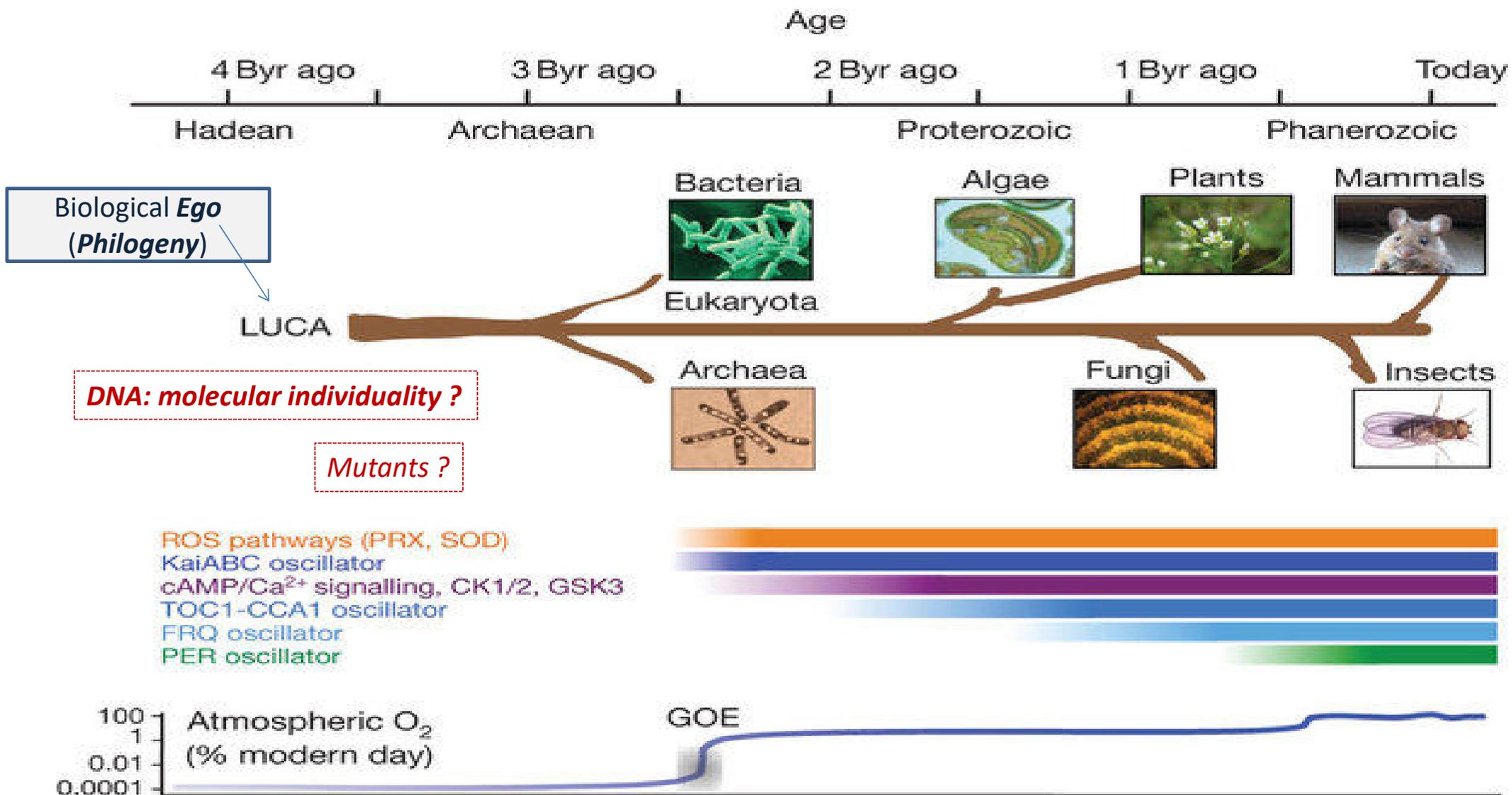
Monkey	1	Chicken	18
Dog	13	Penguin	18
Horse	17	Turtle	19
Donkey	16	Rattlesnake	20
Pig	13	Fish (tuna)	31
Rabbit	12	Fly	33
Kangaroo	12	Moth	36
Duck	17	Mold	63
Pigeon	16	Yeast	56

3 Comparative Anatomy and Embryology

The biochemical universals are the most impressive and the most recently discovered, but certainly they are not the only vestiges of creation by means of evolution. Comparative anatomy and embryology proclaim the evolutionary origins of the present inhabitants of the world. In 1555 Pierre Belon established the presence of homologous bones in the superficially very different skeletons of man and bird.

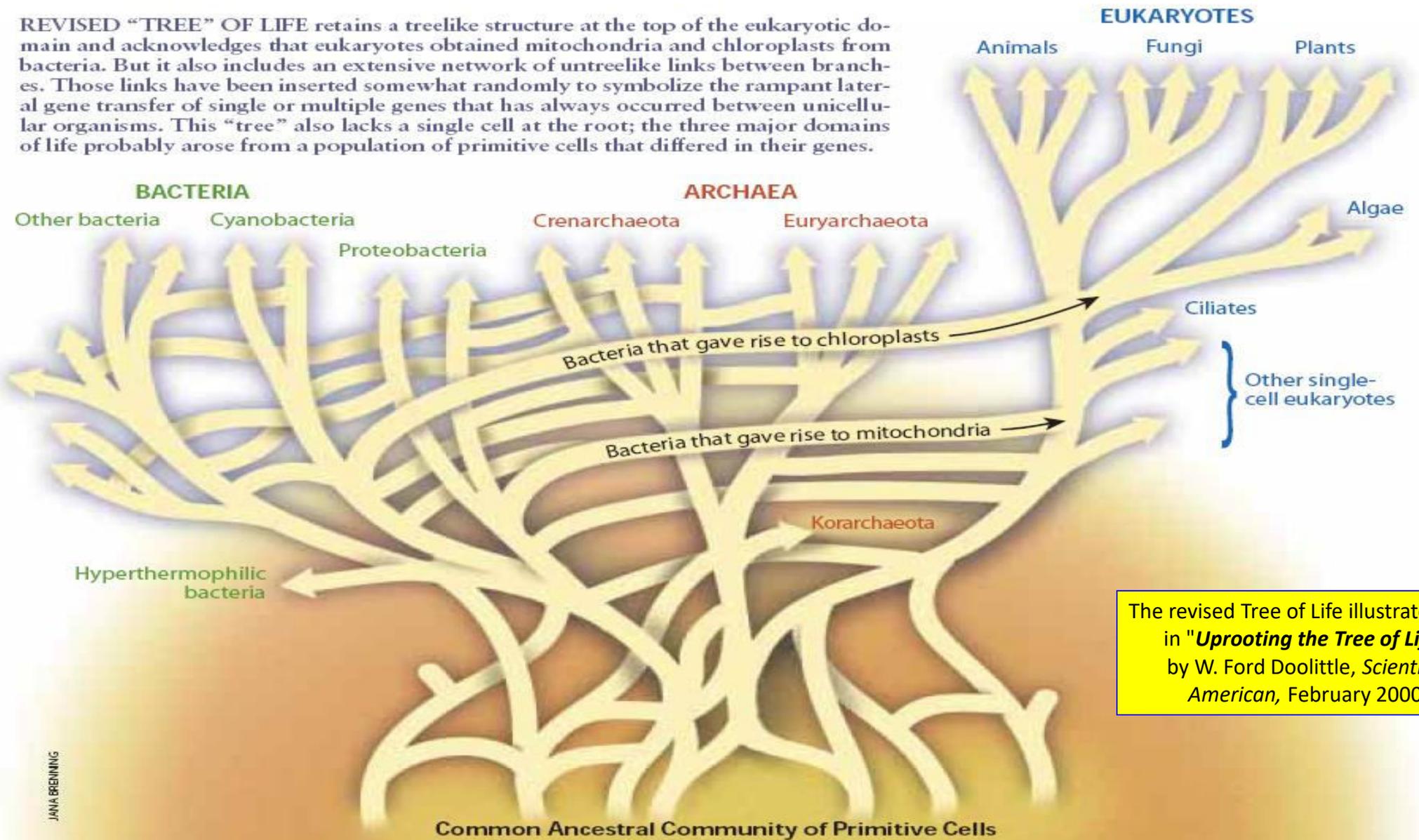
Strength and Acceptance of the Theory

Seen in the light of evolution, biology is, perhaps, intellectually the most satisfying and inspiring science. Without that light it becomes a pile of sundry facts—some of them interesting or curious but making no meaningful picture as a whole.

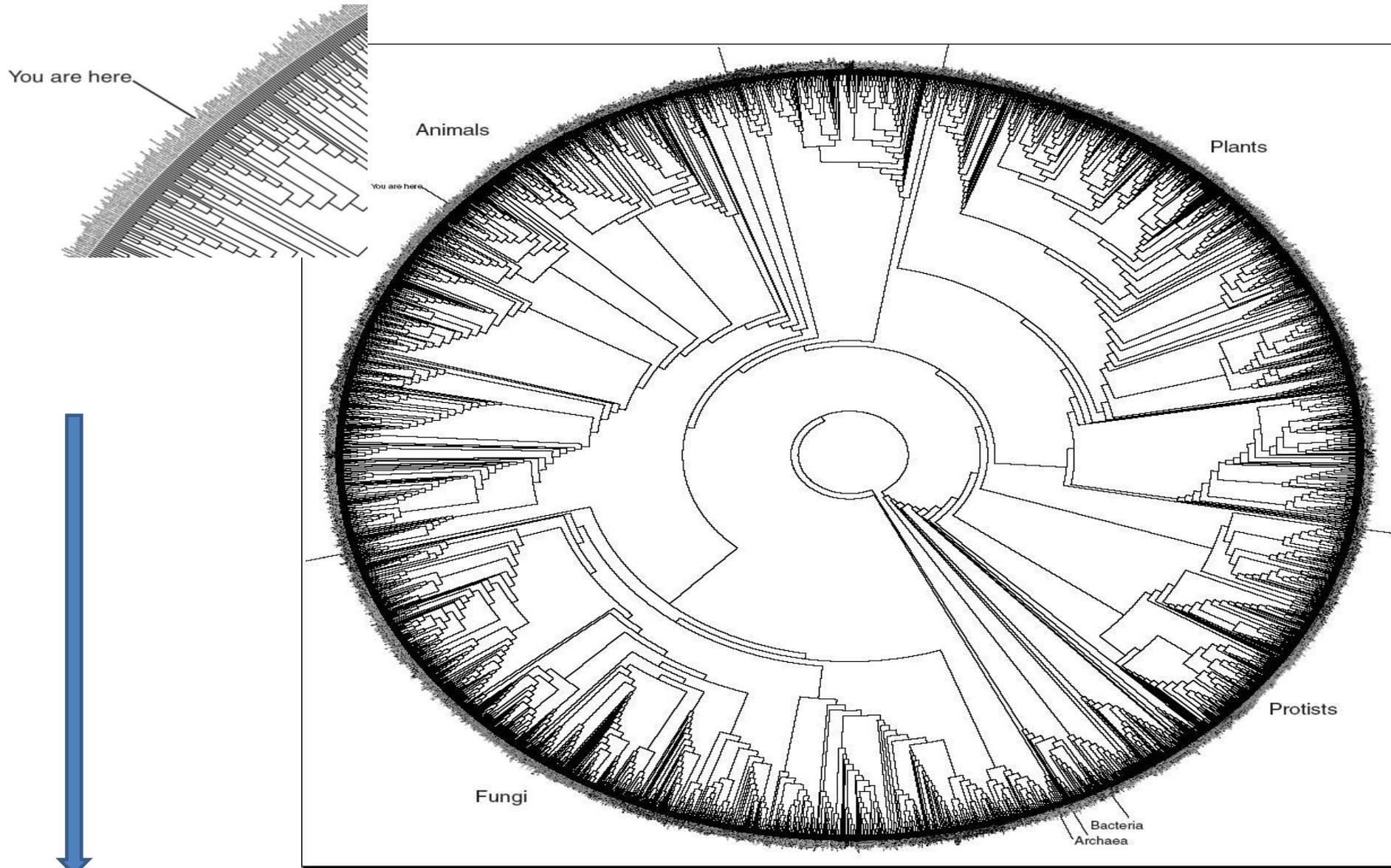


Last Universal Common (Cellular) Ancestor (LUCA)

REVISED "TREE" OF LIFE retains a treelike structure at the top of the eukaryotic domain and acknowledges that eukaryotes obtained mitochondria and chloroplasts from bacteria. But it also includes an extensive network of untreetlike links between branches. Those links have been inserted somewhat randomly to symbolize the rampant lateral gene transfer of single or multiple genes that has always occurred between unicellular organisms. This "tree" also lacks a single cell at the root; the three major domains of life probably arose from a population of primitive cells that differed in their genes.

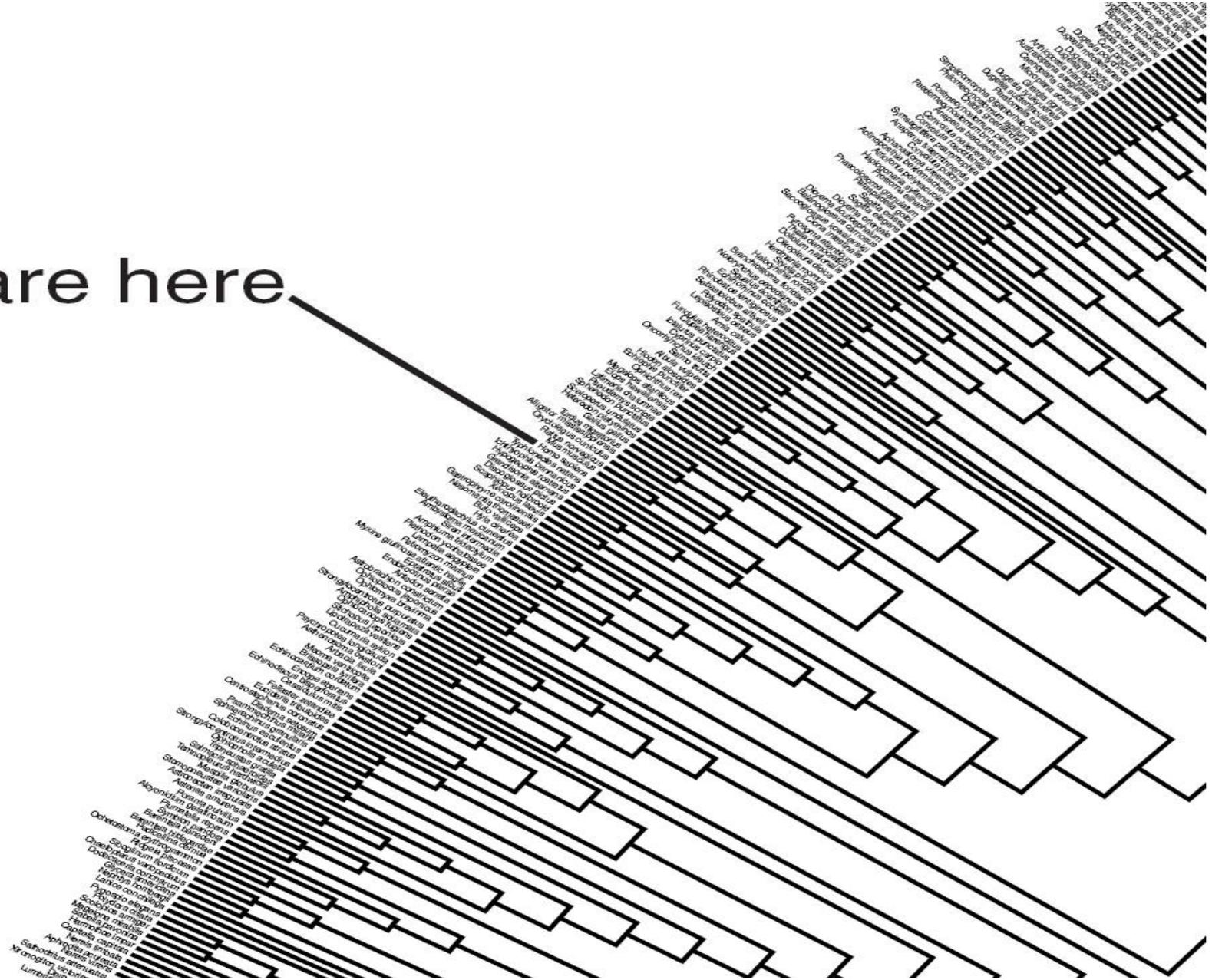


The revised Tree of Life illustrated in "*Uprooting the Tree of Life*" by W. Ford Doolittle, *Scientific American*, February 2000



David Hillis TREE

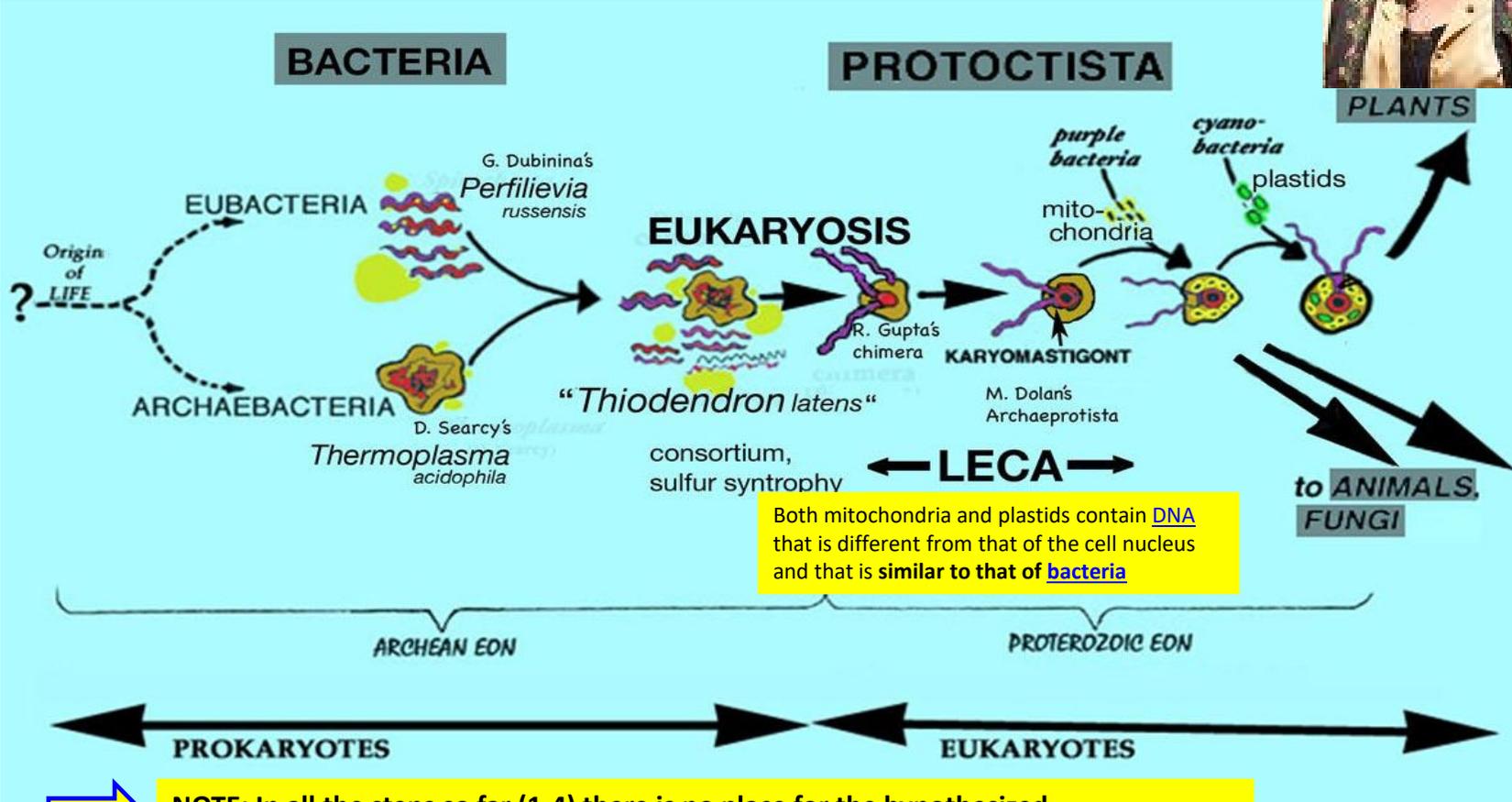
You are here



David Hillis TREE

The incorporation of microbial symbionts, and the progressive formation of eukaryotic cells .. and then the formation of multicellular organisms, etc.

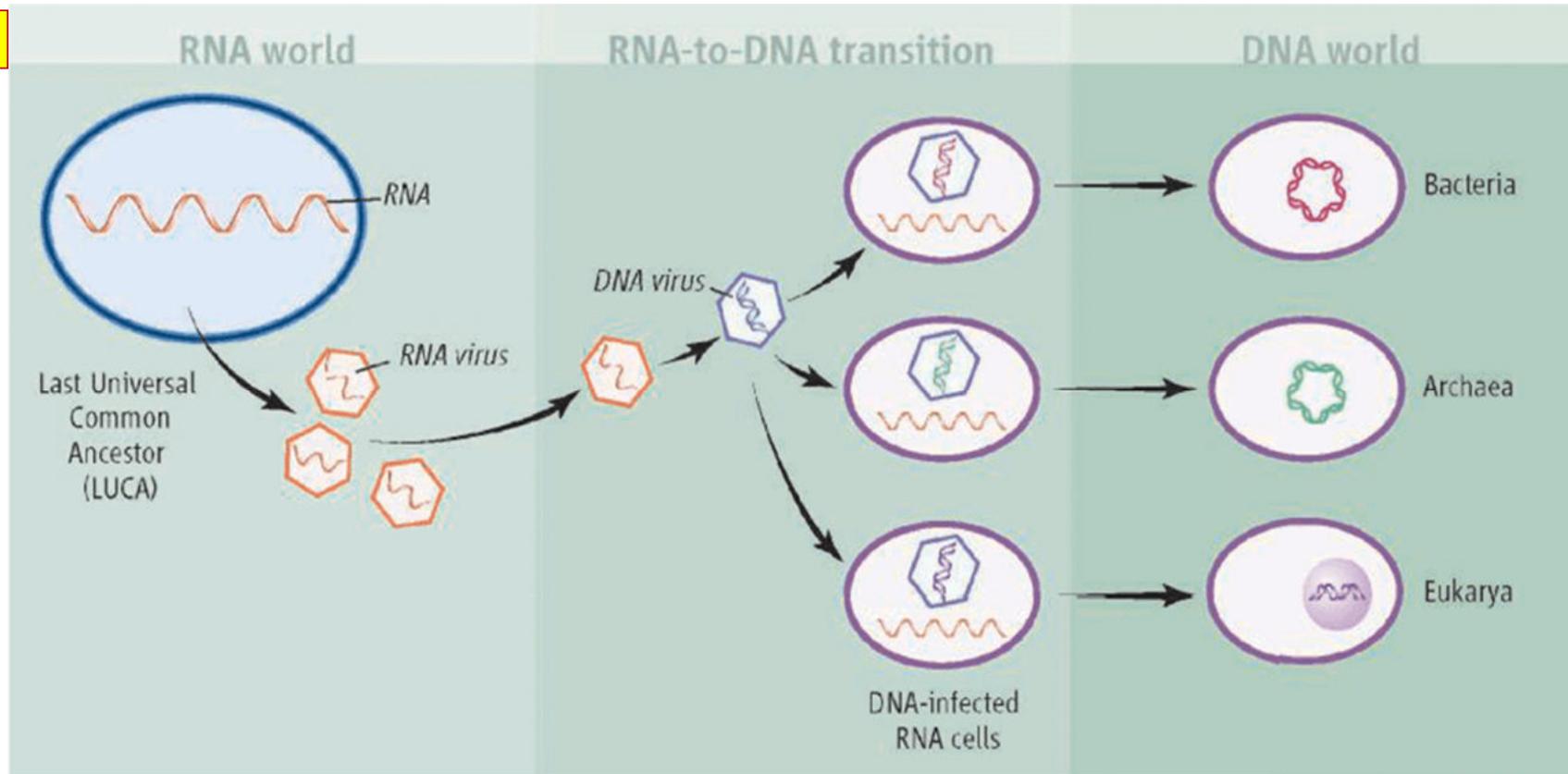
The [endosymbiotic theory](#) was first articulated by the Russian botanist Konstantin Mereschkowski in 1905 and substantiated with microbiological evidence by [Lynn Margulis](#) in 1967.. According to Margulis and Dorion Sagan "[Life did not take over the globe by combat, but by networking](#)" (i.e., by [cooperation](#)).



Both mitochondria and plastids contain [DNA](#) that is different from that of the cell nucleus and that is [similar to that of bacteria](#)

NOTE: In all the steps so far (1-4) there is no place for the hypothesized stochastic genetic mutations as a key driver of the process

And *Viruses*?



Forterre proposes that **all living organisms share a common ancestor that stored its genetic information in RNA. Some of its genes evolved into viruses.**

Later, **some of those viruses evolved DNA as a way to defend their genes from attack, and DNA-based viruses became incorporated into hosts.**

Host genes were then transferred onto viral chromosomes and shared. In the process, the three major domains of DNA-based life emerged

Did DNA Come From Viruses? *SCIENCE* 12 May 2006: vol. 312 no. 5775 870-872

Can Viruses Make Us Human?¹

LUIS P. VILLARREAL

Director, Center for Virus Research
University of California at Irvine

A hugely underrated role is played by the **(retro)viruses** and by HGT (horizontal transfer) of mobile sequences: in particular in higher organisms major acquisitions and transformations are produced by gene insertions ..

THIS QUESTION WILL SEEM preposterous to most. Viruses are molecular genetic parasites and are mostly recognized for their ability to induce disease in their host. Their effect on host evolution has long been thought to be like that of a predator on its prey, eliminating the host with weakened defenses. How can we propose any constructive role for viruses? Many viruses, however, can infect their host in a stable and persisting manner, generally with no disease, often for the life of the host. Such viruses can bring to bear onto their host the viral seeds of genetic creation. For such persisting viruses to successfully colonize their host, they must superimpose a complex viral molecular genetic identity onto their host.

A *key-example*: the placenta. Syncytiotrophoblast being the product of a protein encoded by a retrovirus... mammals are the "product" of the insertion of retroviruses' in genomes of previous organisms...



« Hotwiring the Human Genome: The Programming Language of Life | Main | MIT Scientists Mimic Plants' Energy Storage System -Discovery to Unleash Solar Revolution »

August 01, 2008

Were Ancient Viruses a Key to Human Evolution?

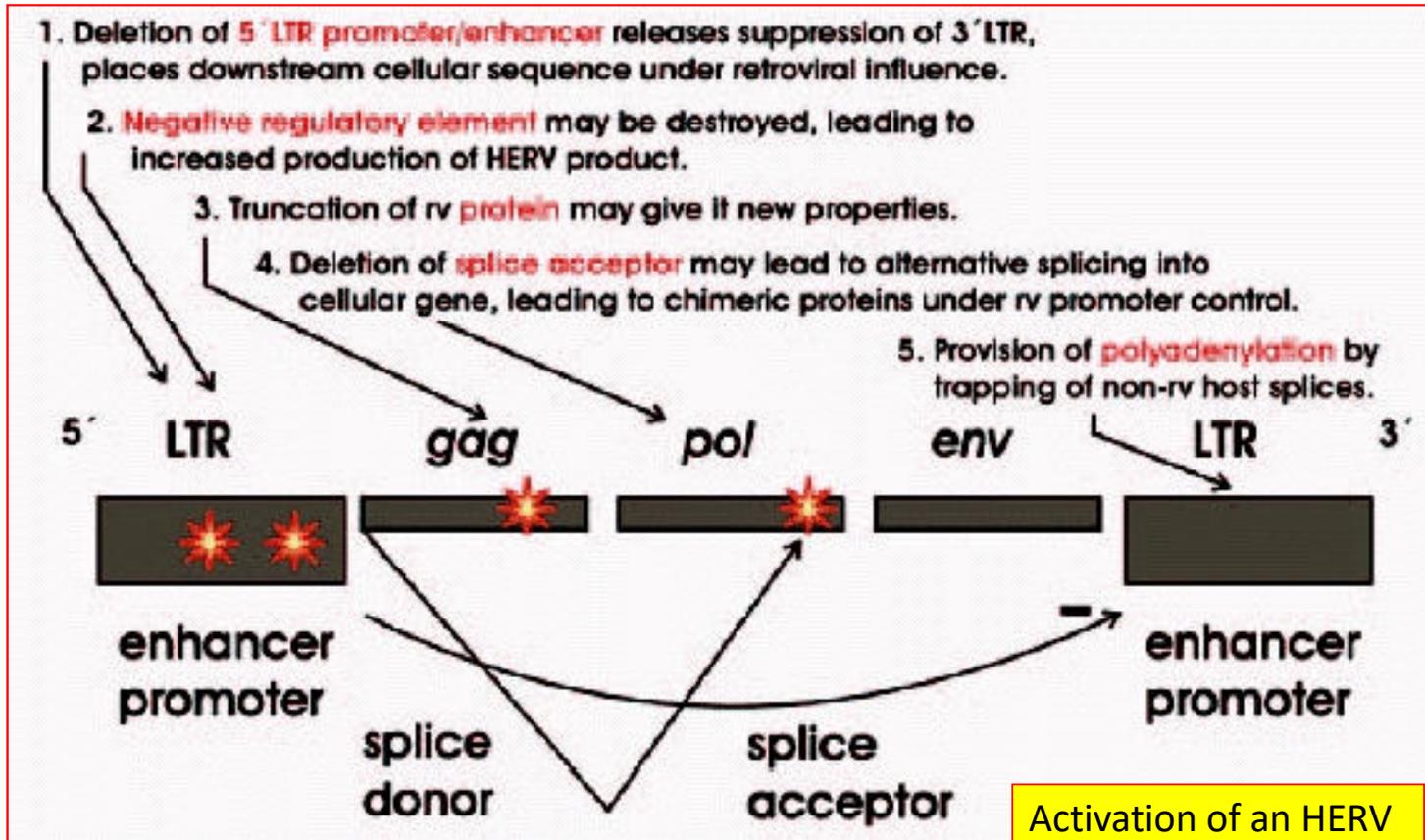


When the mapping of the human genome was completed in 2003, researchers discovered a shocking fact: our bodies are littered with the shards of retroviruses, fragments of the chemical code from which all genetic material is made. This discovery has created a new discipline, paleovirology, which seeks to better understand the impact of modern diseases by studying the genetic history of ancient viruses.





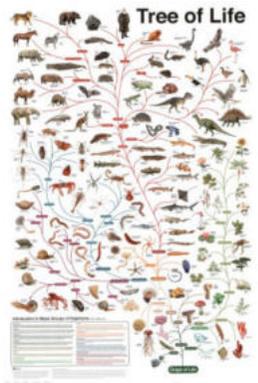
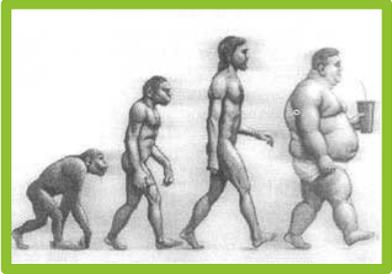
... playing a **reactive-adaptive role.. processing / engineering** the entire genome (→ Shapiro's *Natural Genetic Engineering*)



Activation of an HERV through mutation

Retroviruses are our more intimate symbionts

FOREWORD 5



Phylogeny

of 4 billion years of molecular coevolution * (in particular, our DNA is the product of this long journey) ..



Mismatch

Ontogeny

And of 9 months of an individual development

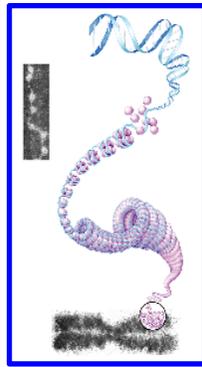
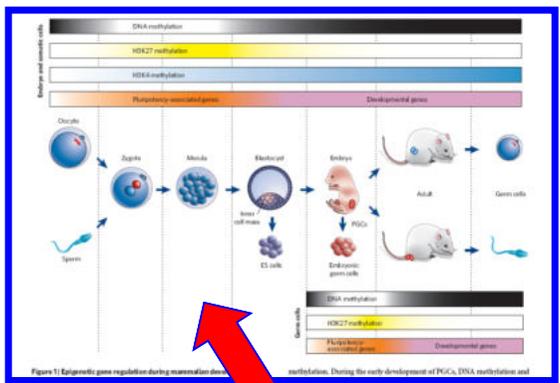
We should never forget that **we are at the same time the product**



our epigenome being the product of nine months of **cellular and tissue programming** (adaptive to an environment that is rapidly changing)..

Devo-Evo

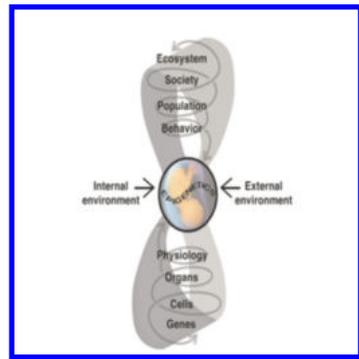
Ontogeny recapitulates (anticipates) Phylogeny



A major risk: the EDCs and other xenobiotics (not being the product of molecular coevolution) can interfere at this level, acting as pseudo-morphogens

The 7 keywords: from genetics to epigenetics

3



Fetal programming

2

Environment

The **environment** should be considered as a **continuous flow of information** coming from outside and reaching the epigenome, **causing it to activate and to continuously change its molecular three-dimensional structure (Chromatin)**

1

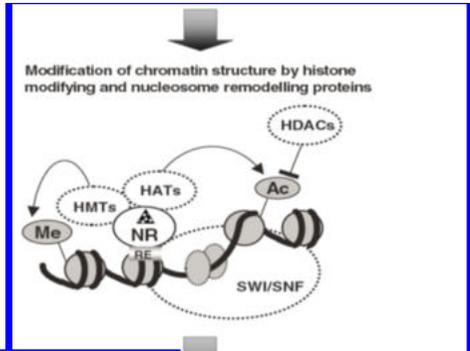
From Genetics to Epigenetics



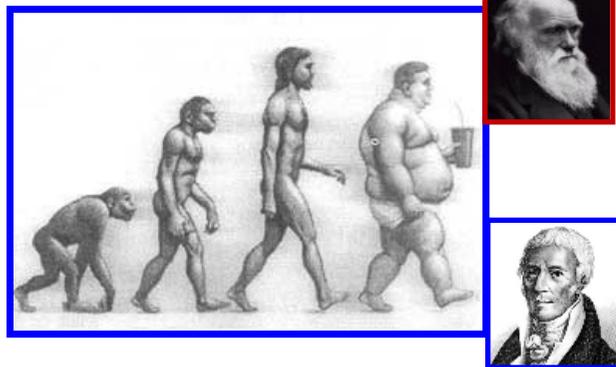
4

Ontogeny*

Developmental Plasticity



Devo → Evo



According to the **Lamarckian paradigm**, the **environment not only selects, but also actively induces** the main changes that shape the evolution of living beings ..

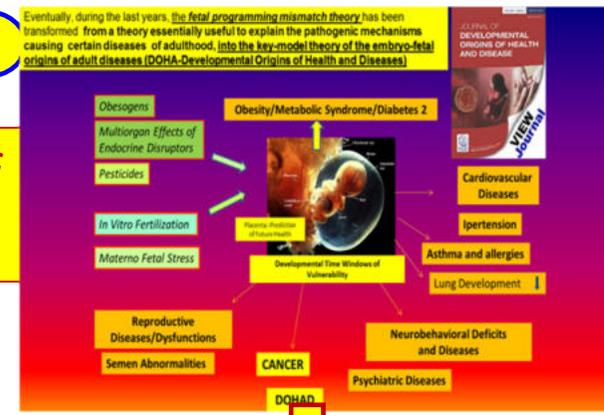
5

Phylogeny*

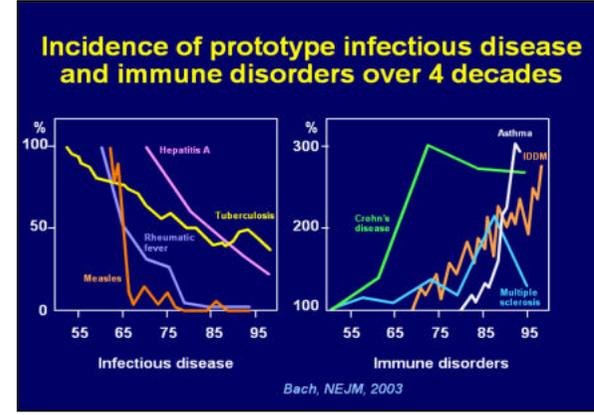
Evolutionary Medicine

6

Epi-genetic Mismatch DOHA



7

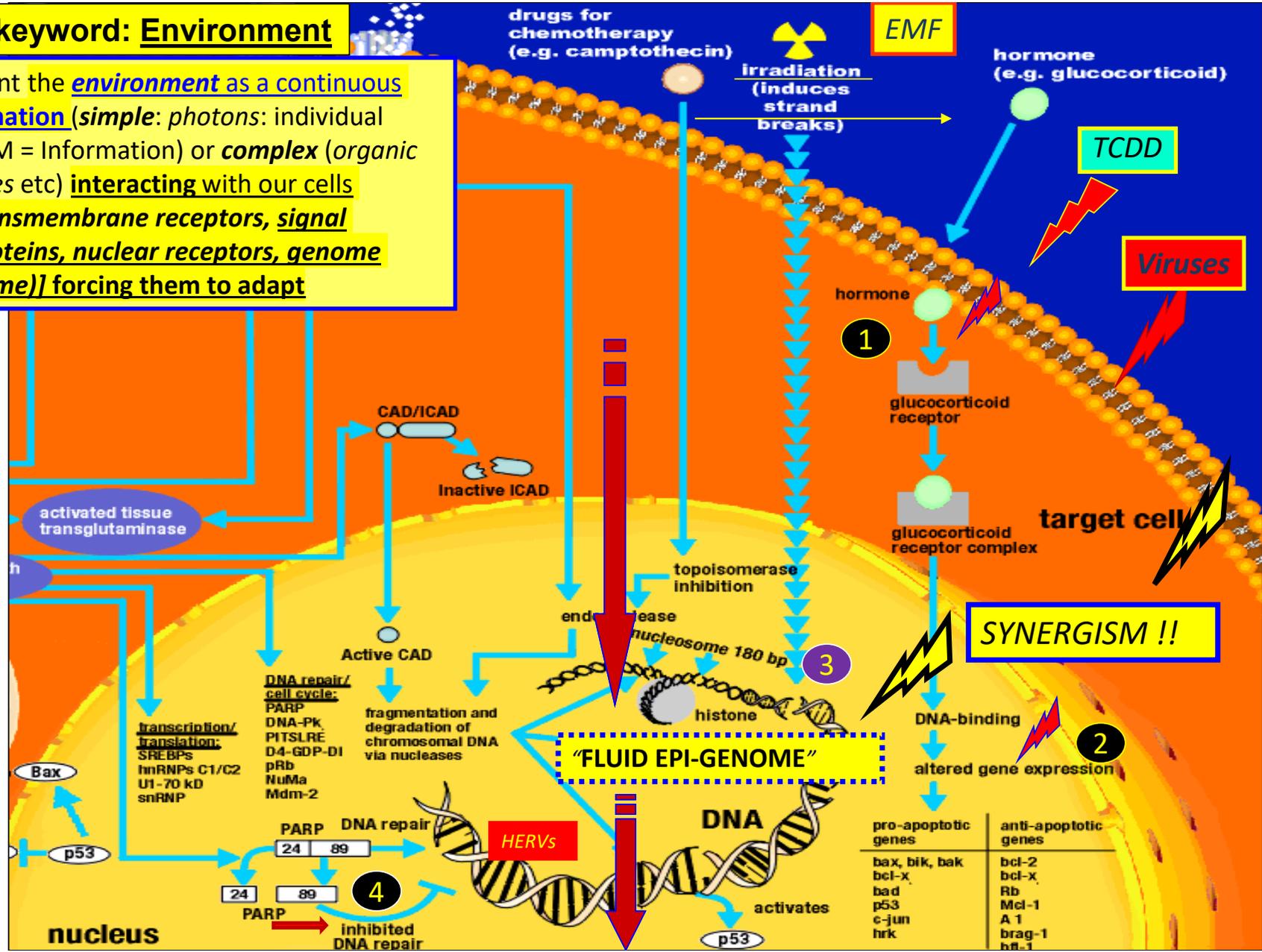


XXI Century Epidemiological Transition

Towards a paradigm shift in biomedicine. Environmental interference with the human (epi)genome

The second keyword: Environment

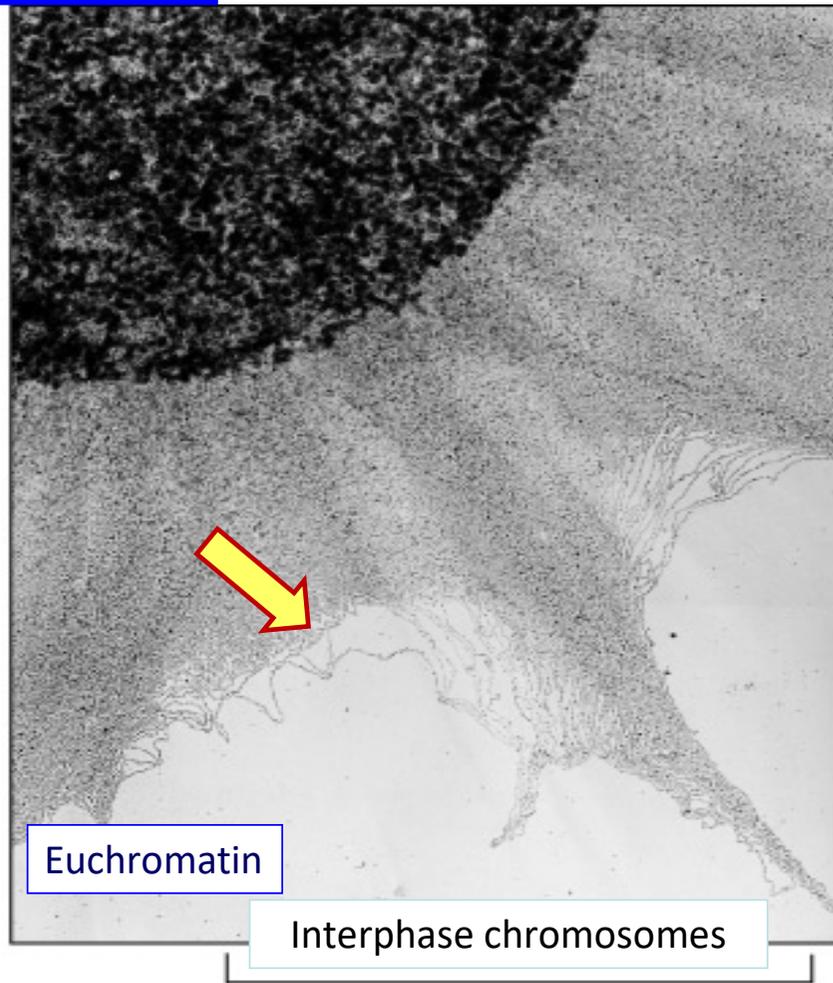
We may represent the environment as a continuous stream of information (simple: photons: individual packages of E = M = Information) or complex (organic molecules, viruses etc) interacting with our cells [membrane / transmembrane receptors, signal transduction proteins, nuclear receptors, genome (DNA + Epigenome)] forcing them to adapt



The first keyword: **Epigenetics**

Heterochromatin

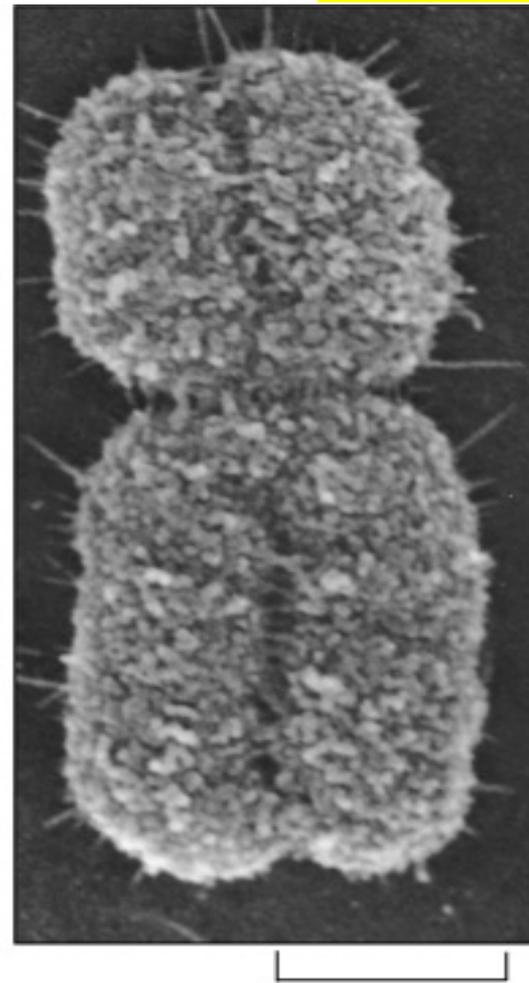
Epigenetics appears to be the most appropriate and **powerful tool to build up a new systemic model of genome ..**



(A)

10 μm

Mitotic chromosome



(B)

1 μm

.. finally understood as a **dynamic and fluid molecular network** which can interact within itself and with the outside

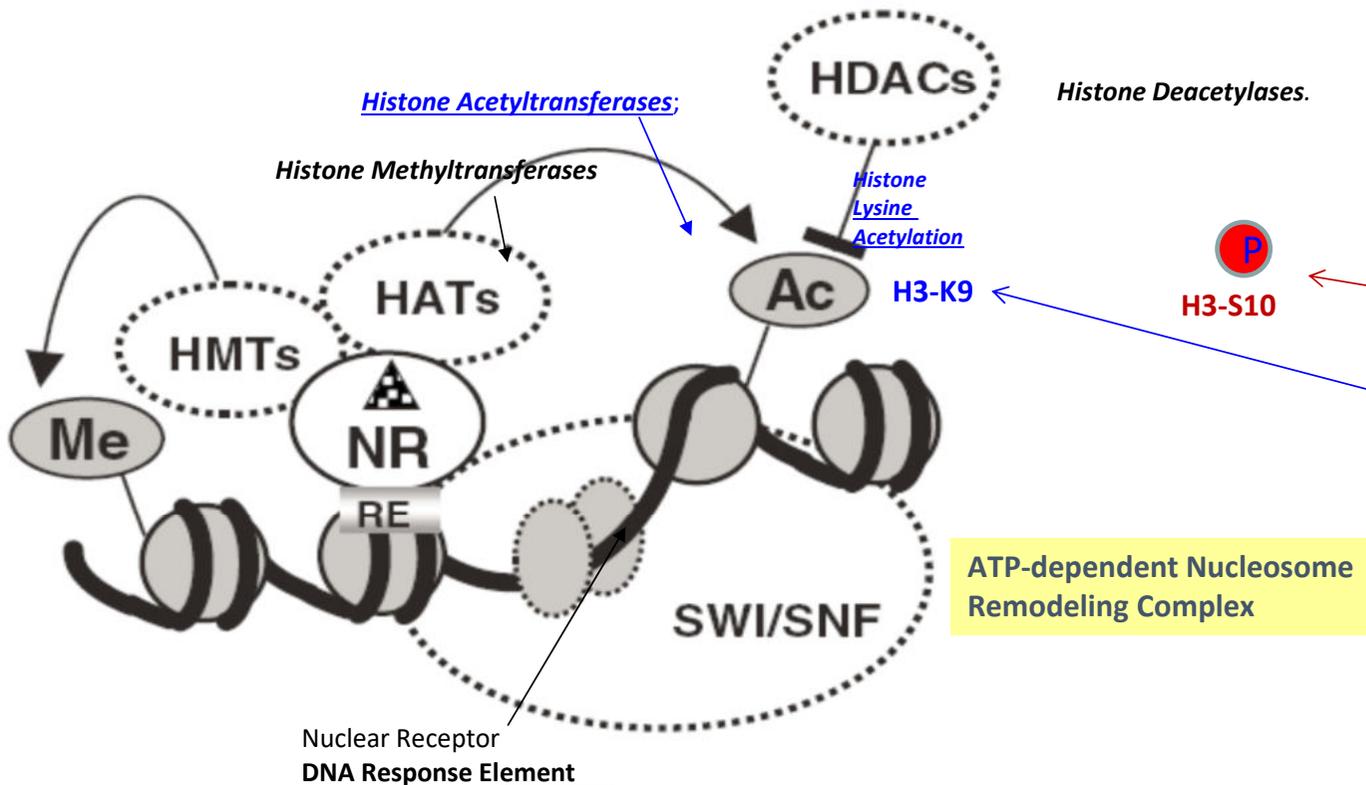
Figure 4-21. Molecular Biology of the Cell, 4th Edition.

The epigenome (the *software*) is the “meeting-point” between the information coming from the environment and the information encoded in the DNA (the *hardware*): mimetic molecules (EDCs) and other pollutants or danger-signals may induce the epigenome to change

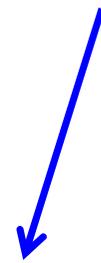
Many toxicants cause rapid alterations in gene expression by activating protein kinase signaling cascades.

The resulting rapid, defensive alterations in gene activity require the transmission of a signal directly to the histones present in the chromatin of stress response genes:

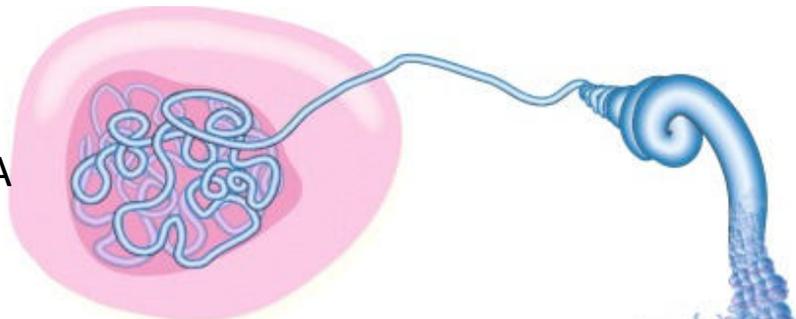
within minutes of exposure the phosphorylation of serine 10 of histone H3 and the acetylation of lysines 9 and/or 14 take place



Chromatin itself is the direct target of many toxicants... toxicant-induced perturbations in chromatin structure may precipitate adverse effects.. Forcing the genome to change



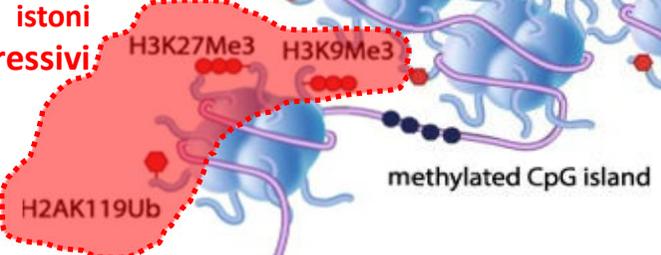
REGOLAZIONE EPIGENETICA



**1 CODICE
ISTONICO**

Closed chromatin

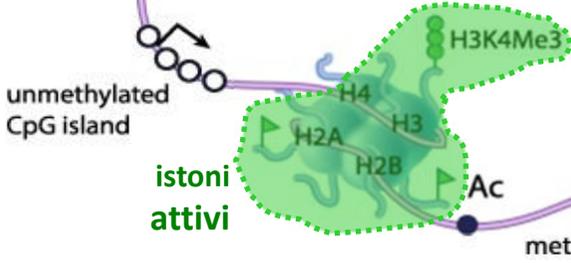
istoni
repressivi



NUCLEOSOMI

**2 METILAZIONE
ISOLE CpG**

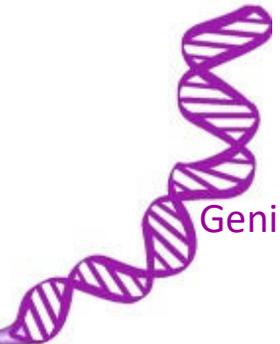
Open chromatin



istoni
attivi

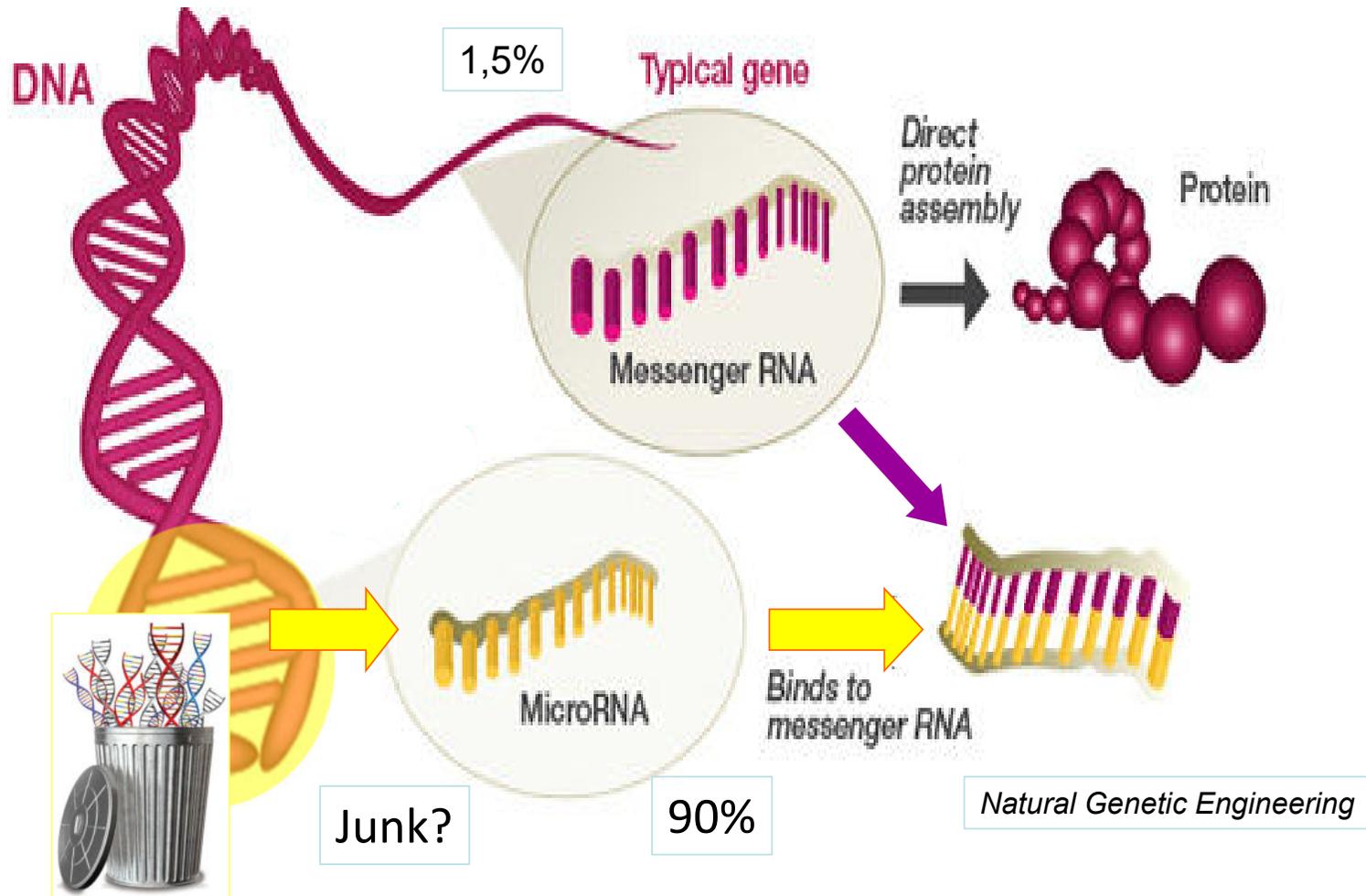
methylated gene body

PROTEOMICA

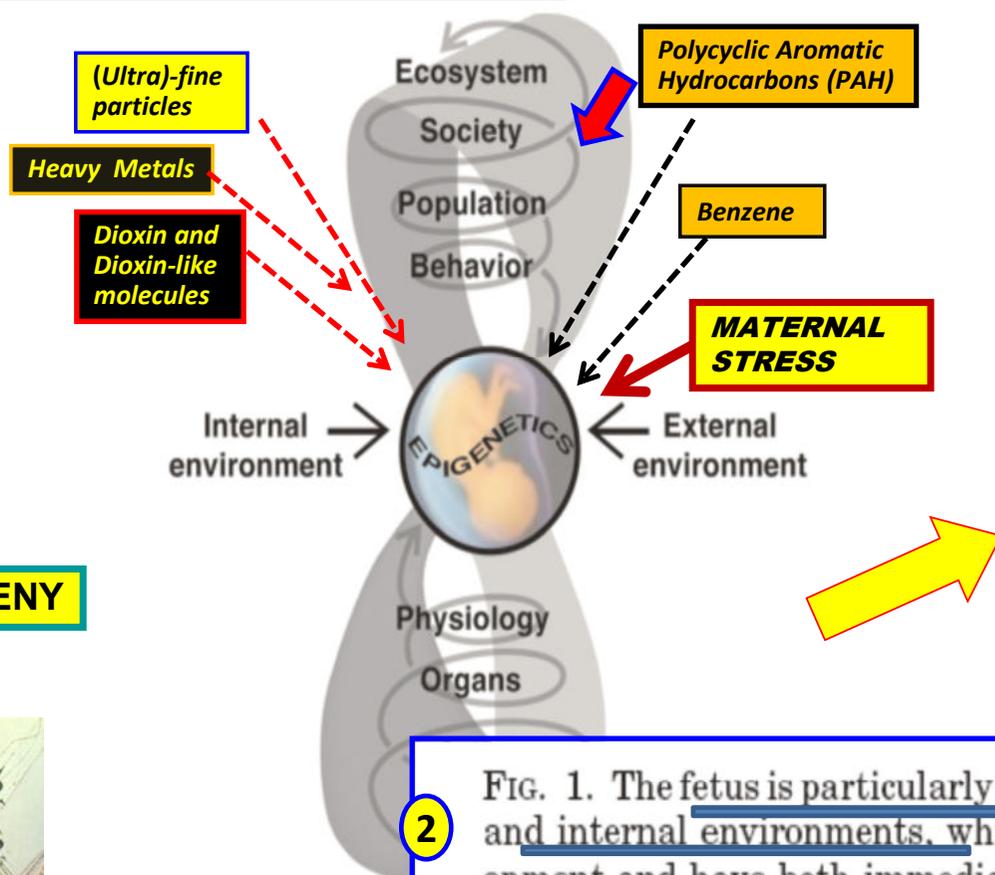


Geni Attivi

I microRNA (miRNA) comprendono una specie di RNA corto non codificante che regola l'espressione genica post-trascrizionale



The third key word is **fetal programming** ...



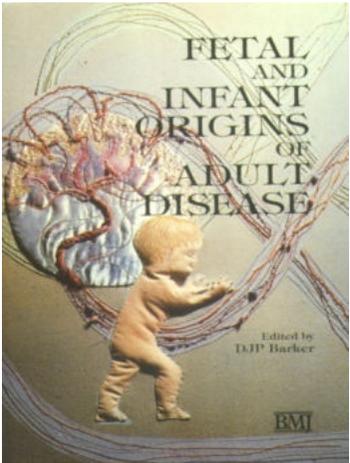
1 ... a technical term that refers to the capability and, at the same time, the requirement, for embryo-foetal cells to define their epigenetic setting in a predictive and adaptive way, in relation to the information coming from the mother and, through her, from the outer world ..

A predictive adaptive response (PAR) is a developmental trajectory taken by an organism during a period of developmental plasticity in response to perceived environmental cues..

ONTOGENY

2 FIG. 1. The fetus is particularly vulnerable to changes in the external and internal environments, which interact to influence fetal development and have both immediate and life-long consequences. Such environmentally induced changes can occur at all levels of biological organization, from the molecular to the organism's behavior and place in society, and tend to be amplified in their consequences as they ascend through these levels. Ultimately, these influences may be epigenetic in nature, inducing mitotically heritable alterations in gene expression without changing the DNA.

3

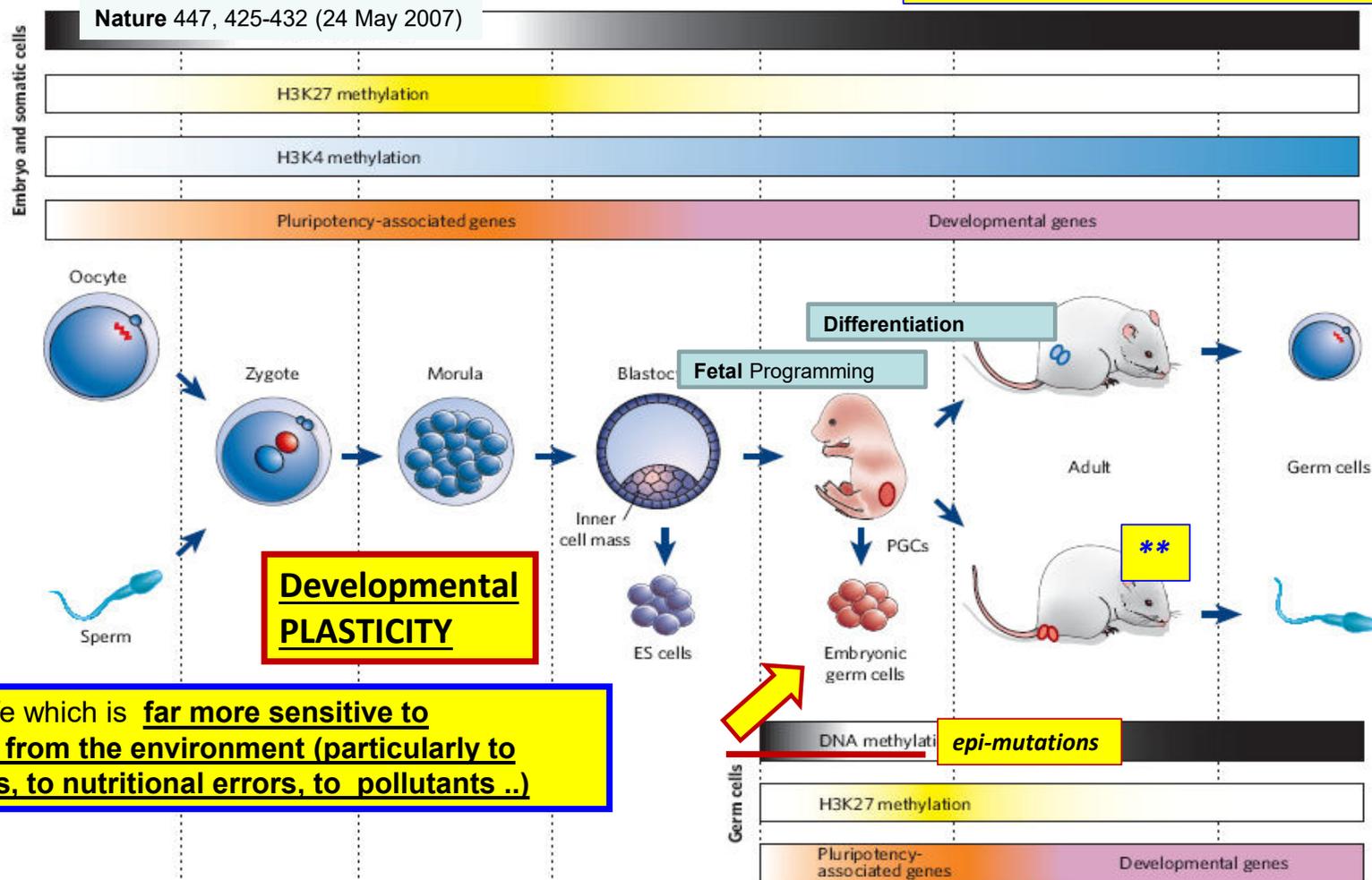


The **fourth** keyword is **developmental plasticity**

Cellular Differentiation: an **epigenetic process**

Stability and flexibility of epigenetic gene regulation in mammalian development

The **actual genetic program** of a single multicellular organism is the product of nine months of epigenetic **adaptive-predictive "formatting"** of trillions of cells)



1 ↓ 2

Differentiation is the process through which the organism changes from a **zygote** to a complex system of **tissues** and **200 cell types** (**genetically identical..** each with its **own epigenetic and morpho-functional characteristics**)

3

This is the stage of life which is **far more sensitive to information coming from the environment (particularly to maternal-fetal stress, to nutritional errors, to pollutants ..)**

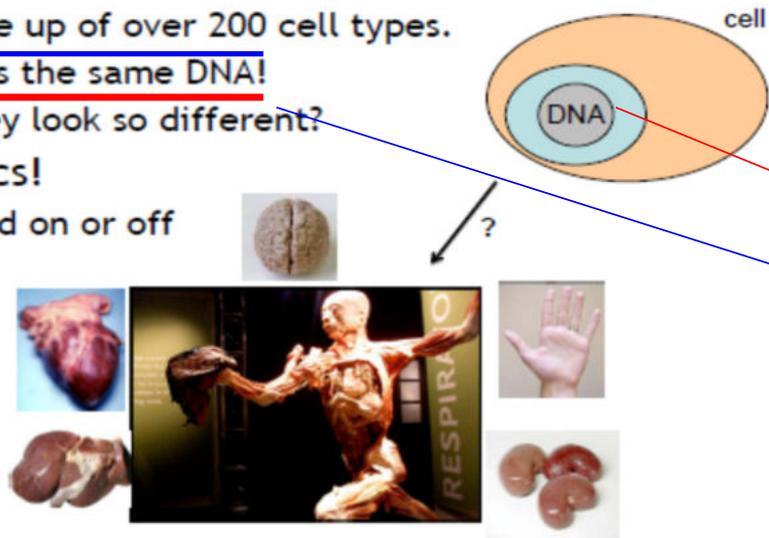
The **brain**** is by far the **most plastic organ** during all (human) life

methylation. During the early development of PGCs, DNA methylation and

The **fourth** keyword is *developmental plasticity*

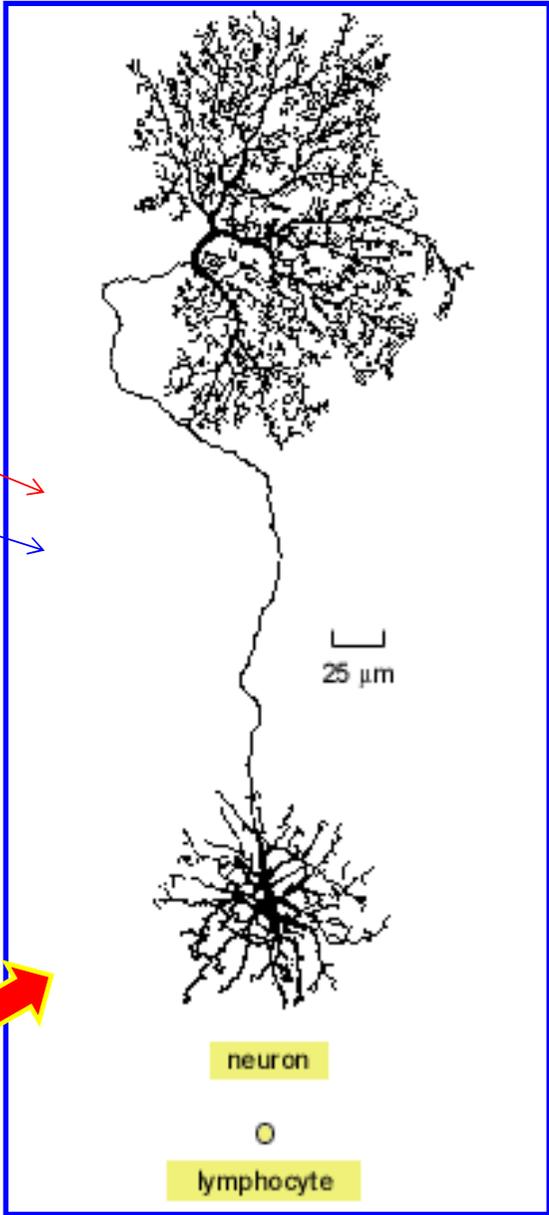
Same DNA, Different Look

- We are made up of over 200 cell types.
- Each cell has the same DNA!
- How can they look so different?
Epigenetics!
- Genes turned on or off



Wikimedia Commons, ORNL.gov, Flickr: richdelux HARVARD MEDICAL SCHOOL

This image clearly shows the "power" of the epigenome and the predominant role of environmental information in the phenotypic shaping of cells, tissues, organisms .. the huge phenotypic (morpho- functional) difference between a *lymphocyte* and a *neuron* is not due to DNA, which is virtually identical in the two cells, but to the manner in which the same genome has been utilized by the two cells, on the basis of the information (positional and environmental) received during the first months of life (for neuron in the first 2 years) and processed by the epigenetic networks



A Bee's Royal Diet

Kucharski R., Maleszka J., Foret S., Maleszka R. *Nutritional Control of Reproductive Status in Honeybees via DNA Methylation* Science (2008) 319: 1827-1830

Queen Bee Larvae: Queens are raised in specially-constructed cells called "queen cups," which are filled with royal jelly.

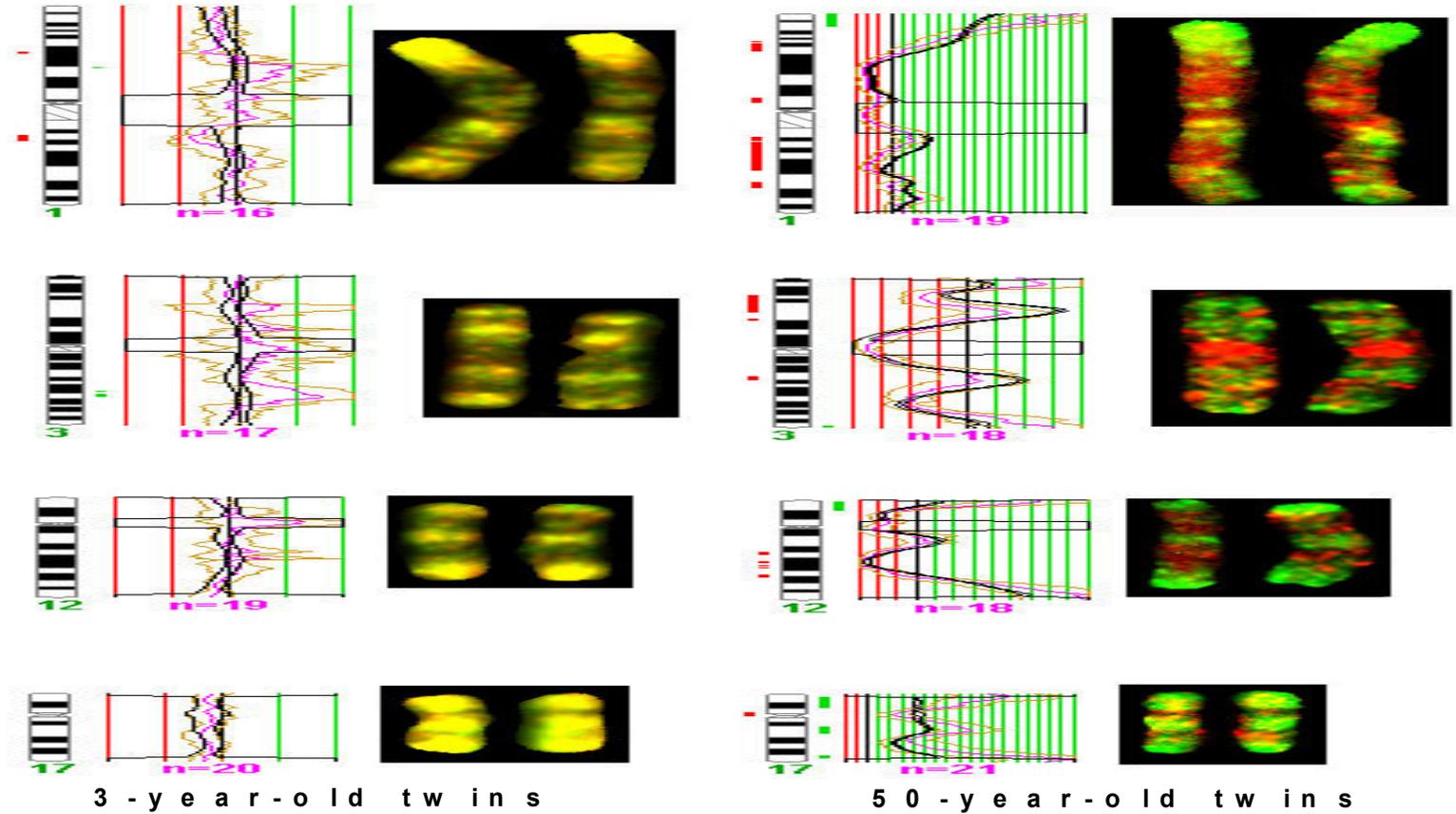


The larvae that develop into *workers* and *queens* are genetically identical.
But as a result of the royal jelly diet, the queen will develop functional ovaries and a larger abdomen for egg laying

Epigenetic differences in homozygotic twins

... although twins are epigenetically indistinguishable during the early years of life, ... older monozygous twins exhibited remarkable differences in their overall content and genomic distribution of 5-methylcytosine DNA and histone acetylation, affecting their gene-expression portrait.

Epigenetic differences arise during the lifetime of monozygotic twins



Fraga et al., *PNAS*. Jul 26 (2005);102(30):10604-9..

Epigenetic modifications : a molecular environmentally induced effect

Nature

Genetics

Devo



Critical determinants of the epigenome

Nurture

Environment



Acute environmental events

Daily (low intensity) environmental events



Genetic Mutations etc.

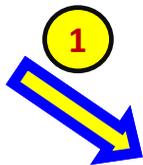
Epi-Mutations



Celiac Disease

Why this disease is concordant in only 60% to 70% of identical twins.

And Alzheimer Disease ?

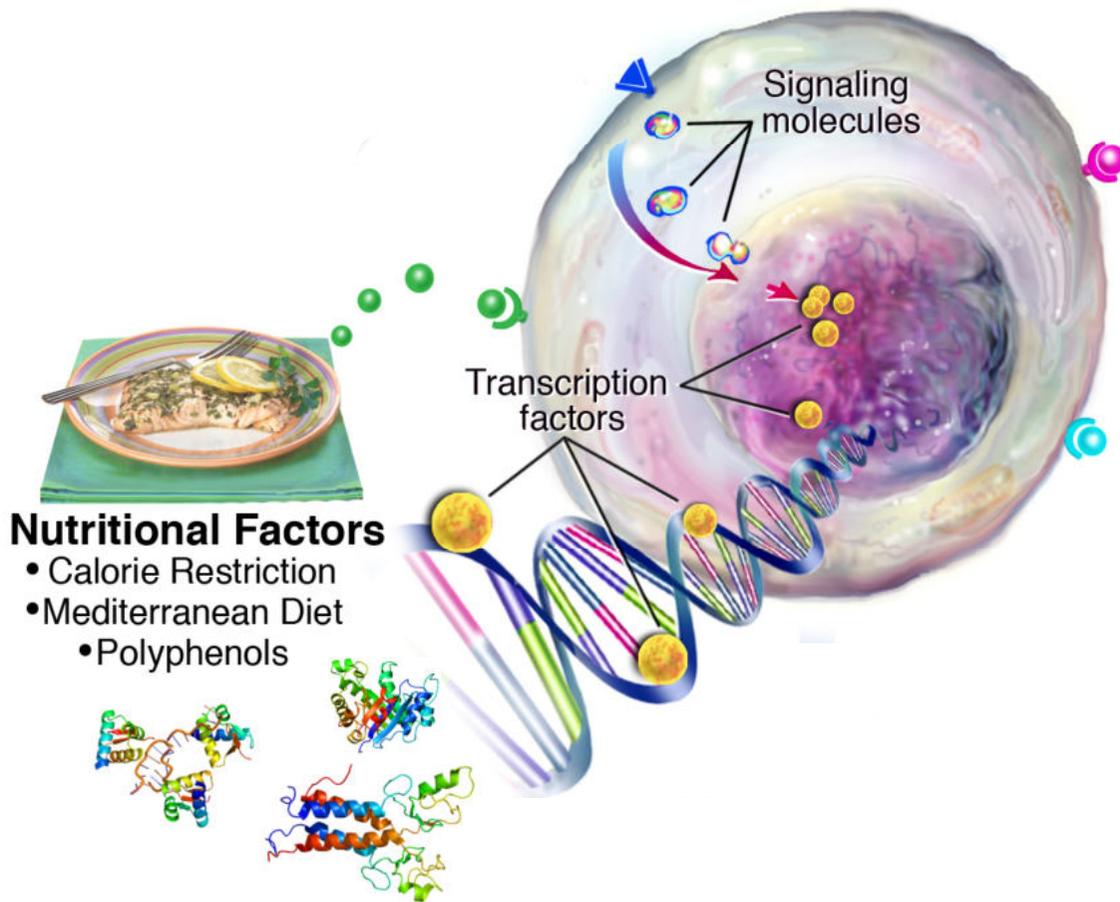


Fraga et al., PNAS. 2005.

ALTHOUGH TWINS ARE EPIGENETICALLY INDISTINGUISHABLE DURING THE EARLY YEARS OF LIFE...



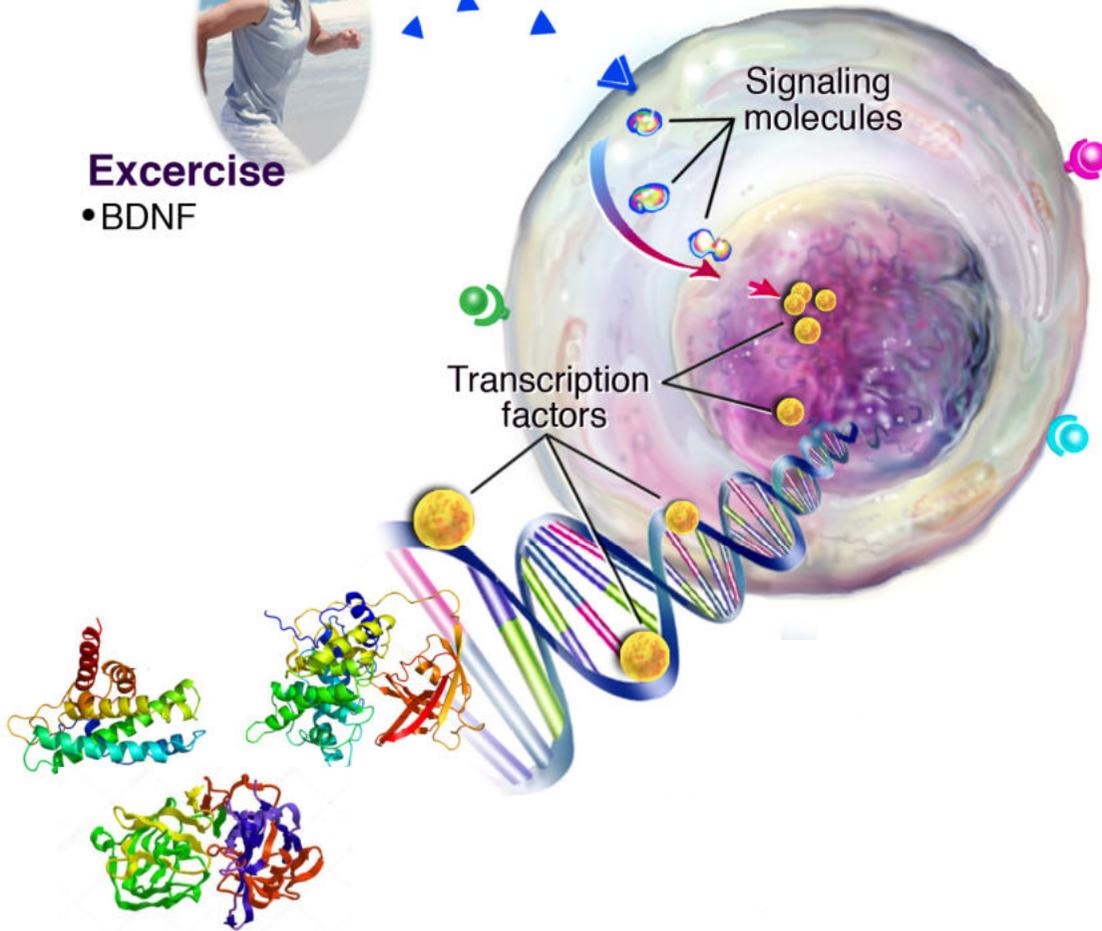
Epigenetics and Gene Activation for Improved Health and Longevity



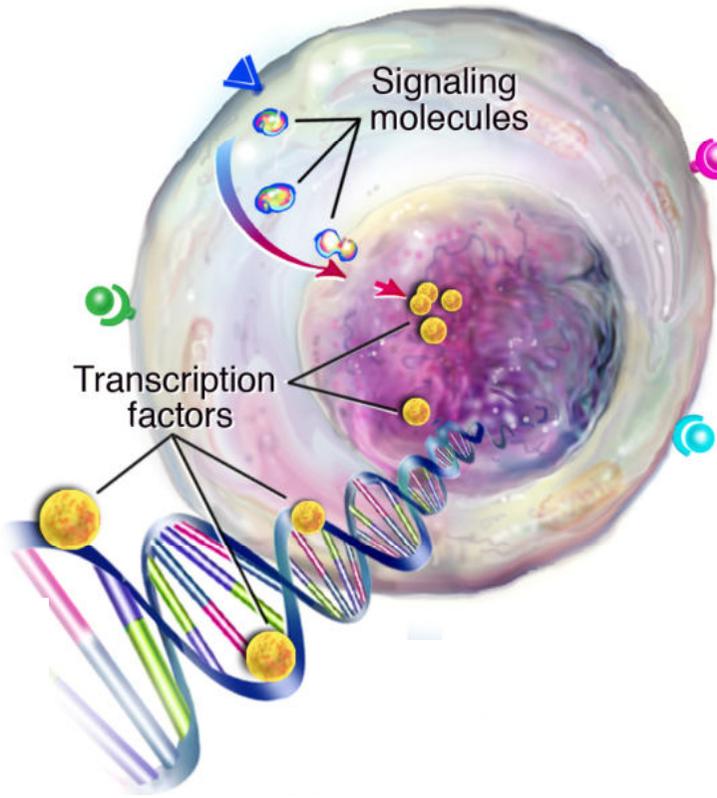
Epigenetics and Gene Activation for Improved Health and Longevity



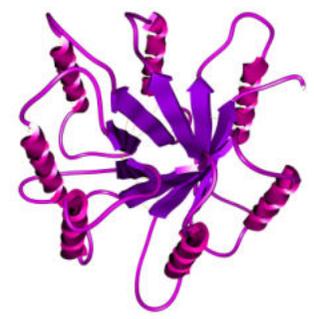
Exercise
• BDNF



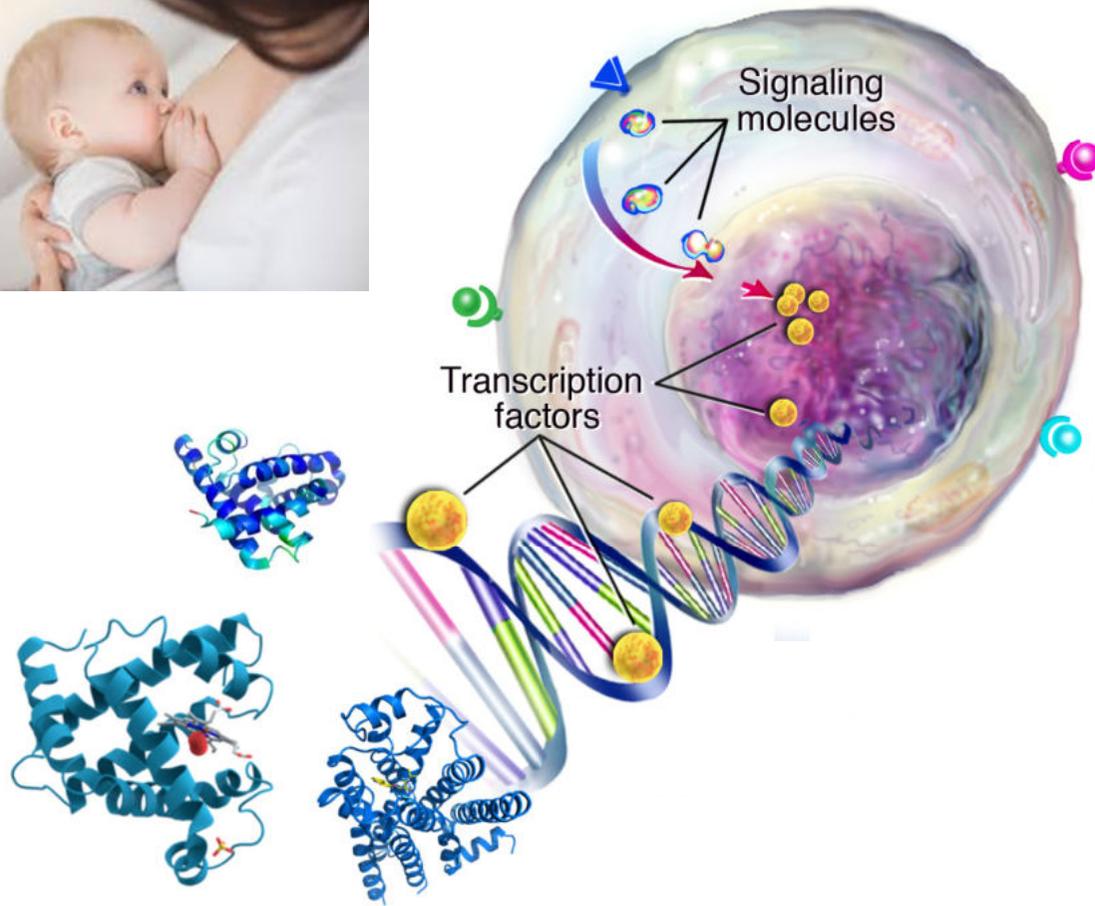
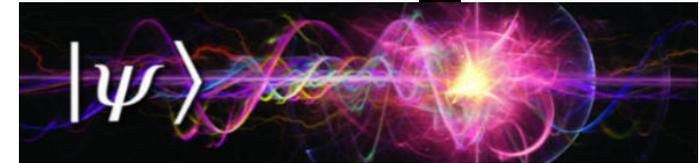
Epigenetics and Gene Activation for Improved Health and Longevity



- Environment**
- Clean air, water and soil
 - No smoking



Epigenetics and Gene Activation for Improved Health and Longevity



Emotional Health

- Religion
- Meditation
- Spirituality

Transposable elements can be seen as a natural genetic engineering system capable of acting not just on one location at a time but on the genome as a whole. This dynamic view of the genome has been illustrated most impressively by *Shapiro* who stated that the genome is composed of modular units arranged in a “Lego-like” manner that can be altered under circumstances

FOREWORD 6



Available online at www.sciencedirect.com

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Gene 345 (2005) 91–100

GENE
SECTION
EVOLUTIONARY GENOMICS

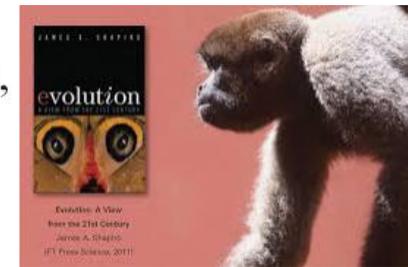
www.elsevier.com/locate/gene

Review

A 21st century view of evolution: genome system architecture, repetitive DNA, and natural genetic engineering

James A. Shapiro

Department of Biochemistry and Molecular Biology, University of Chicago, 920 E. 58th Street, Chicago, IL 60637, United States



The last 50 years of molecular genetics have produced an abundance of new discoveries and data that make it useful to revisit some basic concepts and assumptions in our thinking about genomes and evolution. Chief among these observations are the complex modularity of genome organization, biological ubiquity of mobile and repetitive DNA sequences, and the fundamental importance of DNA rearrangements in the evolution of sequenced genomes. This review will take a broad overview of these developments and suggest some new ways of thinking about genomes as sophisticated informatic storage systems and about evolution as a systems engineering process.

3

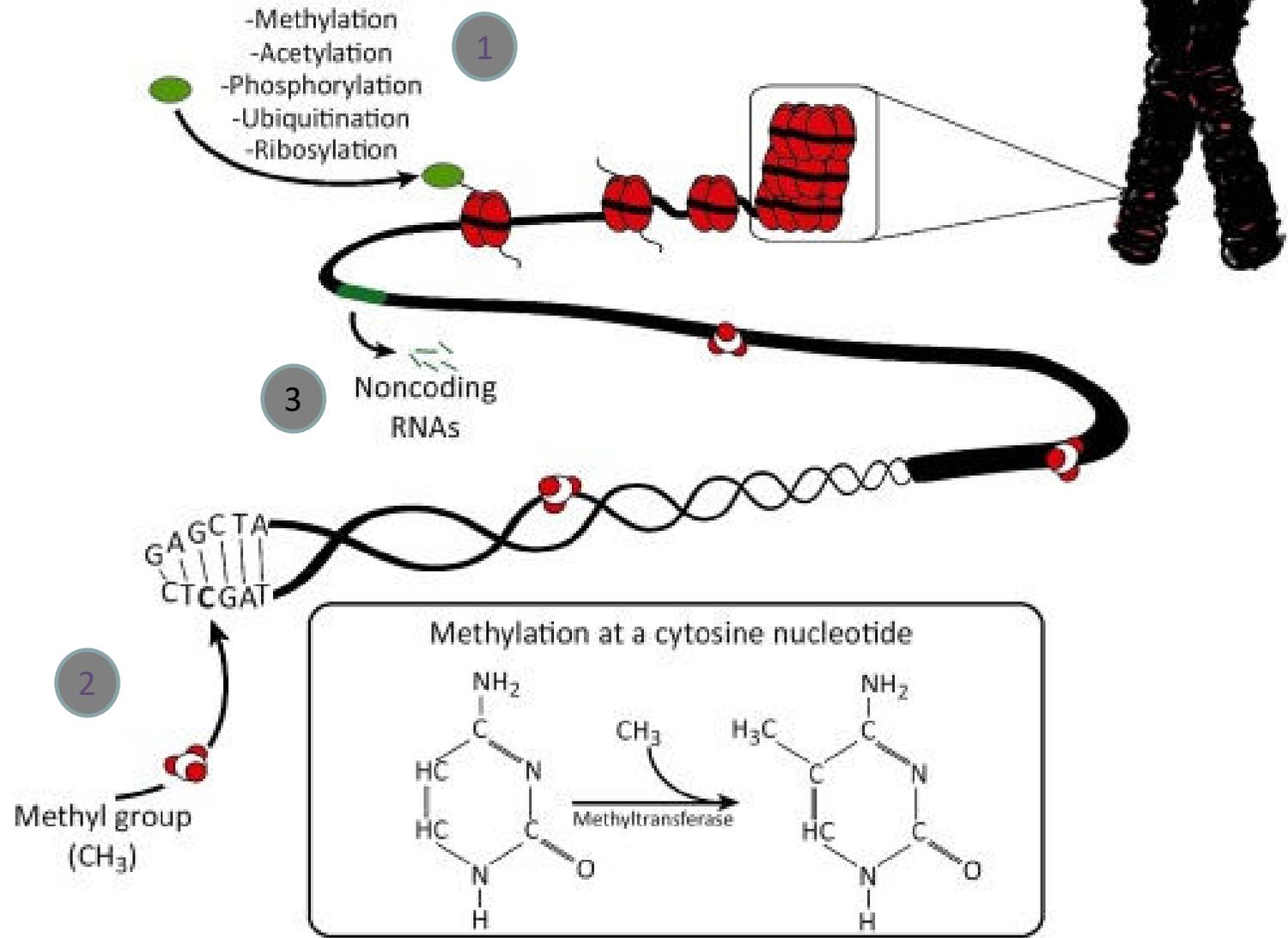
2

1

4

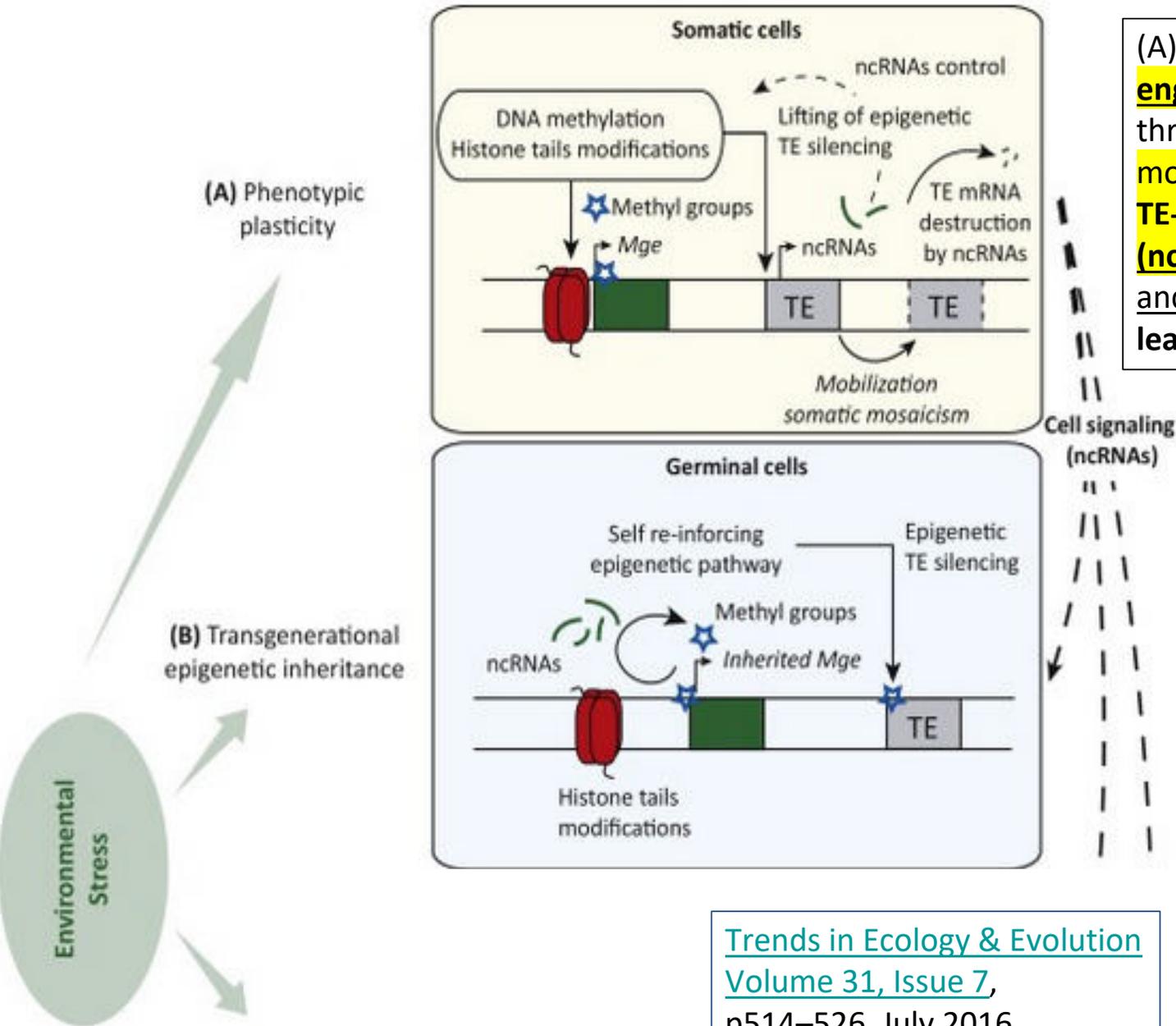
5

Covalent modification at N-terminal histone tails



Adaptation to Global Change:
A **Transposable Element–
Epigenetics Perspective**

[Trends in Ecology & Evolution](#)
Volume 31, Issue 7,
p514–526, July 2016



(A) **Under stress, the activation of the TE–EC engine in somatic cells induces plastic responses** through: (i) **DNA methylation and/or modifications of histone tails**; (ii) **transcription of TE-encoded regulatory noncoding RNAs (ncRNAs)**; and (iii) **lifting of epigenetic silencing and mobilization of TEs in somatic cells, leading to somatic mosaicism.**

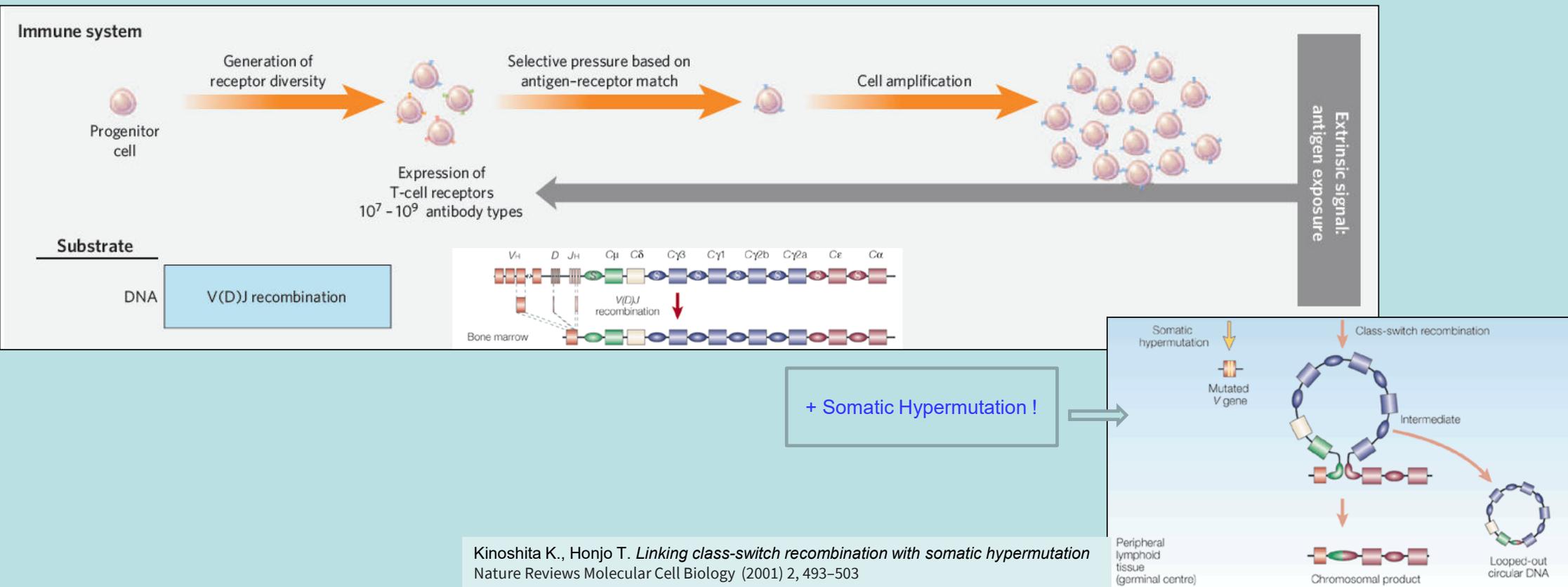
(B) **Stress induces epigenetic modifications in germline cells.** The resulting **phenotypes can be stabilized over generations (transgenerational epigenetic inheritance)** through **self-reinforcing epigenetic pathways.**

Stress perceived in somatic cells can also induce the production of circulating ncRNAs that may modify the epigenome of remote germline cells

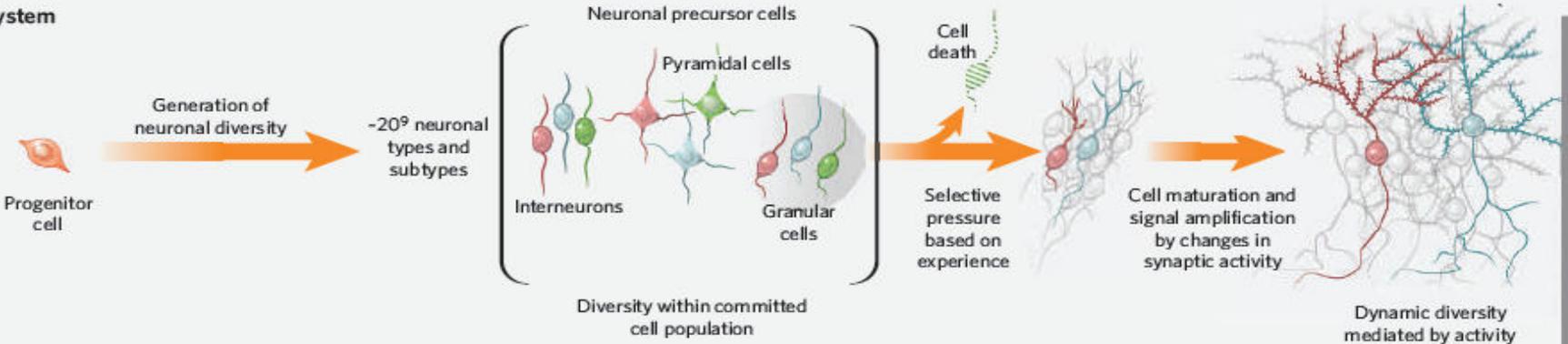
[dashed arrow from (A) to (B)].

Generation of neuronal variability and complexity

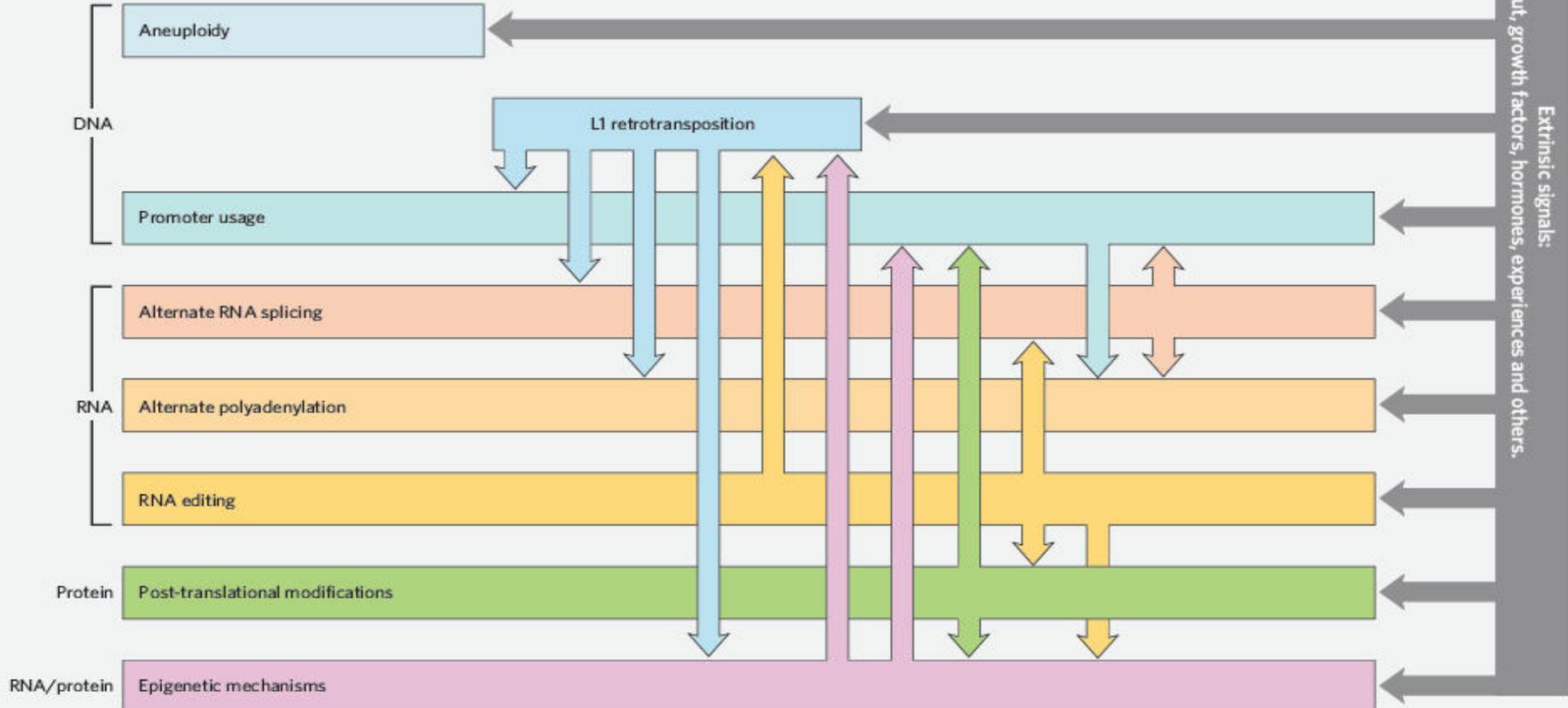
Alysson R. Muotri¹ & Fred H. Gage¹



Neural system



Substrate



FOREWORD 7

.. *unlike your genome, which is fixed from the moment of conception (...)*

your connectome* changes throughout your life.

Neurons adjust...their connections (to one another) by strengthening or weakening them.

Neurons reconnect by creating and eliminating synapses, and they rewire by growing and retracting branches.

You are more than your genes. You are your connectom (Sebastian Seung, MIT).



Seung S. *Connectome: How the brain's wiring makes us who we are* (2012)

INC DAY 2017 BRAIN & EPIGENETICS

OCT
16
2017

KEYNOTE LECTURE BY:
Edith Heard (Collège de France, Paris)
Epigenetics in development and disease: lessons from the x chromosome

INVITED SPEAKERS:
Tracy Bale (UPenn)
Bérénice Benayoun (UC Davies)
Ernesto Burgio (Brussels)
Giacomo Cavalli (Montpellier)
Johannes Gräff (Lausanne)
Claudine Junien (Paris)
Francesca Merlin (Paris)
Marc Potenza (USA)
Jonathan Weitzman (Paris)

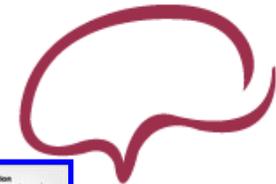
Organizers: J. Fagard, V. Lallemand-Mezger, C. Legay, C. Meunier
In partnership with the BCPP, BME-Paris, Cogmaster and PCFA Masters

UNIVERSITÉ PARIS DESCARTES
AMPHITHÉÂTRE VULPIAN
12 RUE DE L'ÉCOLE DE MÉDECINE 75006 PARIS

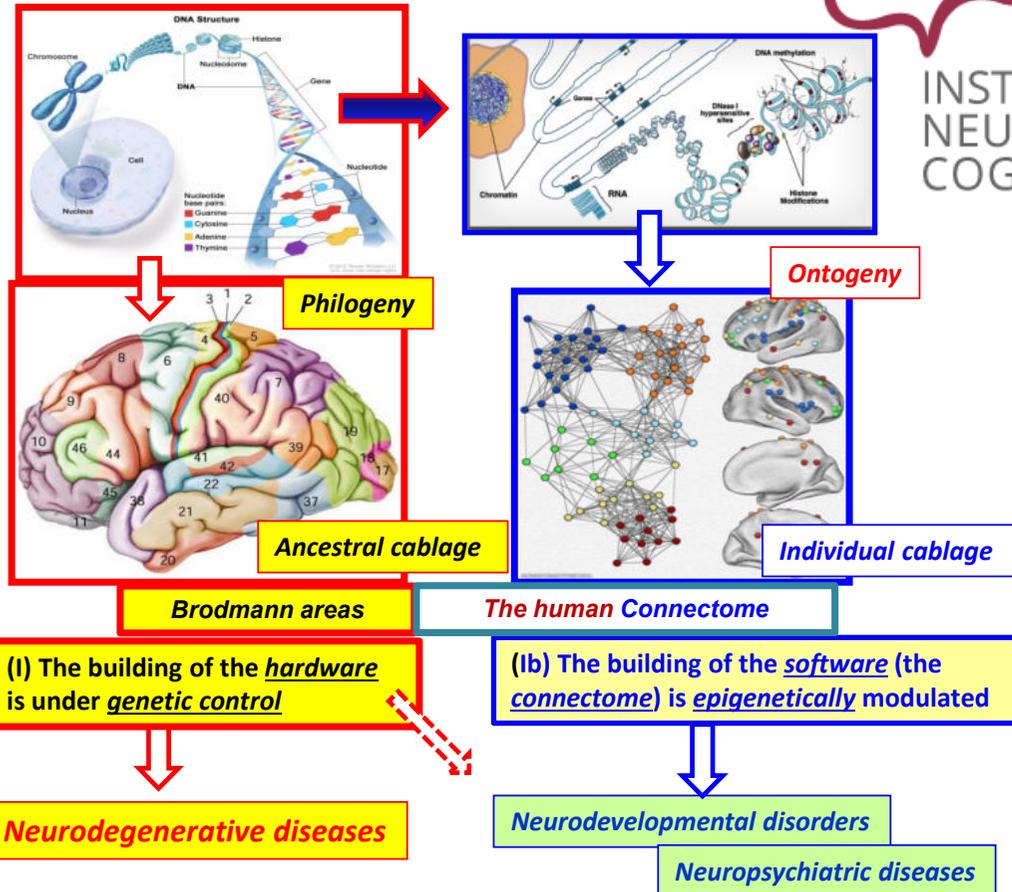


Categories: EVENTS, INC MEETINGS

INC Day 2017 : Brain and Epigenetics - Oct 16th.



INSTITUT PARIS DESCARTES
NEUROSCIENCES
COGNITION

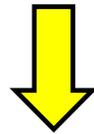


Brain Evolution and Neurodevelopmental Disorders

From Genetics to Epigenetics

ECERI European Cancer and Environment Research Institute

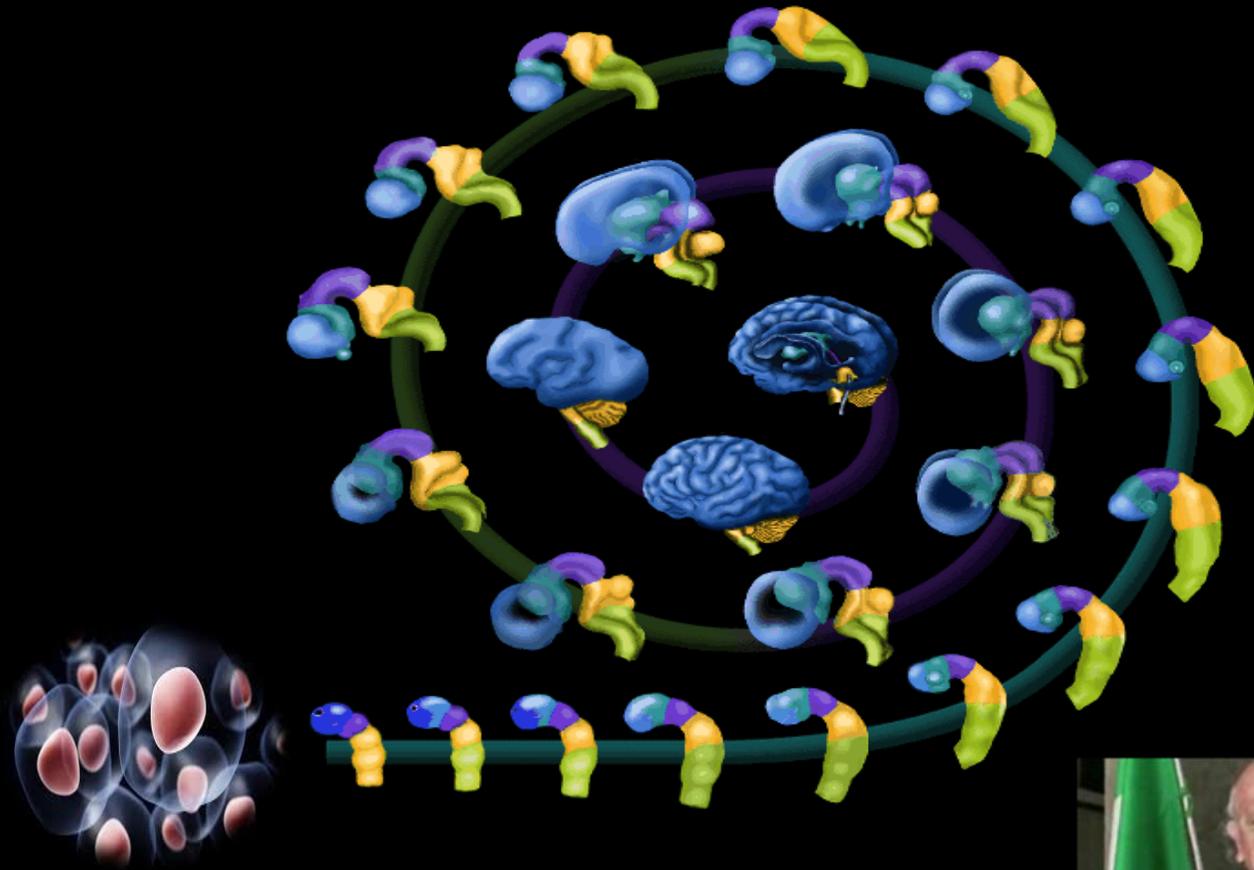
Ernesto Burgio (ECERI, Brussels, Belgium)



EPIGENETICS > GENETICS

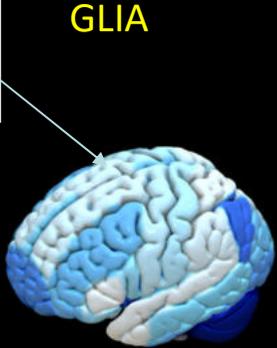
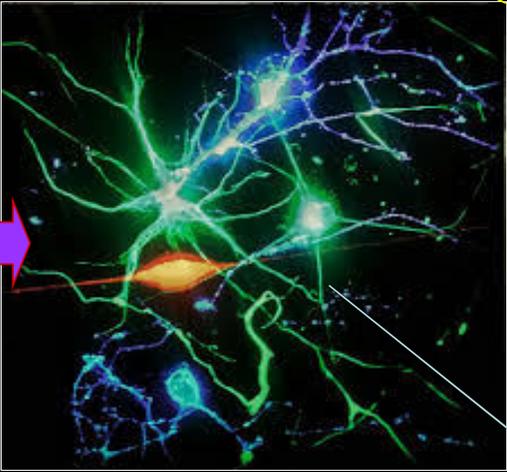
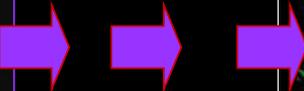
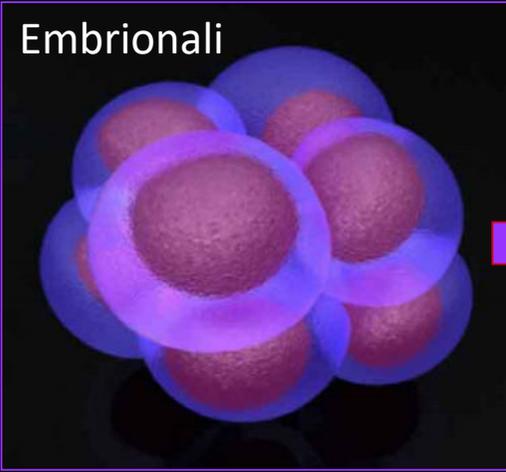
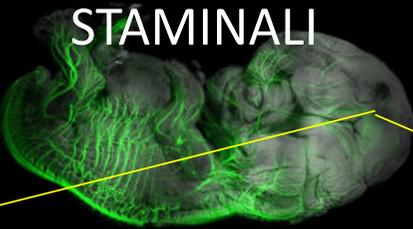
Neurogenesi

STAMINALI

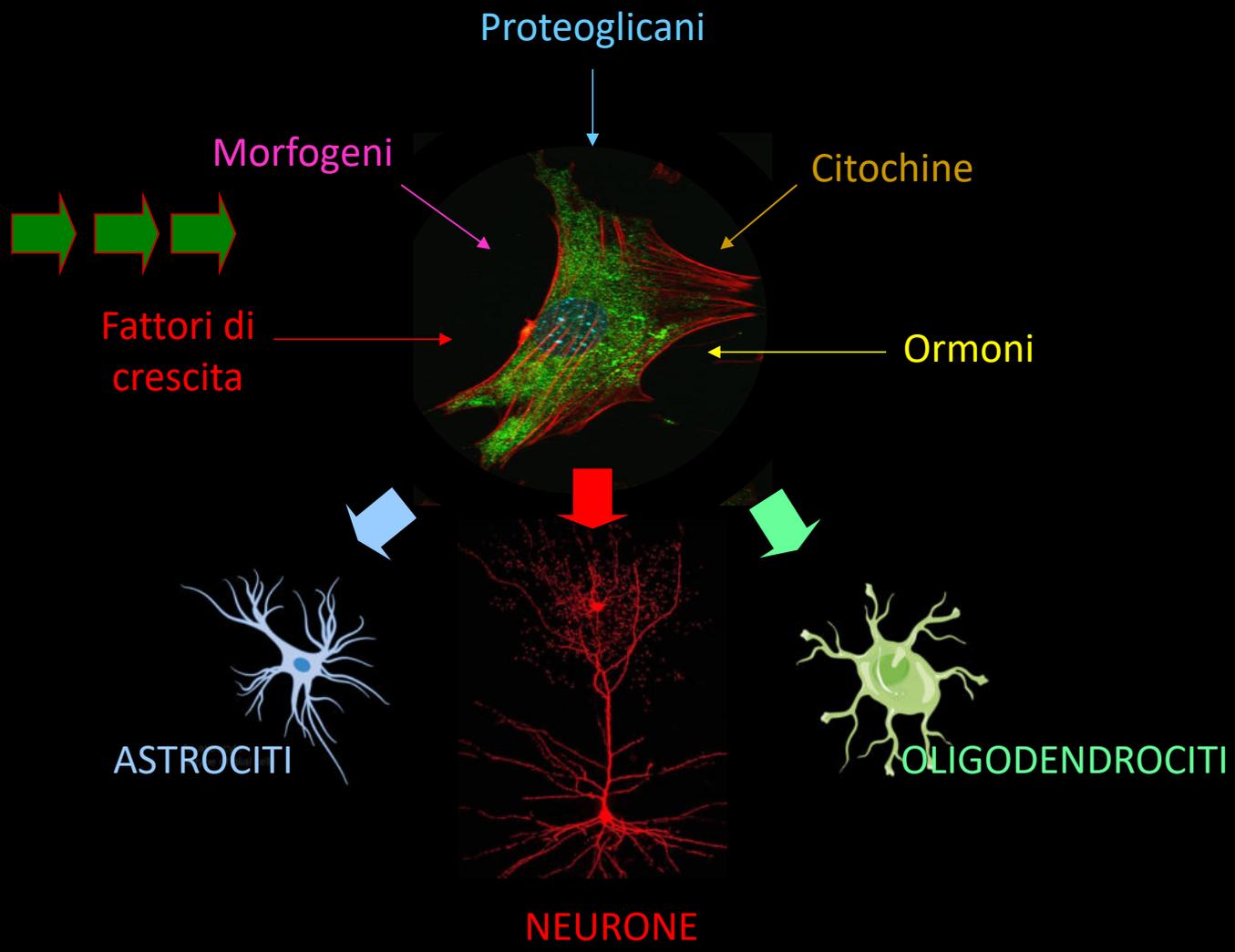
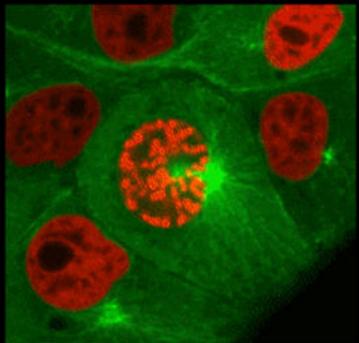


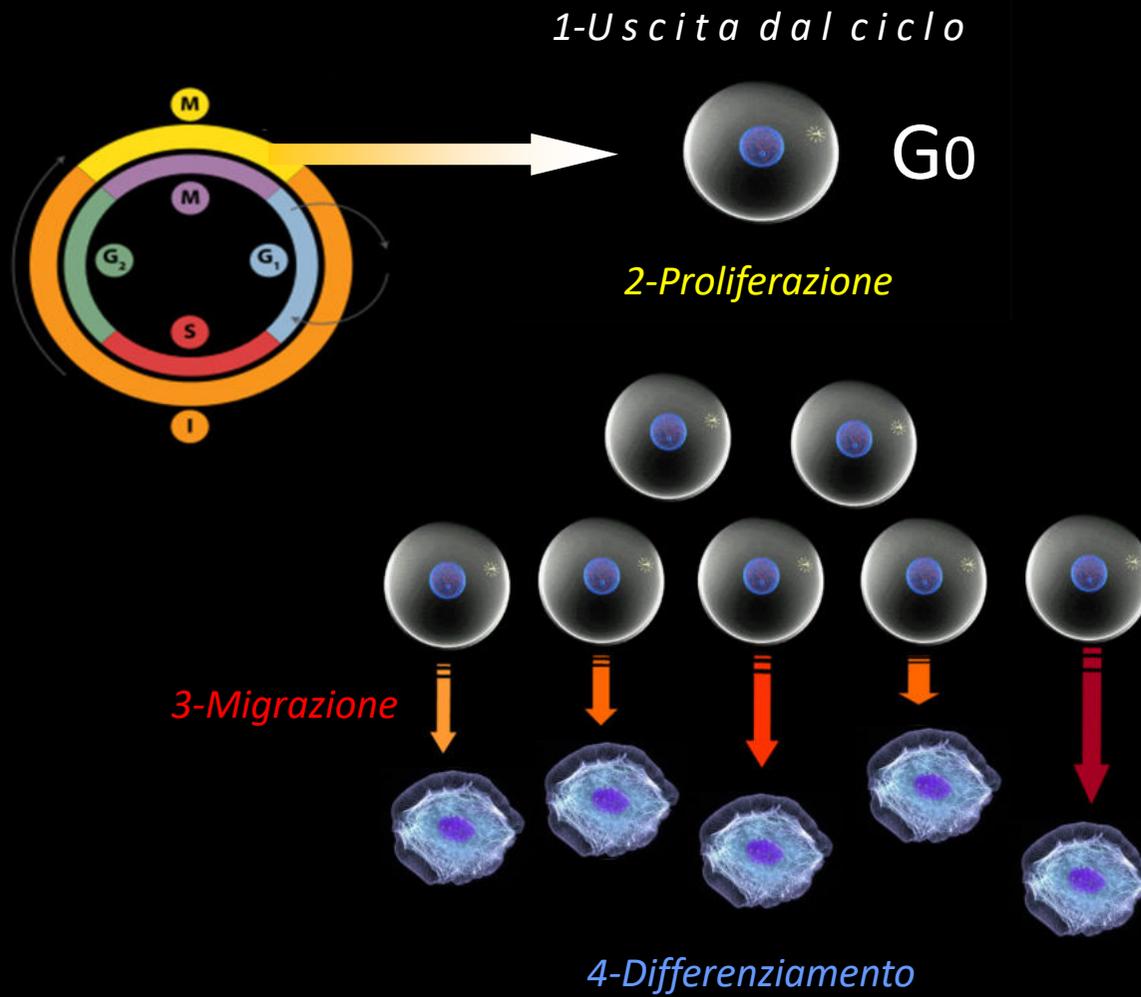
Prof. Gianfranco Tajana
Ordinario di Istologia & Embriologia, Anatomia Umana Normale
Facoltà di Medicina e Chirurgia e Dipartimento Scienze Farmaceutiche
Università di Salerno

EPIGENETICS > GENETICS

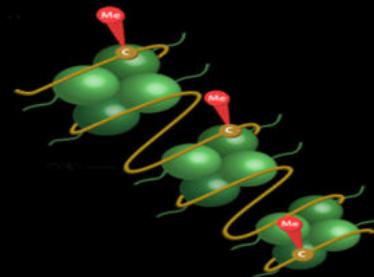


NICHE

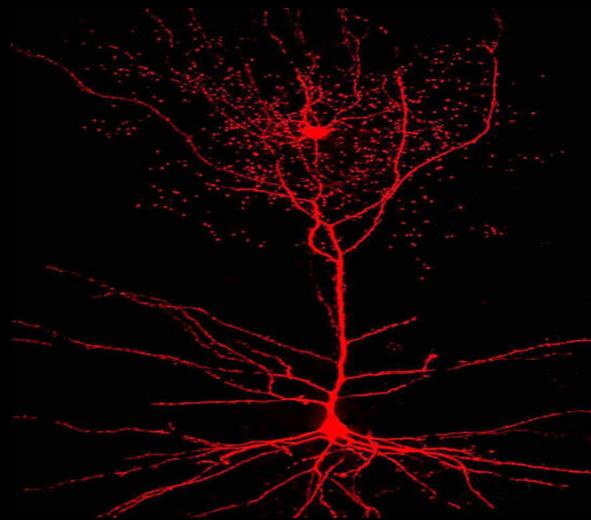
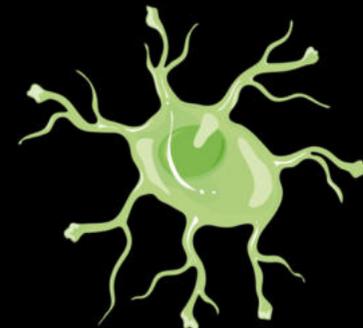
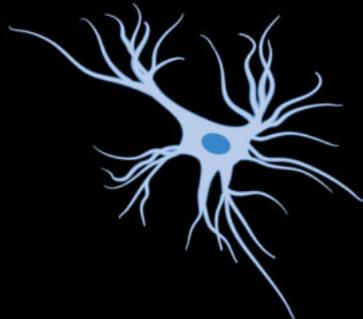


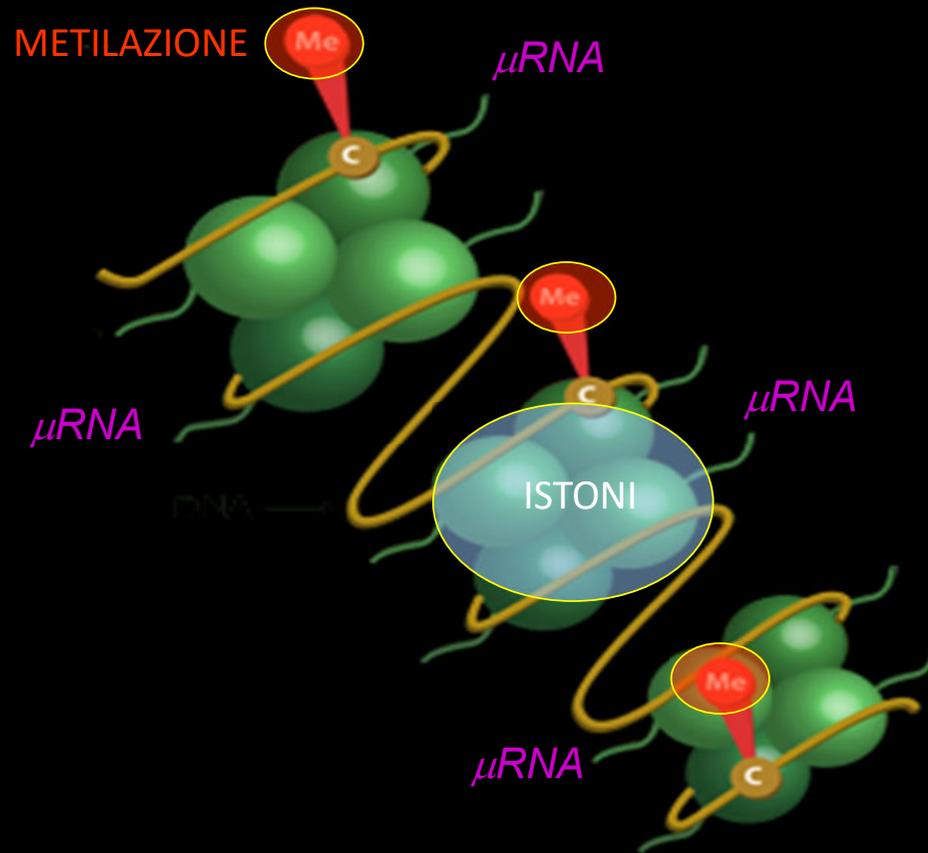


EXPOSOMA

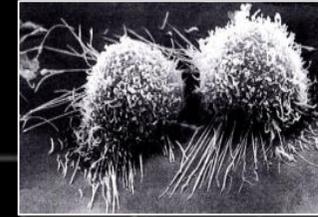


Software Epigenetico



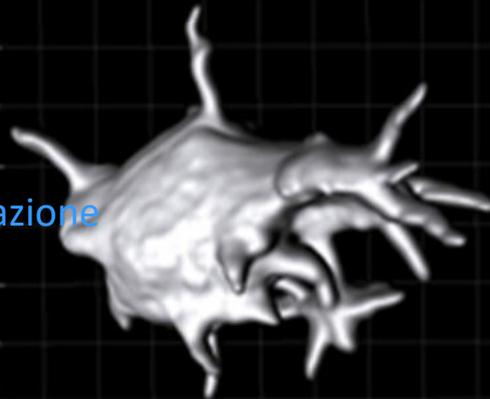


EPIGENETICS > GENETICS



Navigator

Sistema di navigazione

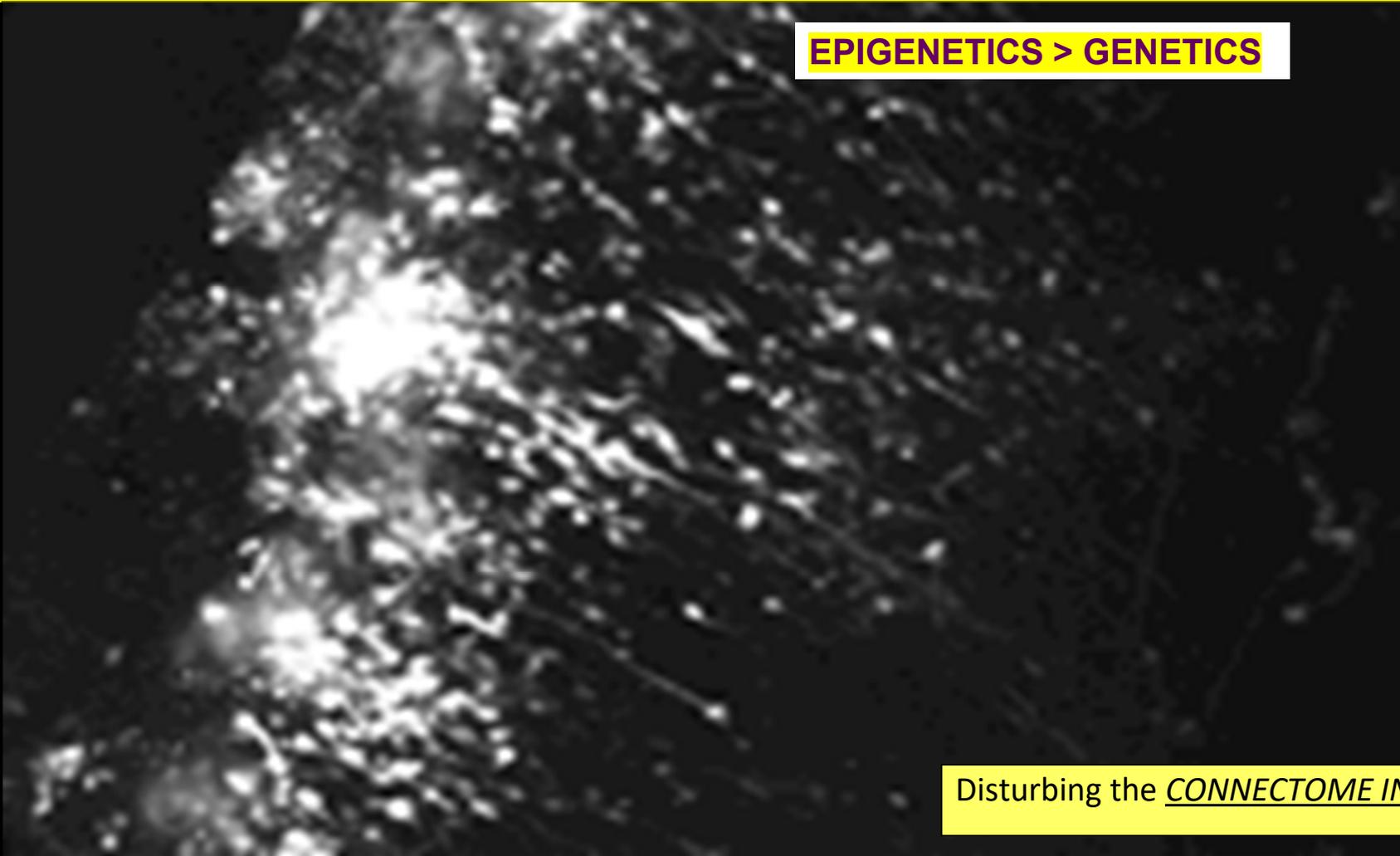


*Dove andare ?
A che velocità ?
Secondo quale strategia ?*

Brain plasticity and modulation of its structure and its functions

The ***Individual*** wiring

EPIGENETICS > GENETICS



Motility of neurons and in particular the **formation of new connections (synapses)** can be **modified (perturbed) by exposure to environmental stressors**

Disturbing the **CONNECTOME INSTRUCTION**

SIGNALS

Nature. 2001 Oct 25;413(6858):797-803.

Morphogen gradient interpretation.

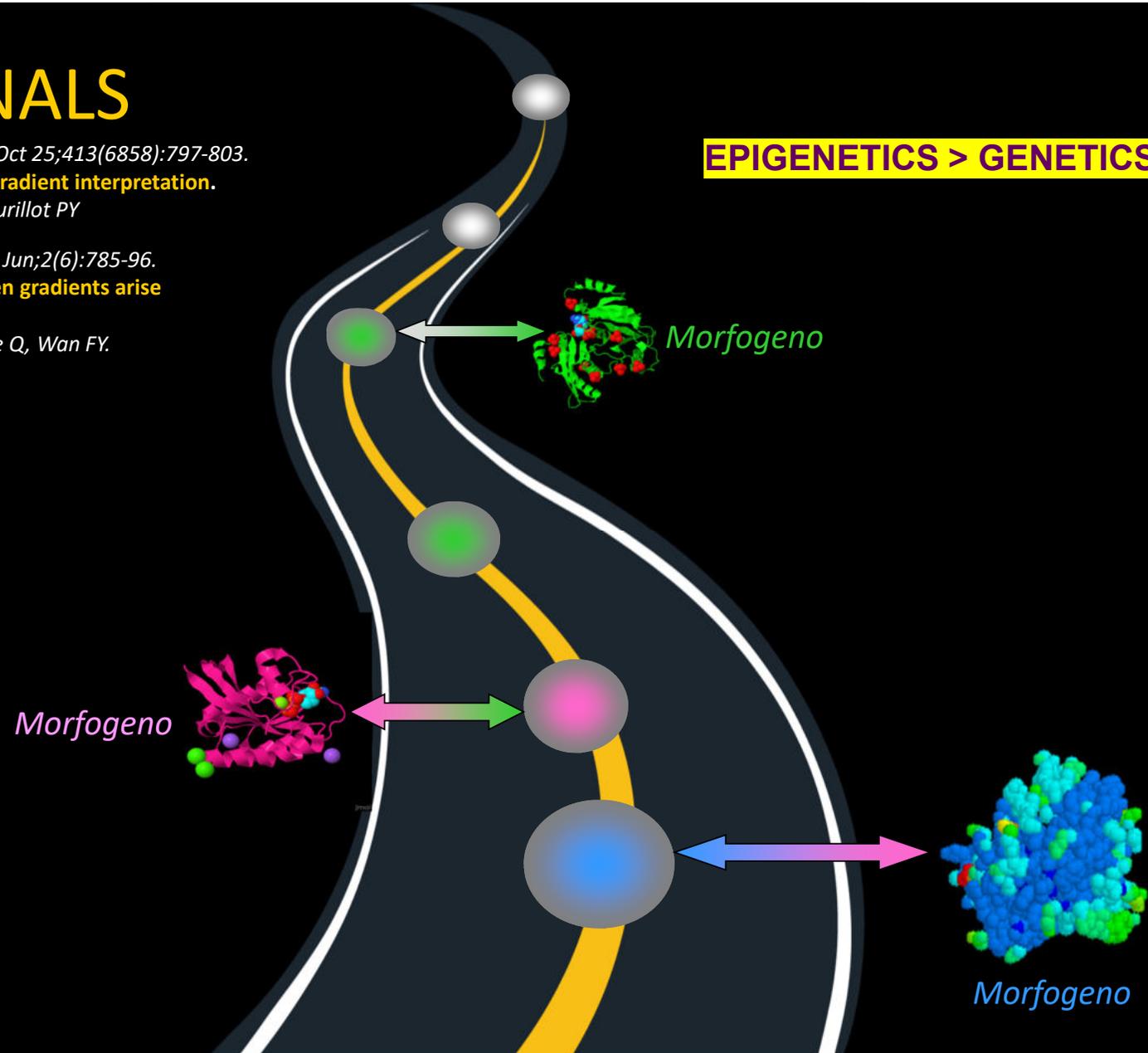
Gurdon JB, Bourillot PY

Dev Cell. 2002 Jun;2(6):785-96.

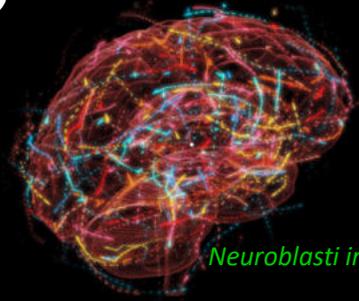
Do morphogen gradients arise by diffusion?

Lander AD, Nie Q, Wan FY.

EPIGENETICS > GENETICS



10^{18}



Neuroblasti in migrazione

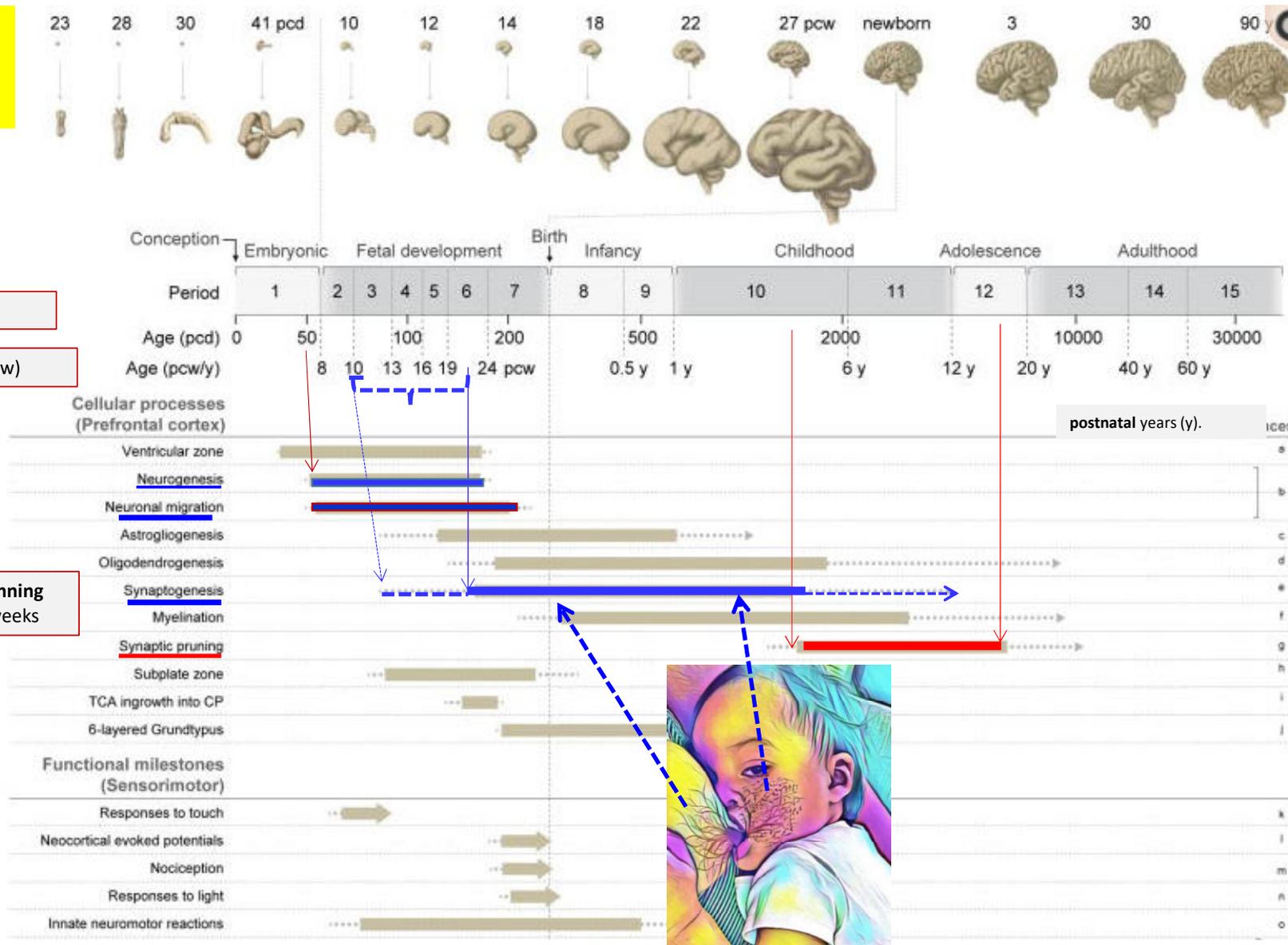
EPIGENETICS > GENETICS

Un miliardo di miliardi

EDCs...
PSEUDOMORFOGENI



Timeline of Key Human Neurodevelopmental Processes and Functional Milestones **



Post-conceptual days (pcd),

Post-conceptual weeks (pcw)

Synaptogenesis' beginning between 10 and 20 weeks

Cfr slide 117 **

.. Most of the **neuronogenesis** of the central nervous system (about 86.1 billion neurons) occurs in 781 days, from 32nd to 813th day from conception [234 prenatal + 547 postnatal days: up to the 18th post-natal month] which means **about 4.6 million neurons generated every hour ..**

EPIGENETICS > GENETICS

EPI-GENOMICS

A Mechanism for Somatic Brain Mosaicism

Irving L. Weissman^{1,*} and Fred H. Gage^{2,*}

¹Institute of Stem Cell Biology and Regenerative Medicine, Stanford University School of Medicine, Stanford University, Palo Alto, CA 94305, USA

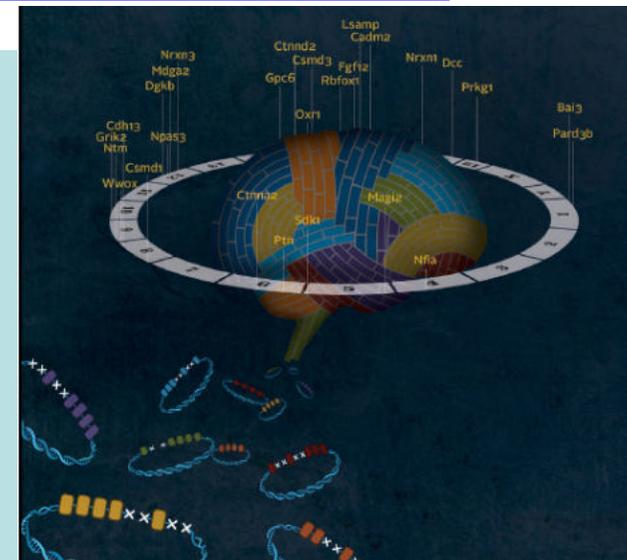
²The Salk Institute for Biological Studies, Laboratory of Genetics, La Jolla, CA 92037, USA

*Correspondence: irv@stanford.edu (I.L.W.), gage@salk.edu (F.H.G.)

<http://dx.doi.org/10.1016/j.cell.2016.01.048>

Double-strand break repair is required for neural development, and brain cells contain somatic genomic variations. Now, Wei et al. demonstrate that neural stem and progenitor cells undergo very frequent DNA breaks in a very restricted set of genes involved in neural cell adhesion and synapse function.

Many of the identified genes are expressed in NSPCs located in the brain regions responsible for higher functions such as short-term learning, and mutations in these genes in humans are associated with (and maybe predispose to) **psychiatric and neurological disorders manifested in mind functions—autism, manic depressive and depressive disorders, schizophrenia**, and others



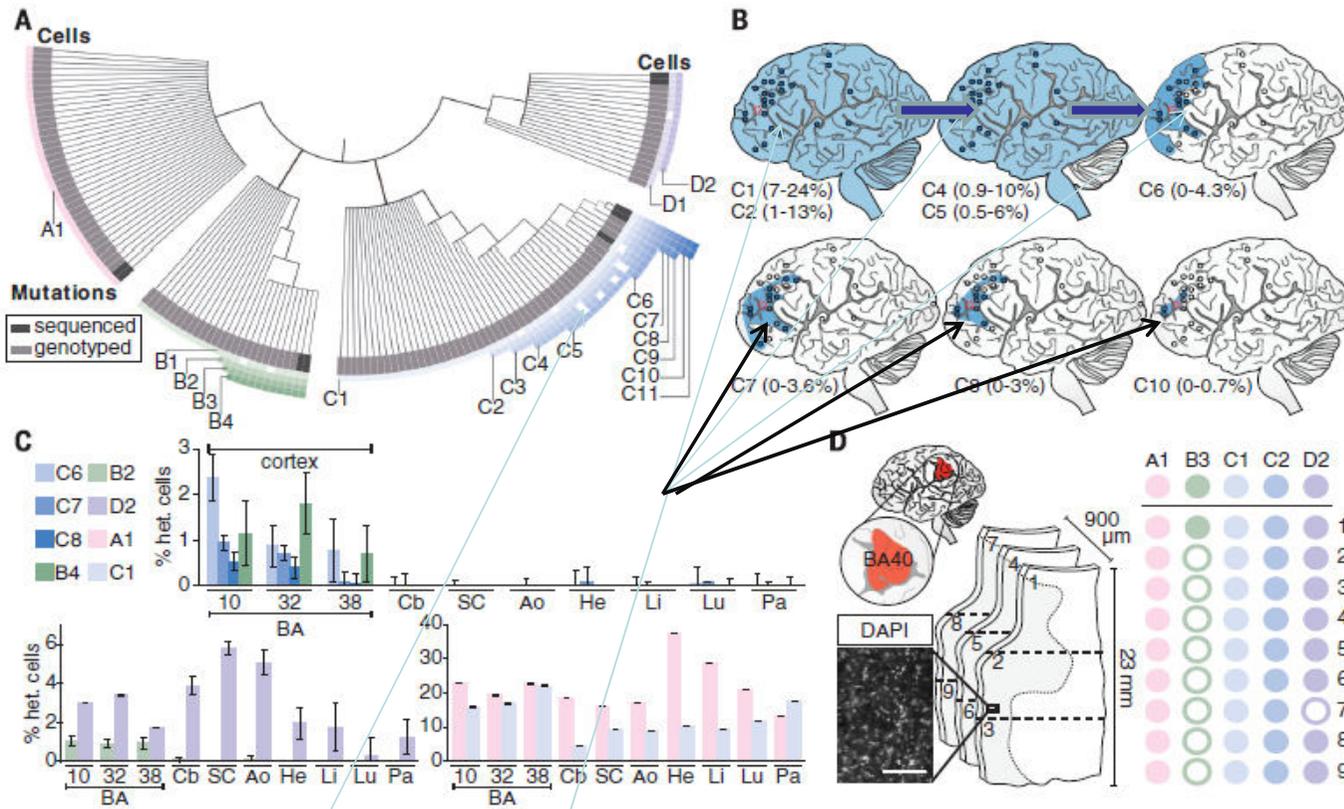
NEURODEVELOPMENT

Somatic mutation in single human neurons tracks developmental and transcriptional history

Michael A. Lodato,^{1*} Mollie B. Woodworth,^{1*} Semin Lee,^{2*} Gilad D. Evrony,¹
Bhaven K. Mehta,¹ Amir Karger,³ Soohyun Lee,² Thomas W. Chittenden,^{3,4†}
Alissa M. D’Gama,¹ Xuyu Cai,^{1‡} Lovelace J. Luquette,² Eunjung Lee,^{2,5}
Peter J. Park,^{2,5§} Christopher A. Walsh^{1§}

Neurons live for decades in a postmitotic state, their genomes susceptible to DNA damage. Here we survey the landscape of somatic single-nucleotide variants (SNVs) in the human brain. We identified thousands of somatic SNVs by single-cell sequencing of 36 neurons from the cerebral cortex of three normal individuals. Unlike germline and cancer SNVs, which are often caused by errors in DNA replication, neuronal mutations appear to reflect damage during active transcription. Somatic mutations create nested lineage trees, allowing them to be dated relative to developmental landmarks and revealing a polyclonal architecture of the human cerebral cortex. Thus, somatic mutations in the brain represent a durable and ongoing record of neuronal life history, from development through postmitotic function.

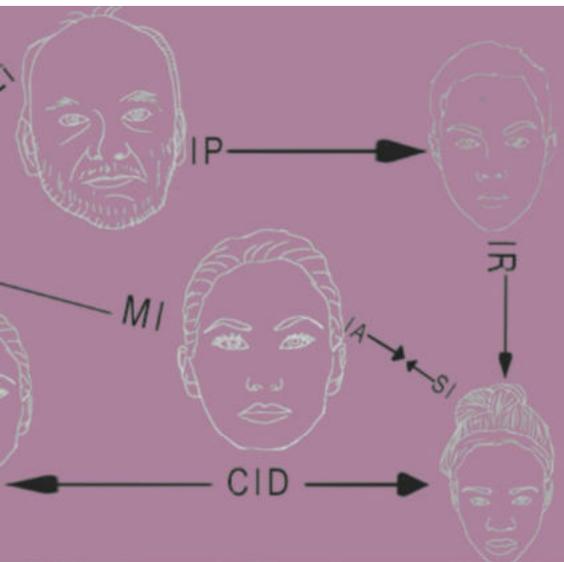
EPI-GENOMICS



EPI-GENOMICS

Fig. 3. Somatic mutations are shared between multiple neurons and demonstrate lineage relationships. (A) Lineage map of 136 human cortical neurons from brain B derived from 18 clonal somatic mutations, including SNVs, long interspersed nuclear element (LINE) insertions, and a TG-dinucleotide expansion. Neurons are placed into four distinct nested clades (pink, green, blue, purple) defined by one or more independent mutations. Cells are ordered within clades according to the presence of multiple somatic mutations. A few cells in each clade fail to manifest individual SNVs shared by other cells of the same clade (indicated by open squares), likely representing incomplete amplification (fig. S2). Dark gray boxes represent cells analyzed by WGS; light gray represents cells analyzed by Sanger-based genotyping. Genomic locations of somatic mutations are given in fig. S11. (B) Ultradeep sequencing of mutated loci across the cortex of brain B. Clonal SNVs from a single clade are progressively regionally restricted to frontal cortex and become progressively rarer in bulk tissue, reflecting their later origin during development and neurogenesis. Blue circle,

mutation present; empty circle, mutation absent; blue shading, likely spatial distribution of mutation. Percentage range of heterozygous cells is indicated for each SNV. (C) Ultradeep sequencing of mutated loci across the brain and body. Some variants are brain-specific (top) and others are shared across germ layers (bottom). Samples sequenced are prefrontal cortex [Brodmann area (BA) 10/BA46], cingulate cortex (BA32/BA8), temporal cortex (BA38), cerebellum (Cb), spinal cord (SC), aorta (Ao), heart (He), liver (Li), lung (Lu), and pancreas (Pa). (D) Genotyping shared variants in small sections of human cortex. Left: 4',6-diamidino-2-phenylindole (DAPI) stain of segment of representative section; scale bar, 200 μ m. Center: Three consecutive 300- μ m coronal sections from BA40 (red, upper left) were dissected into three axial regions each (1 to 9). Right: Genotyping results for dissected sections. Solid circles denote presence of mutation in indicated sample; open circles denote absence. Mutations with high allele fractions are present in all or virtually all regions, whereas only the least prevalent somatic variant (present in <0.5% of cells) is present in one region but not most regions.



Quantum Psyche 2 Quantum Psychoanalysis

Editors: F.Carminati, G.Galli Carminati, F.Martin
 Authors: E.Burgio, F.Bussat, S.Cobianchi, J.Demongeot, E.Facco, M.A.Fernandez Rivas, C.Fouassier, E.Fracas, E.Gonzalez de Mendibil, M.A.Gonzalez Torres, R. Hasler, D.Lucangeli, A.-L.Oberson, L. Perez-Bayas, P.Quagliarella, J.-P.Revol, K.Stanley, S.Tagliagambe, B.Trojaola Zapirain, P.Zizzi

Presentiamo un **modello di mente quantistica** che riconosce sia il **modello di Hameroff-Penrose** che il **modello della Teoria Quantistica dei Campi** del cervello come complementari e li integra, grazie al ruolo delle **informazioni quantistiche nascoste associate ai biofotoni emessi dal genoma (DNA più epigenoma)**, che interagendo con le **tubuline nel citoscheletro**

A Model of Quantum Epigenetics in Neuropsychiatry

E. Burgio*† D. Lucangeli **† P. Zizzi***†

* ECERI, European Cancer and Environment Research Institute

Square de Meeus 38-40, 1000, Bruxelles

** Department of Developmental Psychology and Socialization Processes (DPSS)

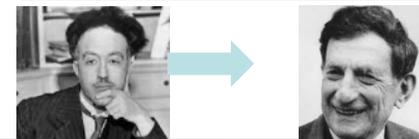
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Padua University, Via Venezia 8, Padova, Italy

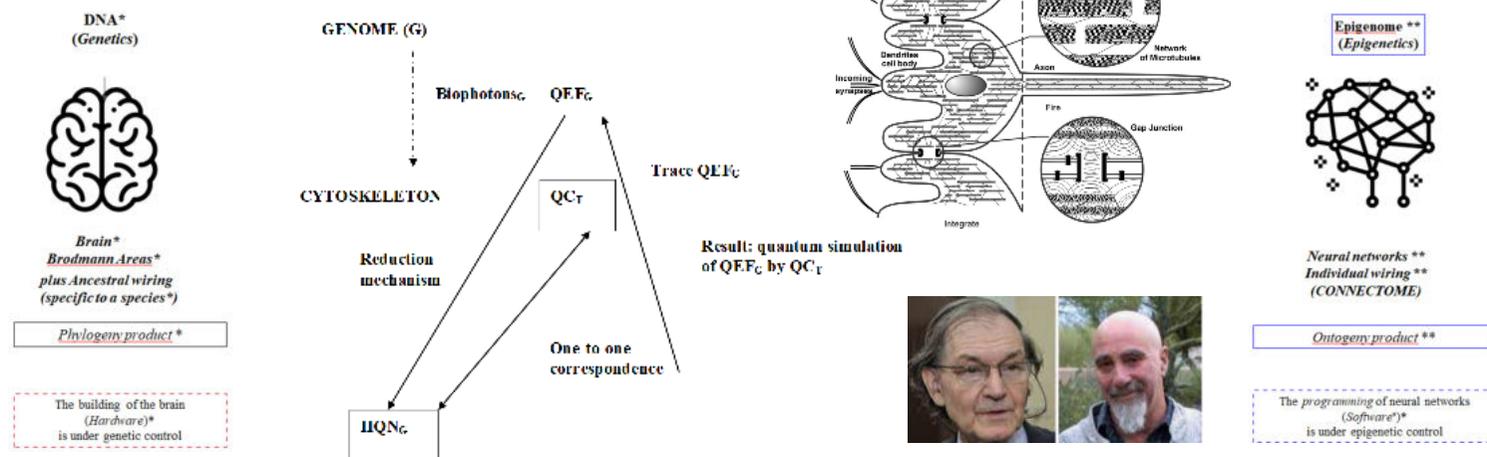
$$\lambda = \frac{h}{p} = \frac{h}{mv} \sqrt{1 - \frac{v^2}{c^2}}$$



$$\frac{d\mathbf{Q}_k}{dt}(t) = \frac{\hbar}{m_k} \text{Im} \left(\frac{(\psi, D_k \psi)}{(\psi, \psi)} \right) (\mathbf{Q}_1, \dots, \mathbf{Q}_N, t),$$

$$i\hbar \frac{\partial}{\partial t} \psi = \left(- \sum_{k=1}^N \frac{\hbar^2}{2m_k} D_k^2 + V - \sum_{k=1}^N \mu_k \frac{\mathbf{S}_k}{\hbar s_k} \cdot \mathbf{B}(\mathbf{q}_k) \right) \psi$$

We present a model of the quantum mind which recognizes both the Hameroff-Penrose model and the model of Quantum Field Theory of the brain as complementary and integrates them, thanks to the role of the hidden quantum information associated with the biophotons emitted by the genome (DNA plus epigenome), which, interacting with tubulines in the cytoskeleton modulate their computational activity. It turns out that our approach can define the computational and logical borders between the normal mind and the autistic and schizophrenic mind.



FOREWORD 8

DIMORFISMO SESSUALE



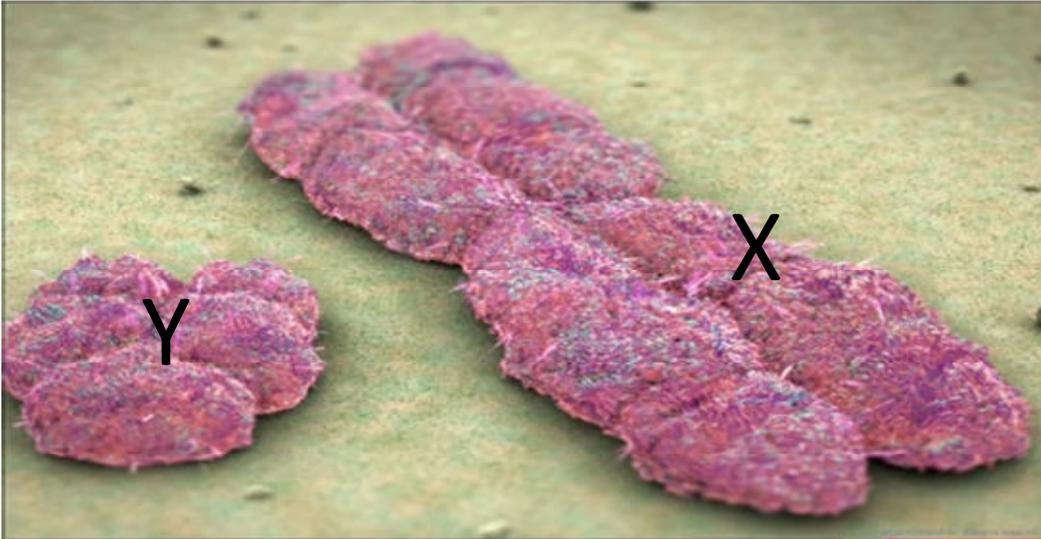
And yet this is not new!
Genetics : XY vs. XX

Nettie Stevens



1861-1912

1905



1961

Mary F. Lyon



1921-2014

Sex differences in the structural connectome of the human brain

Madhura Ingalhalikar^{a,1}, Alex Smith^{a,1}, Drew Parker^a, Theodore D. Satterthwaite^b, Mark A. Elliott^c, Kosha Ruparel^b, Hakon Hakonarson^d, Raquel E. Gur^b, Ruben C. Gur^b, and Ragini Verma^{a,2}

Sex differences in human behavior show adaptive complementarity: Males have better motor and spatial abilities, whereas females have superior memory and social cognition skills. Studies also show sex differences in human brains but do not explain this complementarity. In this work, we modeled the structural connectome using diffusion tensor imaging in a sample of 949 youths (aged 8–22 y, 428 males and 521 females) and discovered unique sex differences in brain connectivity during the course of development. Connection-wise statistical analysis, as well as analysis of regional and global network measures, presented a comprehensive description of network characteristics. In all supratentorial regions, males had greater within-hemispheric connectivity, as well as enhanced modularity and transitivity, whereas between-hemispheric connectivity and cross-module participation predominated in females. However, this effect was reversed in the cerebellar connections. Analysis of these changes developmentally demonstrated differences in trajectory between males and females mainly in adolescence and in adulthood. Overall, the results suggest that male brains are structured to facilitate connectivity between perception and coordinated action, whereas female brains are designed to facilitate communication between analytical and intuitive processing modes.

Sex differences are of high scientific and societal interest because of their prominence in behavior of humans and nonhuman species. This work is highly significant because it studies a very large population of 949 youths (8–22 y, 428 males and 521 females) using the diffusion-based structural connectome of the brain, identifying novel sex differences. The results establish that male brains are optimized for intrahemispheric and female brains for interhemispheric communication.

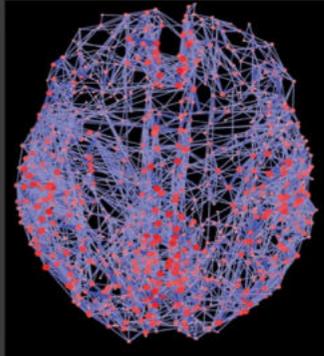
The developmental trajectories of males and females separate at a young age, demonstrating wide differences during adolescence and adulthood. The observations suggest that male brains are structured to facilitate connectivity between perception and coordinated action, whereas female brains are designed to facilitate communication between analytical and intuitive processing modes.



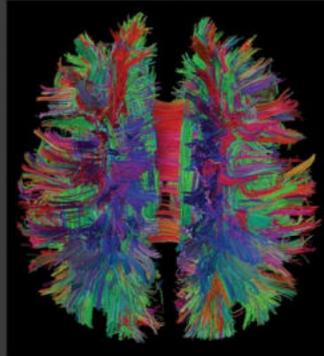
The Human Connectome



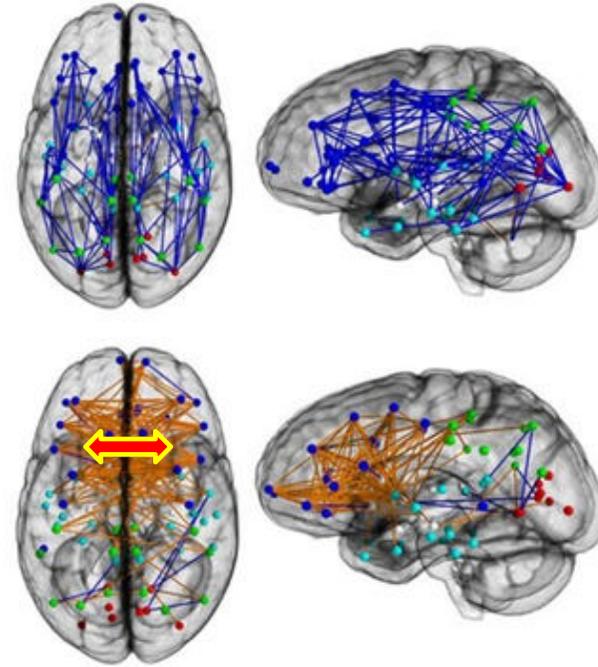
Anatomy
Klingler's method for fiber tract dissection uses freezing of brain matter to spread nerve fibers apart. Afterwards, tissue is carefully scratched away to reveal a relief-like surface in which the desired nerve tracts are naturally surrounded by their anatomical brain areas.



Connectome
Shown are the connections of brain regions together with "hubs" that connect signals among different brain areas and a central "core" or backbone of connections, which relays commands for our thoughts and behaviors.



Neuronal Pathways
A new MRI technique called diffusion spectrum imaging (DSI) analyzes how water molecules move along nerve fibers. DSI can show a brain's major neuron pathways and will help neurologists relate structure to function.



The Human Connectome - Eugen Ludvig, Josef Klingler, Patric Hagmann & Olaf Sporns - 1956, 2008

Male brains during development are structured to facilitate within-lobe and within-hemisphere connectivity, with networks that are transitive, modular, and discrete whereas female brains have greater interhemispheric connectivity and greater cross-hemispheric participation.



Le **connectome** est un plan complet des **connexions neuronales** dans un cerveau

Extraordinary intelligence and the care of infants

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Published online before print
May 23, 2016, doi:
10.1073/pnas.1506752113
PNAS May 23, 2016

We present evidence that pressures for early childcare may have been one of the driving factors of human evolution. We show through an evolutionary model that runaway selection for high intelligence may occur when (i) altricial neonates require intelligent parents, (ii) intelligent parents must have large brains, and (iii) large brains necessitate having even more altricial offspring. We test a prediction of this account by showing across primate genera that the helplessness of infants is a particularly strong predictor of the adults' intelligence. We discuss related implications, including this account's ability to explain why human-level intelligence evolved specifically in mammals. This theory complements prior hypotheses that link human intelligence to social reasoning and reproductive pressures and explains how human intelligence may have become so distinctive compared with our closest evolutionary relatives.

"Our theory is that there is a kind of self-reinforcing cycle where big brains lead to very premature offspring and premature offspring lead to parents having to have big brains. What our formal modeling work shows is that those dynamics can result in **runaway pressure for extremely intelligent parents and extremely premature offspring."**

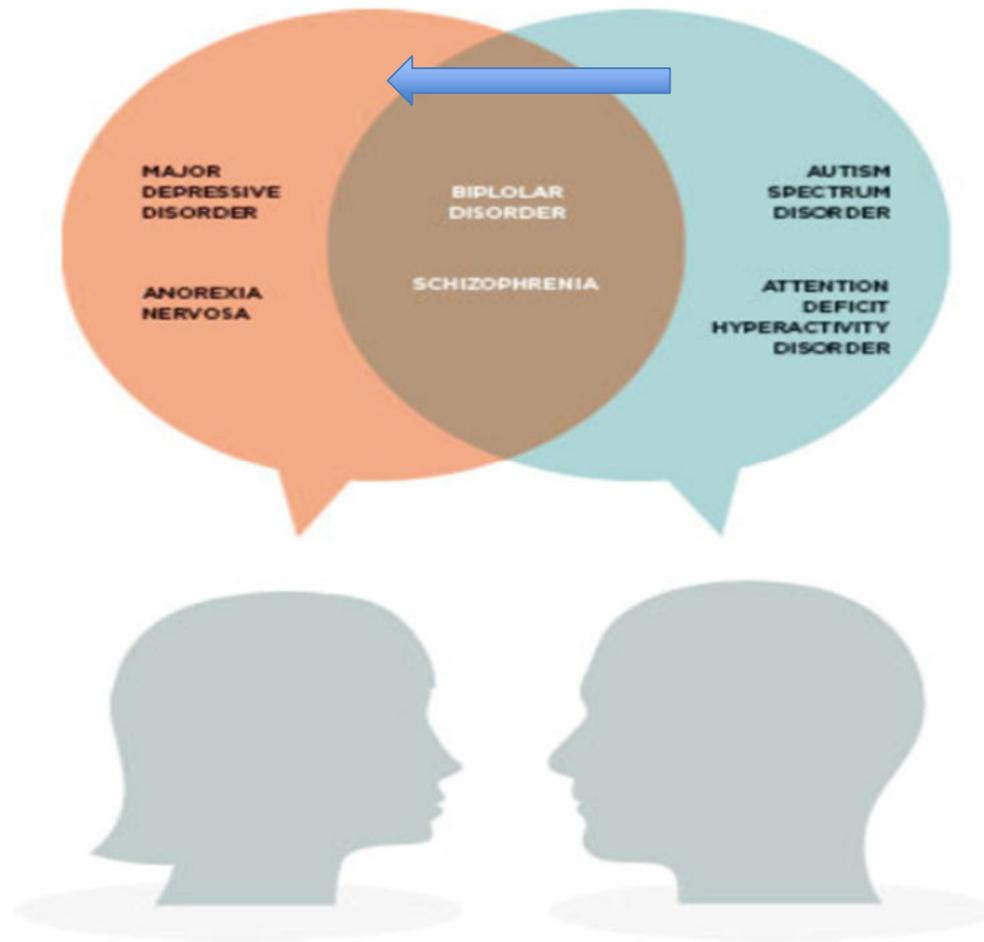
"Humans have a unique kind of intelligence. We are good at social reasoning and something called 'theory of mind'--the ability to anticipate the needs of others, and to recognize that those needs may not be the same as our own.. This is especially helpful when taking care of an infant who is not able talk for a couple of years."

<https://www.sciencedaily.com/releases/2016/05/160523160445.htm>



***Who is really
nurturing who?***

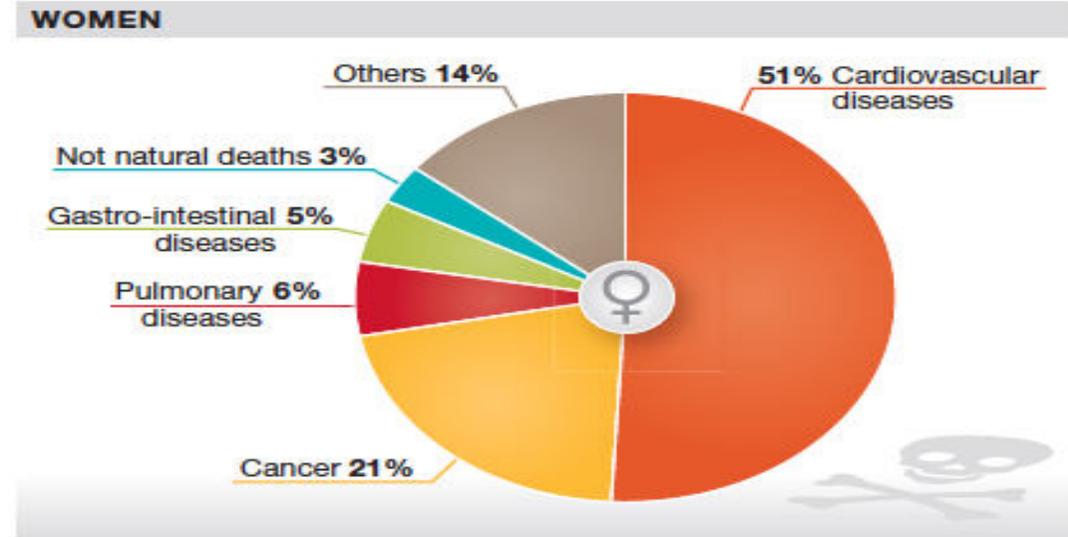
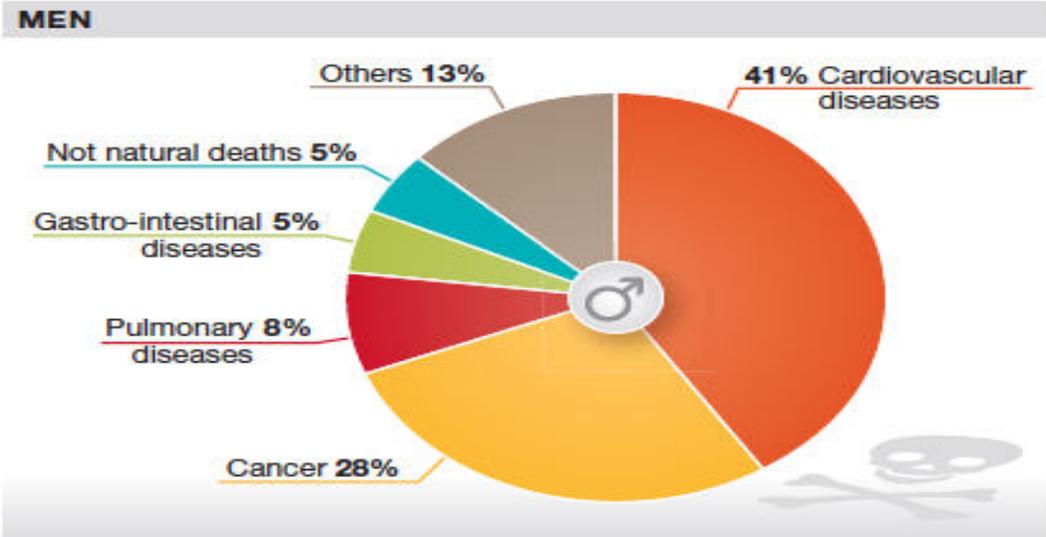
Sex differences in psychiatric diseases



Women and men Are not equal in terms of health & diseases



Mortality



FOREWORD 9

A Symbiotic View Of Life: We Have Never Been Individuals

Scott F. Gilbert

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J. Sapp

A. I. Tauber



CHICAGO JOURNALS

A Symbiotic View of Life: We Have Never Been Individuals

Author(s): Scott F. Gilbert, Jan Sapp and Alfred I. Tauber

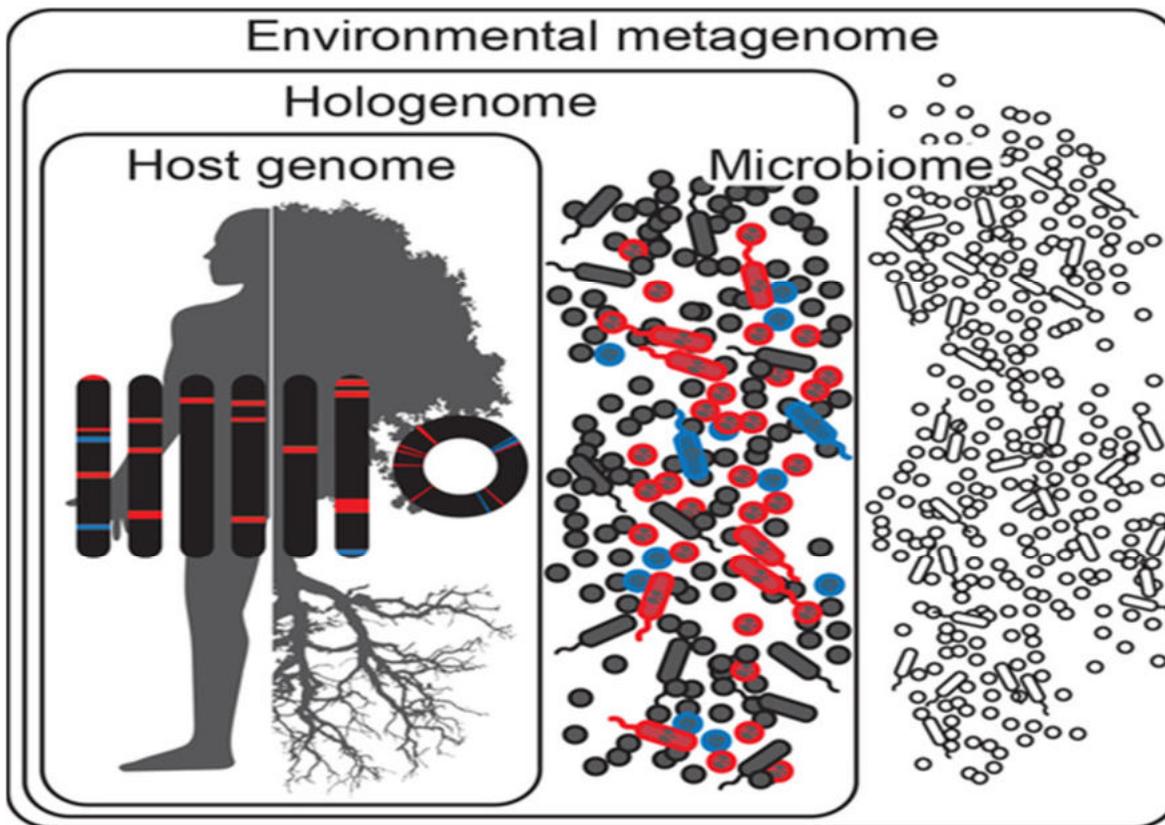
Source: *The Quarterly Review of Biology*, Vol. 87, No. 4 (December 2012), pp. 325-341

Published by: The University of Chicago Press

Stable URL: <http://www.jstor.org/stable/10.1086/668166>

The notion of the "biological individual" is crucial to studies of genetics, immunology, evolution, development, anatomy, and physiology. Each of these biological subdisciplines has a specific conception of individuality, which has historically provided conceptual contexts for integrating newly acquired data. During the past decade, nucleic acid analysis, especially genomic sequencing and high-throughput RNA techniques, has challenged each of these disciplinary definitions by finding significant interactions of animals and plants with symbiotic microorganisms that disrupt the boundaries that heretofore had characterized the biological individual. Animals cannot be considered individuals by anatomical or physiological criteria because a diversity of symbionts are both present and functional in completing metabolic pathways and serving other physiological functions. Similarly, these new studies have shown that animal development is incomplete without symbionts. Symbionts also constitute a second mode of genetic inheritance, providing selectable genetic variation for natural selection. The immune system also develops, in part, in dialogue with symbionts and thereby functions as a mechanism for integrating microbes into the animal-cell community. Recognizing the "holobiont"-the multicellular eukaryote plus its colonies of persistent symbionts-as a critically important unit of anatomy, development, physiology, immunology, and evolution opens up new investigative avenues and conceptually challenges the ways in which the biological subdisciplines have heretofore characterized living entities.

Una **visione simbiotica della vita: non siamo mai stati «in-dividui»**
La nozione di "individuo biologico" è cruciale per gli studi di genetica, immunologia, evoluzione, sviluppo, anatomia e fisiologia... Durante l'ultimo decennio, il sequenziamento genomico ha sfidato le varie definizioni **trovando interazioni significative in animali e piante con i microrganismi simbiotici che rompono i confini che prima avevano caratterizzato l'individuo biologico.. lo sviluppo animale è incompleto senza simbionti...** I simbionti costituiscono una **seconda modalità di ereditarietà genetica.. il sistema immunitario si sviluppa nel dialogo con i simbionti. Riconoscere l'olobionte** - l'eucariota multicellulare più le sue colonie di simbionti persistenti - come unità di anatomia, sviluppo, fisiologia, immunologia ed evoluzione criticamente importanti concettualmente **sfida i modi in cui le varie discipline biologiche hanno fino ad ora caratterizzato le entità viventi.**



- 
 Host and symbiont genes that alone and/or together affect a holobiont phenotype
- 
 Coevolved host and symbiont genes that affect a holobiont phenotype
- 
 Host genes and symbionts that do not affect a holobiont phenotype
- 
 Environmental microbes that are not part of the holobiont

Mosaicism in health and disease – clones picking up speed

An adult human body is likely to contain as many versions of the genome as the number of somatic cells. This is a result of the fact that every cell division is coupled with risk for new mutations.

Germline variation (GV)

- Constitutional and intergenerational; the classic type of genetic variation inherited from germ line to zygote
- Together with DNVs the most frequently studied type of genetic variation in GWAS

Post-zygotic variation (PZV)

- Variants arising at the first division of the zygote or later in different somatic cell lineages
- Variants arise in one soma and typically disappear from the population with the death of its carrier
- PZV is a possible driver in many disease processes but is often an ignored source of variation

Cellular depletion (CD)

- Reduction of mosaicism by age-associated cell death

De novo variants (DNVs)

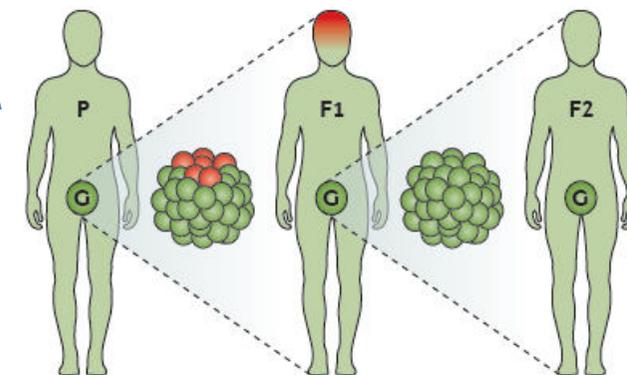
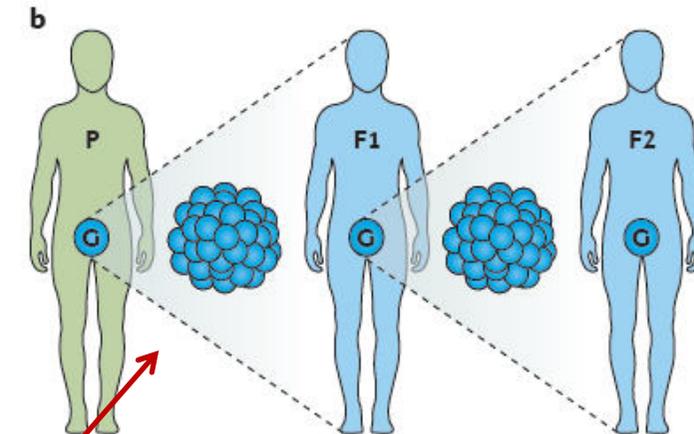
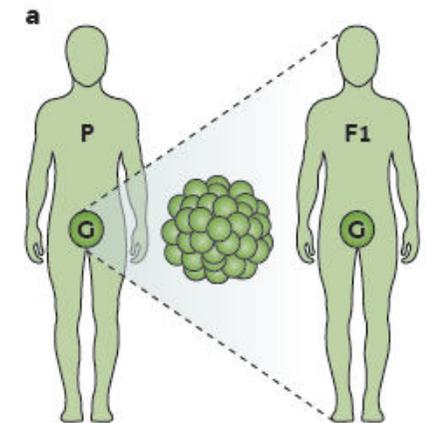
- Arise in cells of the germ line in parental generation and are present in the next generation
- Also encompass variants arising by gonadal mosaicism

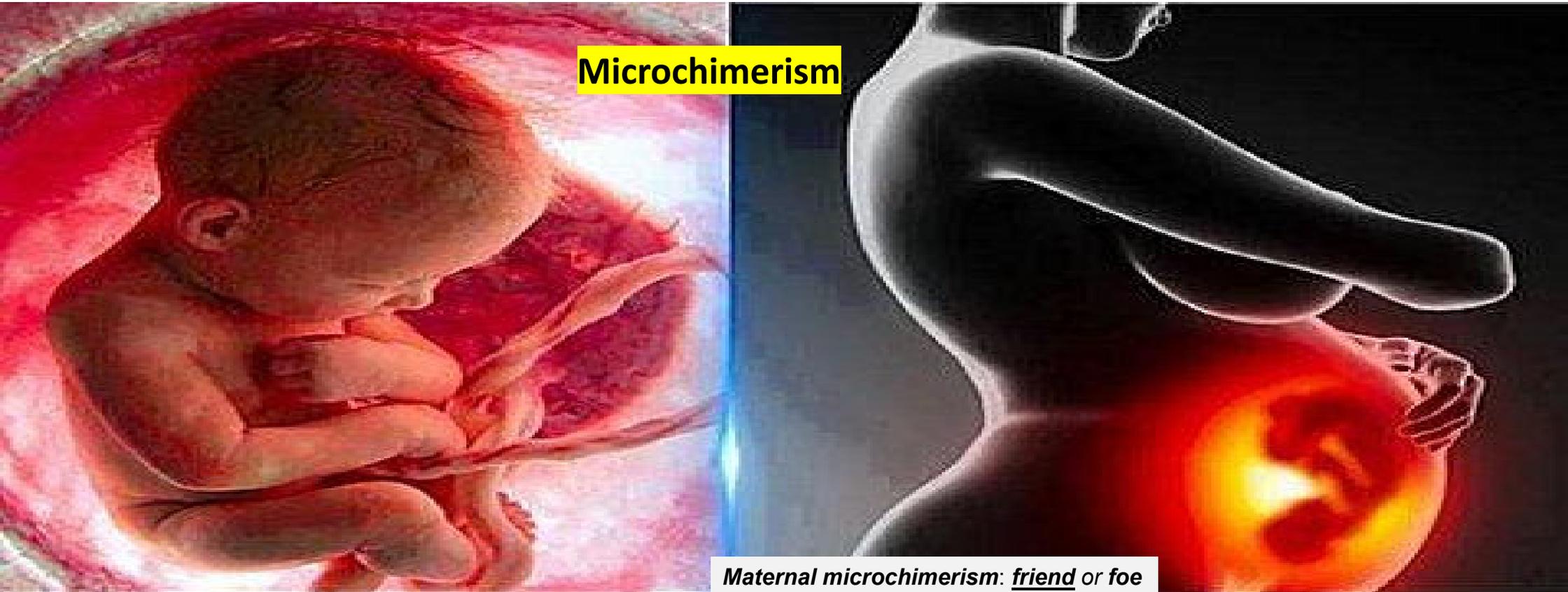
Microchimerism (MC)

- The presence of cells from another subject in the soma of a host individual

Revertant mosaicism (RM)

- Reduction of total variation of the soma by back mutations





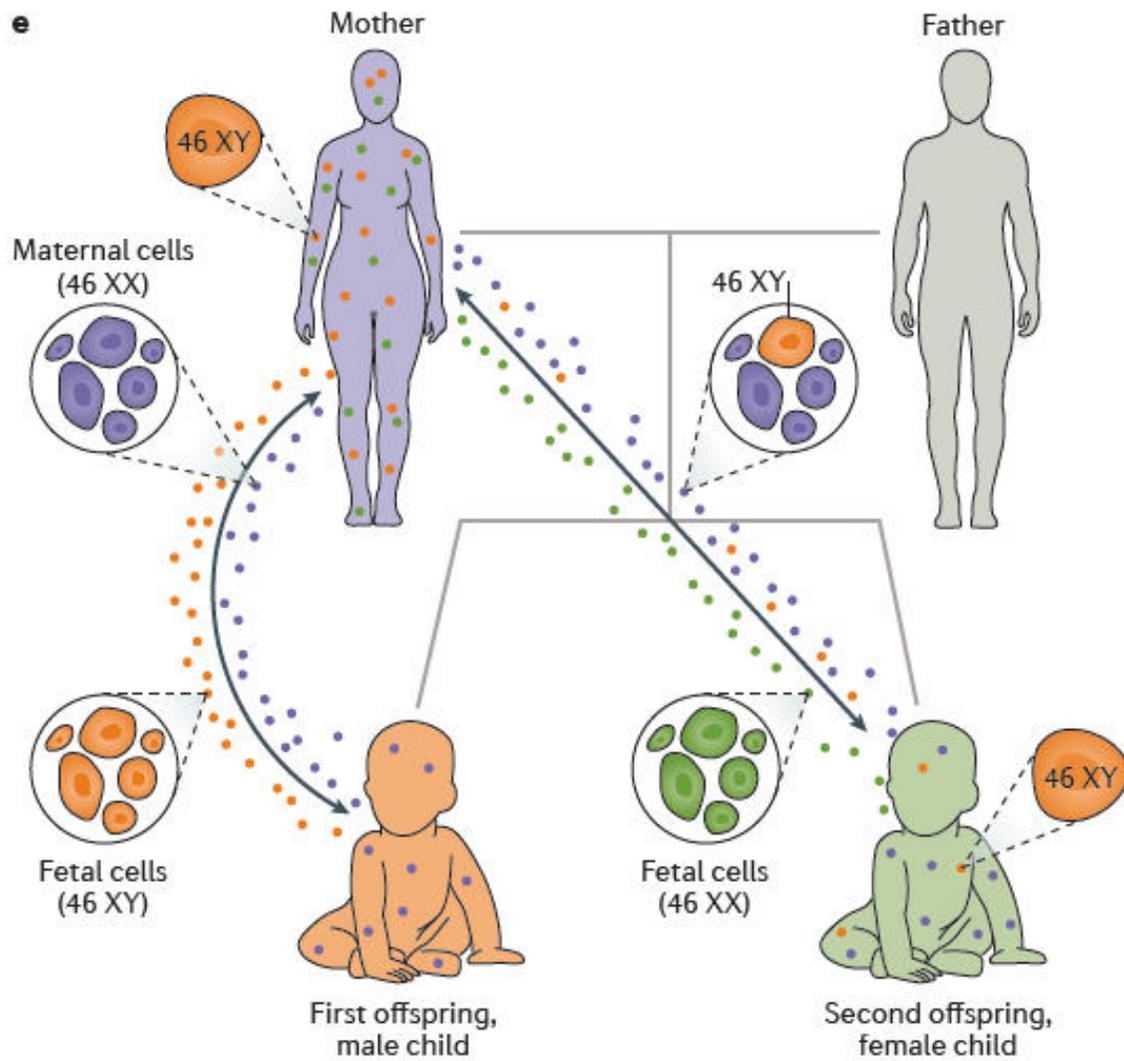
Microchimerism

Maternal microchimerism: friend or foe

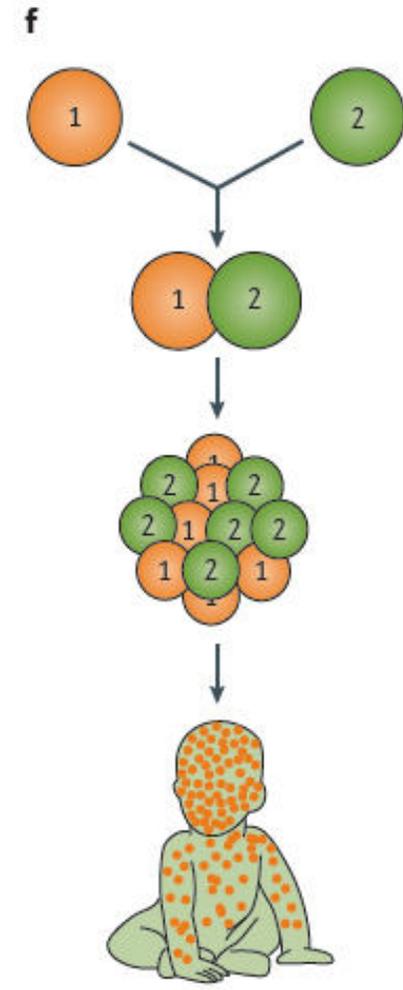
In the womb, the fetus receives blood proteins from his mother through the placenta which protects him against various diseases for the rest of his life.



When the mother suffers organ damage such as heart attack, the fetus sends stem cells through the placenta to repair the damaged organ.



Microchimerism



Classical chimerism is a rarely observed phenomenon that occurs when an embryo is formed from two independently conceived zygotes. It results in a fetus with a mixture of cells with genotypes derived from different germ cells

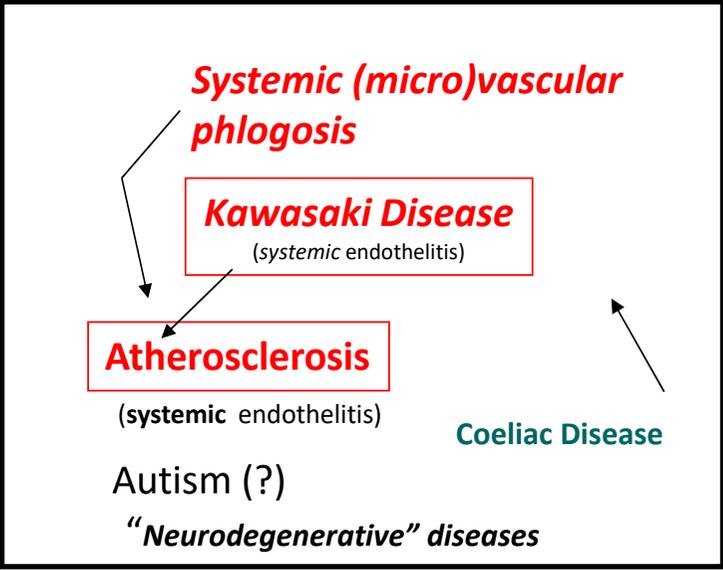
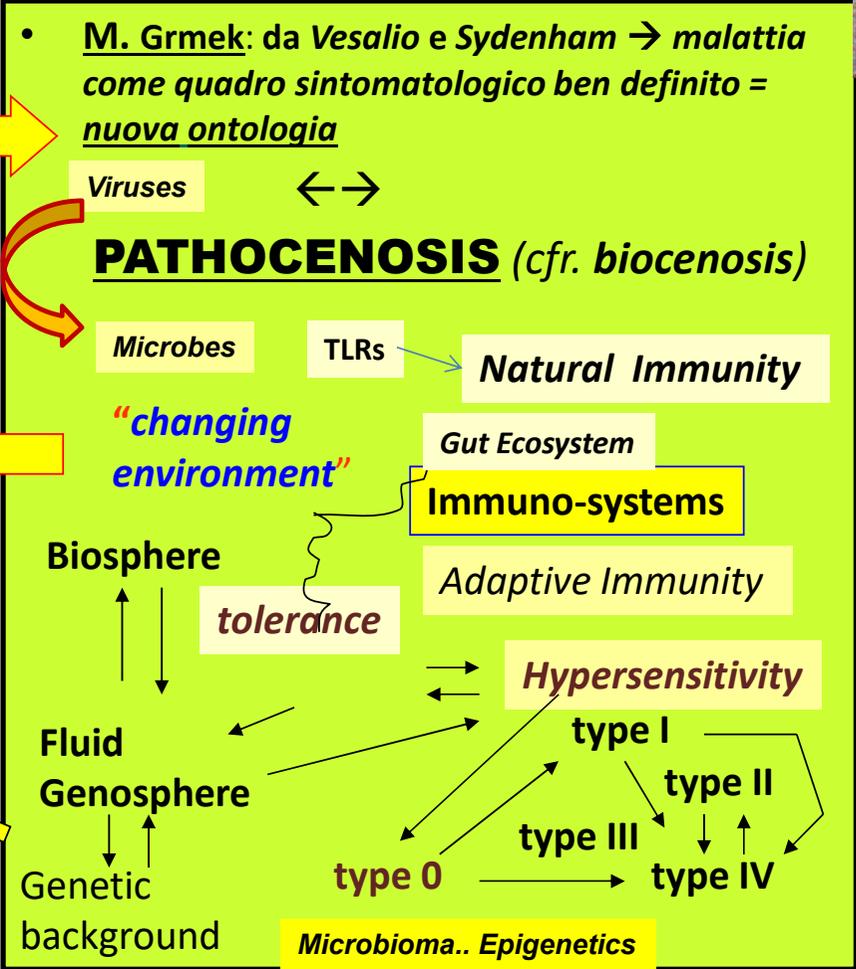


Guido Fanconi

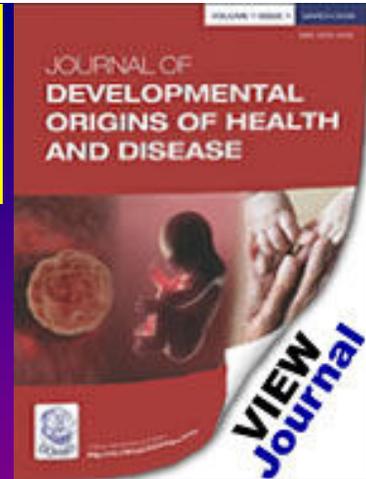


Cosa è la "MALATTIA" ?

G. Fanconi "Non vi sono malattie nuove.. nuovo è il modo di interpretarle"
 (Burgio-Notarangelo
Malattie Maestre, 2002
 pag. 170)



Eventually, during the last years, the ***fetal programming mismatch theory*** has been transformed from a theory essentially useful to explain the pathogenic mechanisms causing certain diseases of adulthood, into the key-model theory of the embryo-fetal origins of adult diseases (DOHA-Developmental Origins of Health and Diseases)



Obesogens

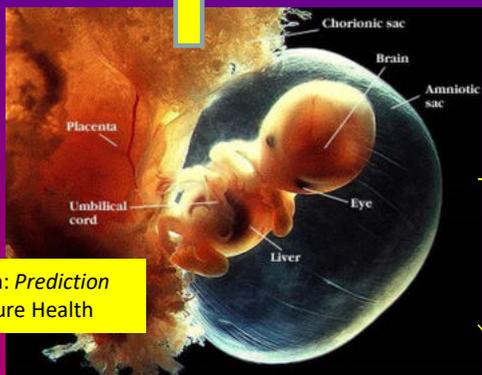
Multiorgan Effects of Endocrine Disruptors

Pesticides

In Vitro Fertilization

Materno Fetal Stress

Obesity/Metabolic Syndrome/Diabetes 2



Placenta: Prediction of Future Health

Developmental Time Windows of Vulnerability

Cardiovascular Diseases

Hypertension

Asthma and allergies

Lung Development

Reproductive Diseases/Dysfunctions

Semen Abnormalities

CANCER

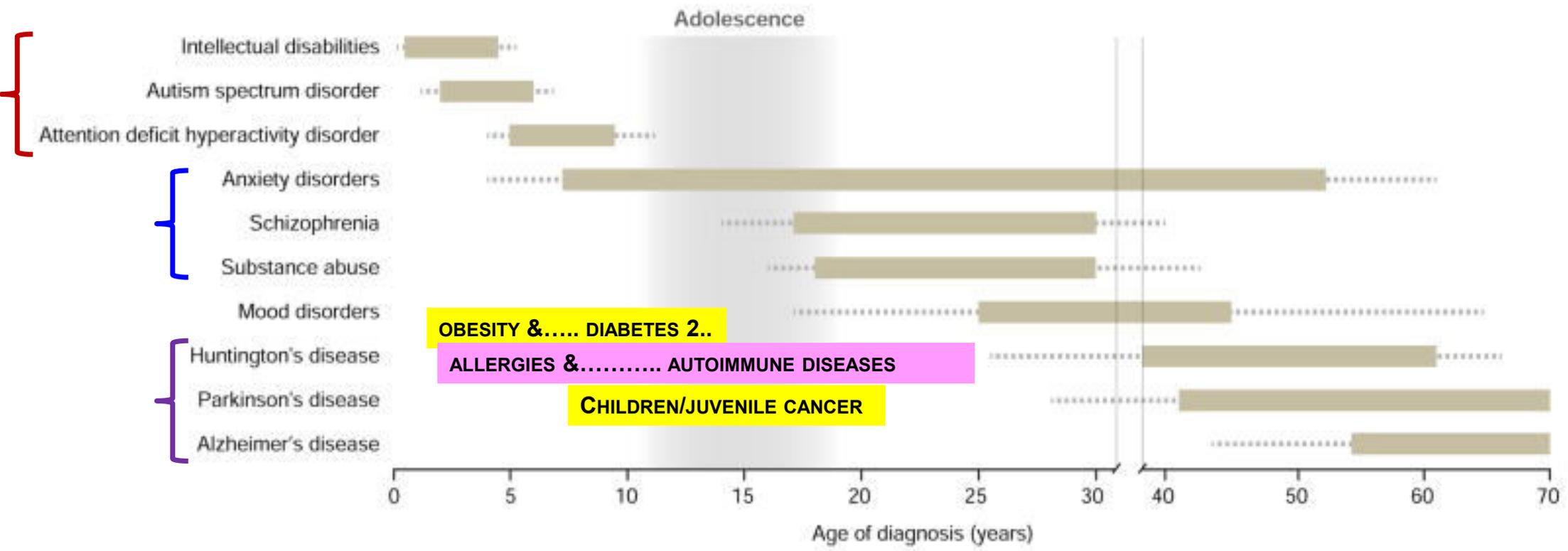
Neurobehavioral Deficits and Diseases

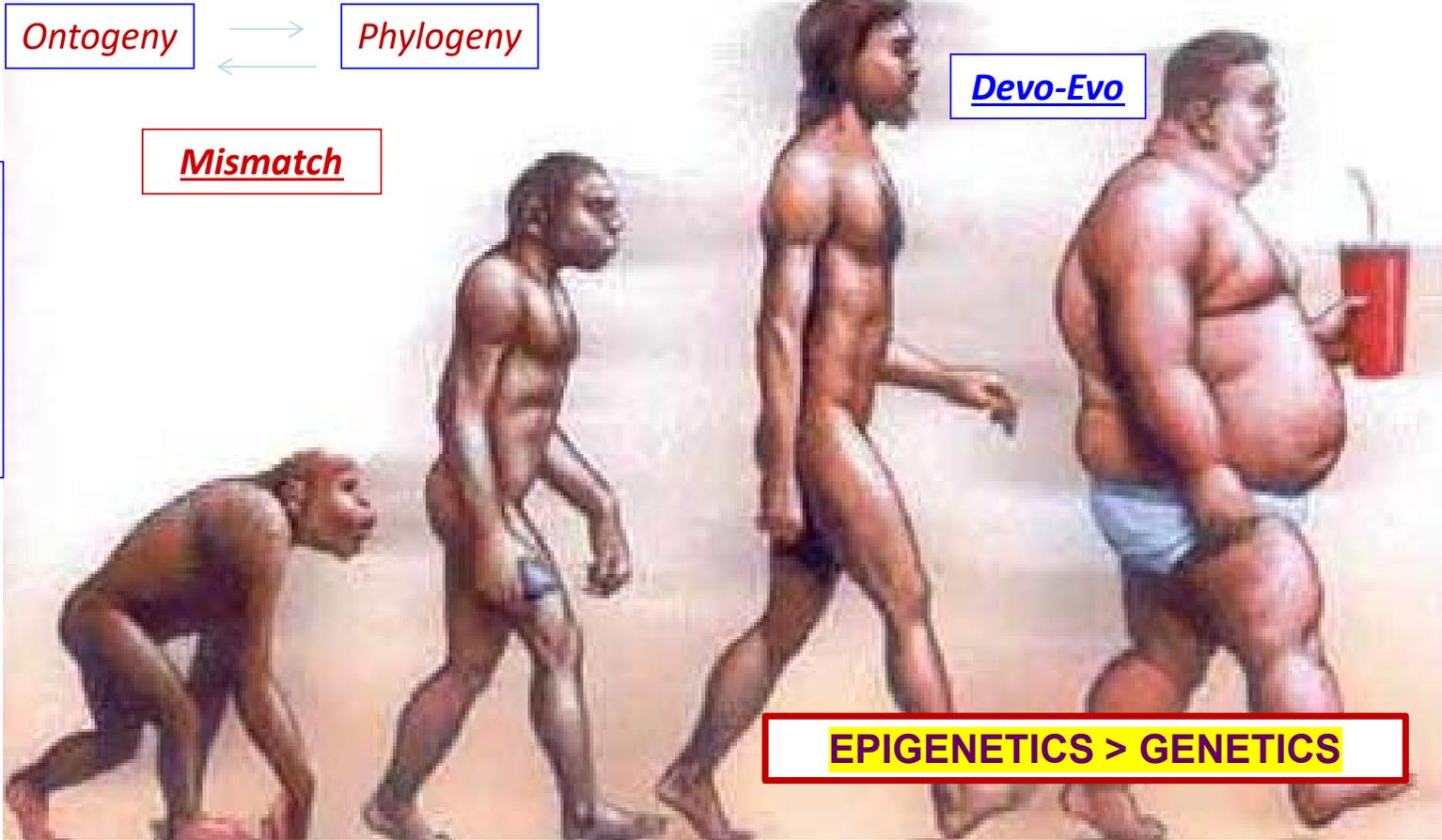
Psychiatric Diseases

DOHAD

Psychiatric and Neurological disorders Have Discrete Ages of Onset (but represent a *continuum*)..
the most interesting and mysterious aspect of the DOHaD model is that their origin is during the fetal-embryo period
(*fetal programming*) as for all other chronic diseases that are dramatically increasing in the world (Obesity & Diabetes 2..
Allergies & Autoimmune diseases.. Cancer..) ... which means: *EPIGENETICS > GENETICS*

....it's almost like a time bomb ..



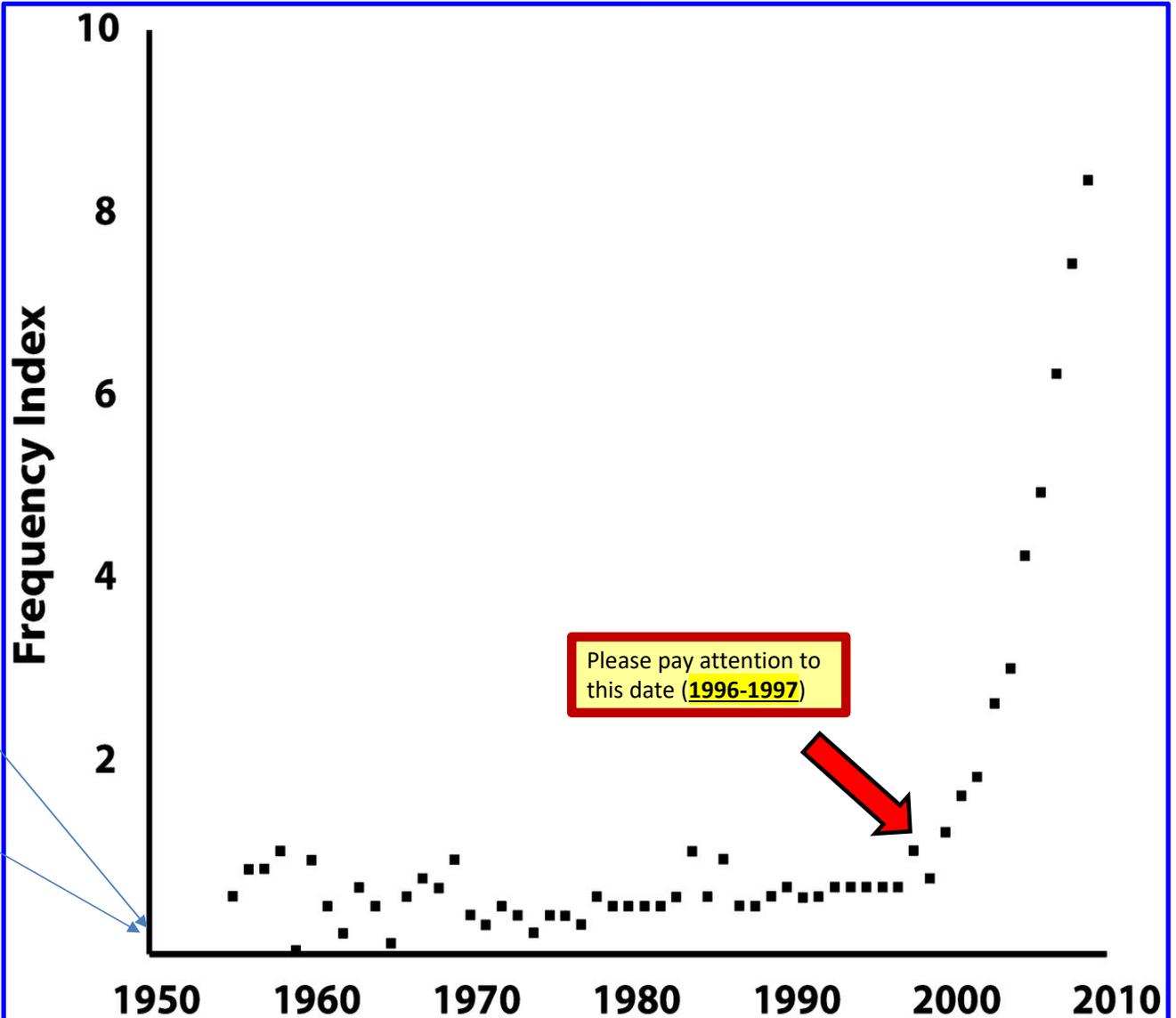
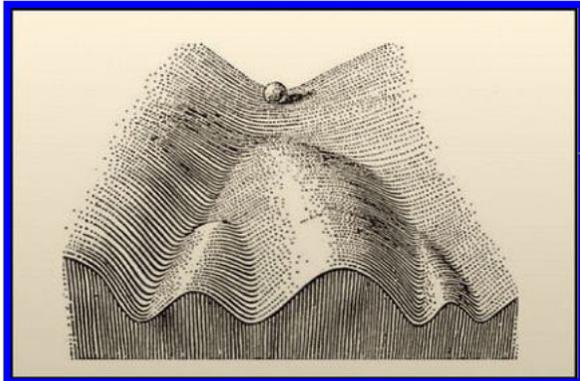


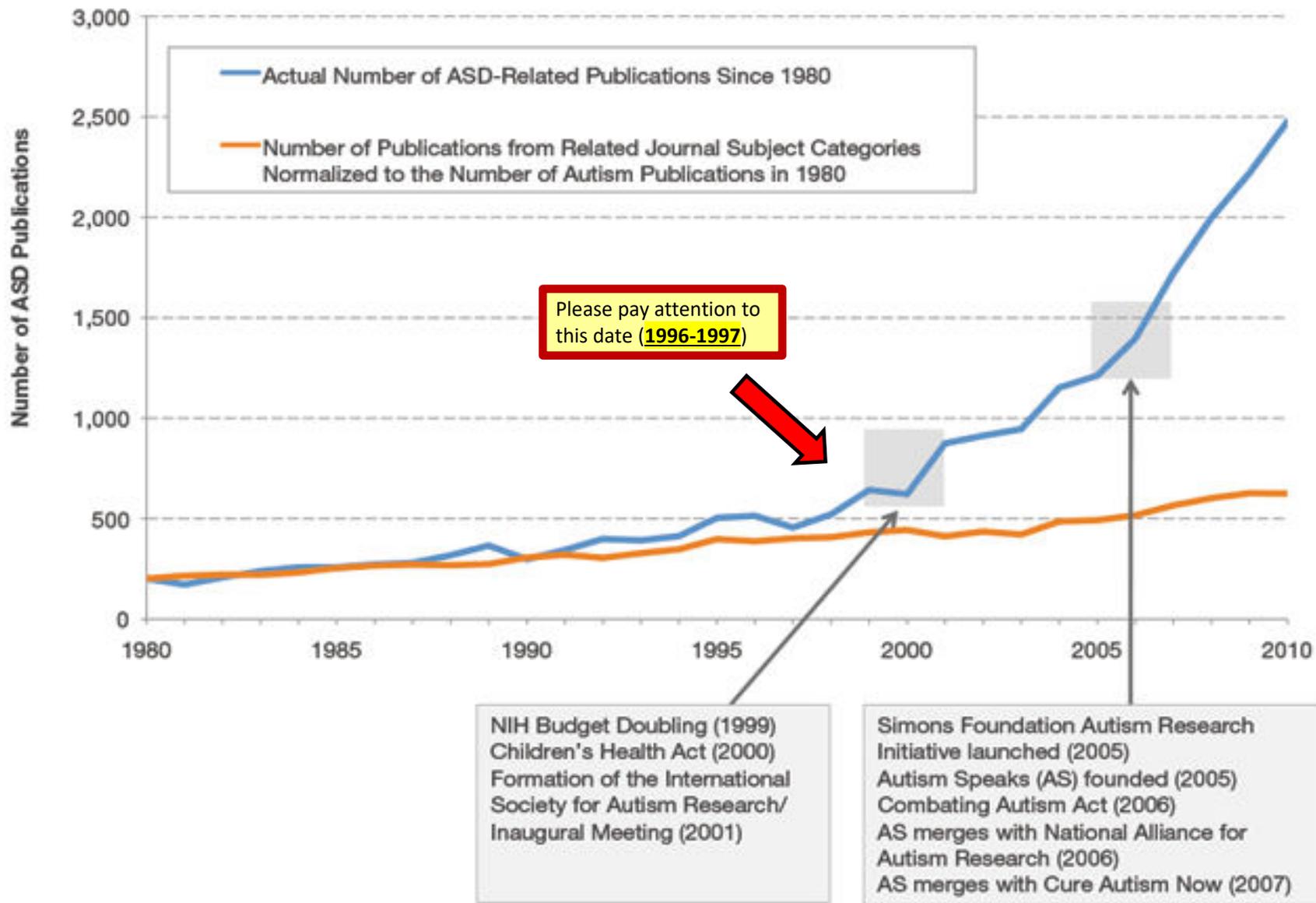
The Obesity pandemics is the very first phenotypical transformation of an entire species

We can summarize all this by saying that **the main phenotypic (in particular behavioural) differences between Homo sapiens and the other primates (and between single individuals) have epigenetic rather than genetic origins: in the actual, epigenomic programming and in its ongoing transformations.** Which also means that **the main variations in our phenotype (both physiological and pathological) have their origins in the fetal programming.** are induced by the changing environment and modulated by the epigenome

Relative frequency of articles with *epigenetic* or *epigenetics* in their title

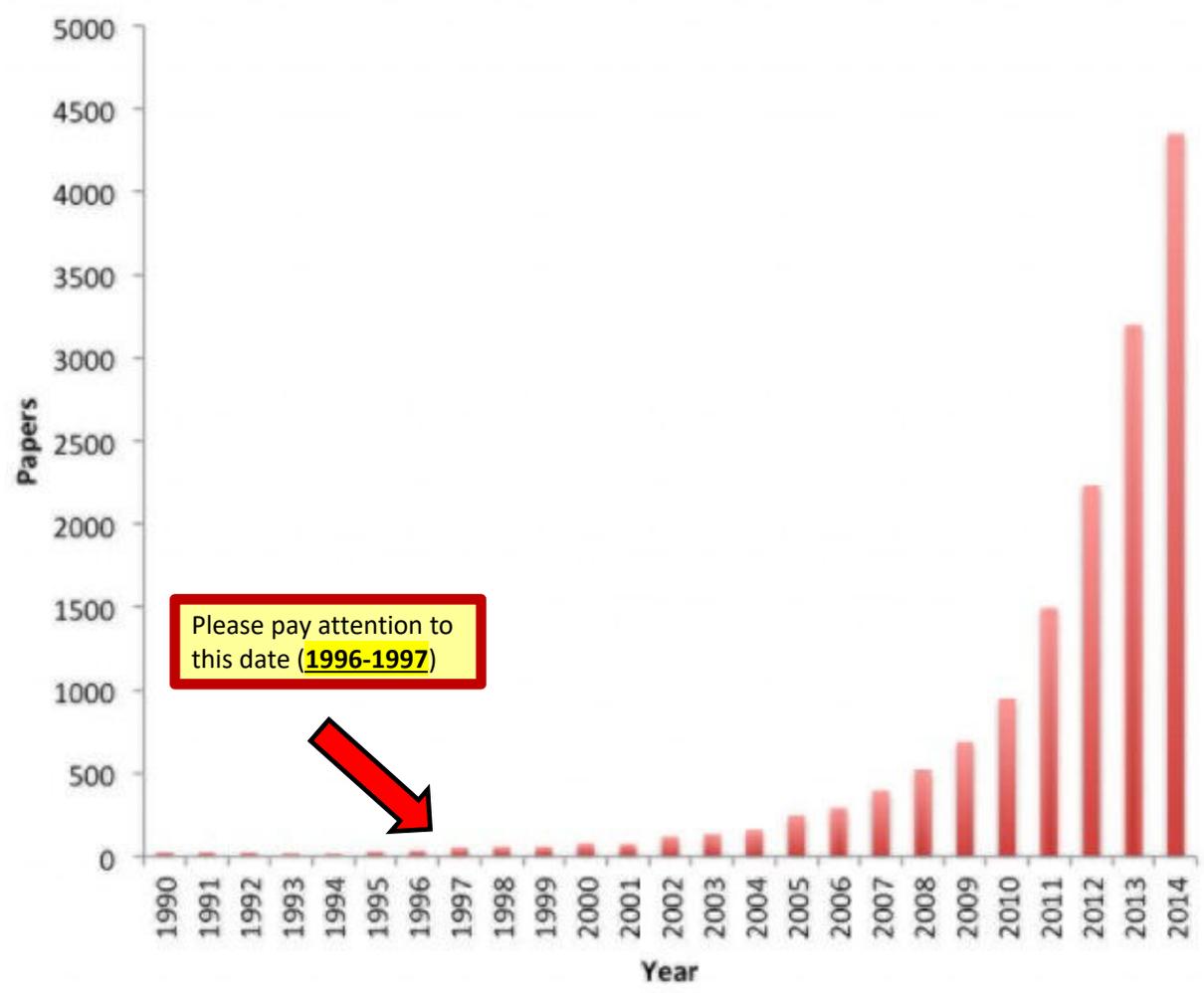
David Haig Int. J. Epidemiol. 2012;41:13-16





The microbiome is the most powerful "epigenetic internal modulator" of early childhood
 A quick search for "**Microbiome**" in **scientific journals online** demonstrates how significantly this field of research has been **growing over the past ten years**

Incidence of "Microbiome" in Scientific Papers



THE HUMAN MICROBIOME

Bacteria, fungi, and viruses outnumber human cells in the body by a factor of 10 to one. The microbes synthesize key nutrients, fend off pathogens and impact everything from weight gain to perhaps even brain development. The Human Microbiome Project is doing a census of the microbes and sequencing the genomes of many. The total body count is not in but it's believed over 1,000 different species live in and on the body.

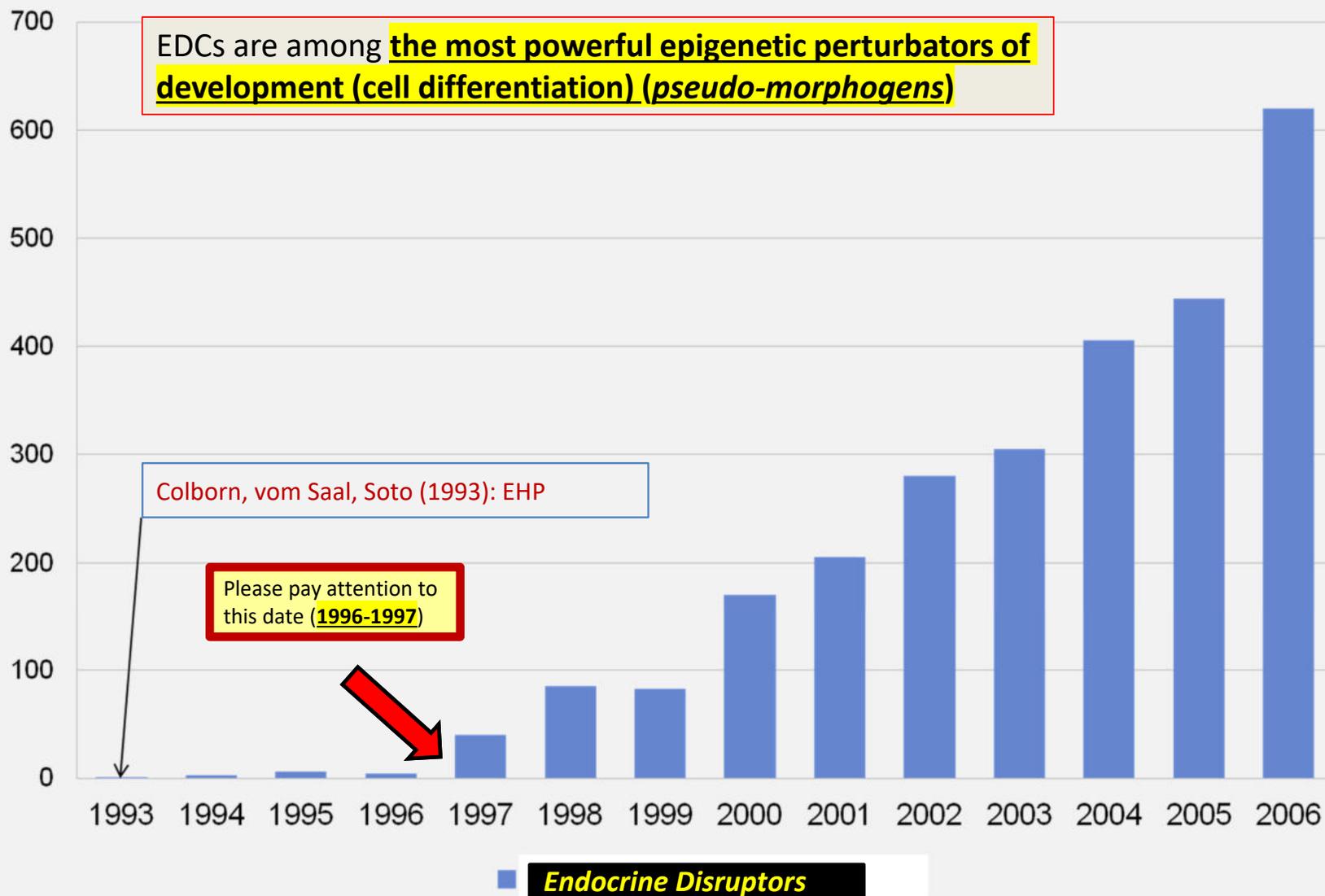
- 600+ SPECIES** in the *mouth, pharynx and respiratory system* include:
 - Streptococcus viridans
 - Neisseria sicca
 - Candida albicans
 - Streptococcus salivarius
- 25 SPECIES** in the *stomach* include:
 - Helicobacter pylori
 - Streptococcus thermophilus
- 500-1,000 SPECIES** in the *intestines* include:
 - Lactobacillus casei
 - Lactobacillus reuteri
 - Lactobacillus gasseri
 - Escherichia coli
 - Bacteroides fragilis
 - Bacteroides thetaiotaomicron
 - Lactobacillus rhamnosus
 - Clostridium difficile
- 1,000 SPECIES** in the *skin* include:
 - Pityrosporum ovale
 - Staphylococcus epidermidis
 - Corynebacterium jeikeium
 - Trichosporon
 - Staphylococcus haemolyticus
- 60 SPECIES** in the *urogenital tract* include:
 - Ureaplasma parvum
 - Corynebacterium aurumucosum

SOURCES: NATIONAL INSTITUTES OF HEALTH, SCIENTIFIC AMERICAN; HUMAN MICROBIOME PROJECT
 Dean Tweed • POSTMEDIA NEWS / IMAGE: Fotolia



ACADEMY
FOR ENVIRONMENTAL
MEDICINE

Published papers about *Endocrine Disruptors* between 1993 and november 2006 (Gies)



We have to hope that **this famous quote by Max Planck will be overcome**

A new scientific truth does not triumph by **convincing its opponents** and making them see the light, **but rather because its opponents eventually die, and a new generation grows up** that is familiar with it.

Max Planck (1858 - 1947)

